



Washington

COUNTY JAIL PROGRAMS

Jefferson County Jail

Walla Walla County Jail

County Jail Programs



Jefferson County Jail

Current FY21 Funding: \$146,000* (25% county match)

OVERVIEW OF PROGRAM

The RSAT program in the Jefferson County Jail first received funding in the last quarter of 2020. The program is currently serving 8 participants and has a maximum capacity of 12. RSAT participants are housed in their own block, separate from the general population. The program serves individuals with co-occurring disorders (CODs): substance use disorders (SUDs) and mental health disorders. Residents are provided evidence-based services and trauma-informed care.

PROGRAM HIGHLIGHT

Through a partnership with the Office of Public Health and Science (OPHS), program participants are offered FDA-approved medications to treat opioid use disorder (OUD): buprenorphine/naloxone, buprenorphine, and naltrexone.

ELIGIBILITY CRITERIA, SCREENING/ASSESSMENT, AND TREATMENT PLANNING

Potential RSAT participants are screened to determine eligibility. Current eligibility criteria are as follows:

- Meet diagnostic criteria for substance use disorder
- No infractions or no contact orders that would prohibit the individual from programming
- Willingness to submit to random urine drug tests

During the initial screening process, the individual fills out an application that is screened by correctional staff. Next, each potential candidate is screened for SUDs, CODs, and criminogenic risk/needs. The initial screening includes a Global Appraisal of Individual Needs-Short Screener (GAIN-SS) form and a standardized risk/needs assessment.

After individuals are accepted into the program, they undergo a comprehensive biopsychosocial evaluation. This process includes several questionnaires, including the Adult Substance Abuse

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Subtle Screening Inventory – 4 (SASSI-4), the Michigan Alcohol Screening Test (MAST), and the Drug Abuse Screening Test (DAST); an American Society of Addiction Medicine (ASAM) evaluation; reviews of their driving record, criminal history, and police report; and a personal interview.

A treatment plan is developed for each individual, consisting of specific, measurable, attainable, relevant, and time-bound goals. Treatment plans are reviewed and revised at least weekly and include input from both participant and counselor.

Since the program's inception, individual treatment plans have varied, depending on the individual. The shortest program has lasted 1 day; the longest, 162 days. The average for all participants who have been discharged from the program is 31 days.

Criteria for successful RSAT program graduation includes meeting all treatment plan goals and recommendations. This includes engaging with the case manager to ensure continuing care services have been arranged for the individual's transition back into the community. After graduation, each individual would also meet criteria to attend level two or below of care at an outpatient facility. The potential graduate would also need to provide negative drug screens for a minimum of 30 days prior.

MODALITY OF RSAT PROGRAM

The RSAT program at the Jefferson County Jail is a therapeutic community-based program. Individuals are expected to take what they learn in the group and apply it throughout their day while in the block. Any criminal or addictive behaviors result in a thinking report, in which the individual can process the event as well as what could be done differently in the future. ASAM level of care criteria are monitored regularly. The program includes 40 hours per week of treatment services that include meetings with a case manager and mental health provider, along with individual counseling and group counseling sessions.

The program has three treatment phases. In the introductory phase, individuals are expected to reach specified behavioral and treatment goals. In the action phase, individuals are expected to actively engage in changing their behaviors and thought processes. The maintenance phase occurs after release; individuals continue to engage in outpatient treatment.

Evidence-based cognitive behavioral therapy programming is based on Hazelden's A New Direction curriculum. This curriculum covers a number of different modules, including alcohol and drug information, criminal and addictive behaviors, socialization, relapse prevention, preparing for release, and co-occurring modules. A mental health professional meets individually with each participant weekly.

MAT PROGRAMMING

Buprenorphine/naloxone (Suboxone), buprenorphine, and naltrexone (Vivitrol) are available to RSAT program participants.

CONTINUING CARE/REINTEGRATION

The case manager meets with participants shortly after intake into the RSAT program to discuss various aspects of the individual's reintegration and continuing care plan. Planning may include setting up appointments for continuing care services; helping to coordinate housing resources; assisting with resume writing; and arranging transportation to court dates, outpatient services, and other appointments.

PROGRAM CONTACT INFORMATION

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COMMUNITY PARTNERS

Housing: Olympic Community Action Programs (OlyCAP)
228 W 1st Street
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Outpatient: Believe in Recovery
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Port Townsend, WA 98368
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Mental Health: Discovery Behavioral Healthcare
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Information updated 8/18/2021



Walla Walla County Jail

Current FY21 Funding: \$97,000* (in-kind county funding for administrative and physical plant support)

OVERVIEW OF PROGRAM

The RSAT program at the Walla Walla County Jail first received funding and began accepting participants in March 2021. The expected maximum capacity for the program was set at 10 individuals per month. The program is currently serving three individuals, a number that reflects an overall lower jail census due to both COVID-19 and a Washington State Supreme Court ruling that vacated all felony drug possession cases statewide.

Program participants are housed in a dedicated unit and are provided evidence-based services and trauma-informed care.

PROGRAM HIGHLIGHT

The program offers FDA-approved medication to treat opioid use disorder (OUD) in the form of buprenorphine (Subutex).

ELIGIBILITY CRITERIA, SCREENING/ASSESSMENT, AND TREATMENT PLANNING

The Walla Walla County Jail maintains an internal referral process in which a Health Services Unit (HSU) meets weekly to review the current medical and behavioral health status, as well as the risks and needs, of each individual. The HSU is comprised of the director of Corrections, the jail commander, the RN and PA, the case manager, the executive assistant, and the administrative sergeant. Many potential RSAT referrals come from the HSU meeting. Additionally, correctional officers and sergeants may notify the jail commander if they think an individual might benefit from treatment. The majority of referrals comes from the case manager. The jail also maintains an electronic kiosk system, available in every living unit, that shares RSAT information and informs individuals how to self-refer. The jail commander vets RSAT referrals and then notifies the substance use disorder (SUD)/RSAT subcontractor that there is an applicant in need of an assessment. SUD assessments typically occur within a few days of referral.

Potential program participants are assessed for an SUD and must subsequently meet the American Society of Addiction Medicine (ASAM) criteria for residential treatment and be a minimum or medium classification. The ASAM-based multidimensional (biopsychosocial) assessment helps match services to needs and strengths, and includes criminogenic factors.

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Treatment plans are developed by the SUD subcontractor agency, Serenity Point Counseling Services, in collaboration with the RSAT client. Most clients are involved with other wraparound and support agencies, stakeholders, and natural supports. The treatment provider includes those supports in treatment planning. The typical length of treatment for program participants is currently 30 days; however, it is reported that many RSAT participants are released well before they have completed treatment.

MODALITY OF RSAT PROGRAM

The RSAT program at the Walla Walla County Jail uses a therapeutic community approach to providing trauma-informed care and co-occurring treatment in accordance with the ASAM's level of care placement.

The program uses an open group concept, with participants allowed to enter groups at any time. The program curriculum includes a basic overview of SUDs, co-occurring disorders (CODs), psychoeducation on the negative impact of substance use, importance of self-care, criminal and addictive thinking, care planning, relapse prevention planning, and socialization to assist with integration back into the community.

Evidence-based groups and services include Effects of Substance Use on Mental Health/Rational Emotive Behavioral Therapy (REBT), What Are Co-occurring Disorders/Cognitive Behavioral Therapy (CBT), Phases of Dual Recovery/Solution Focused Therapy (SFT), Twelve Steps of Co-occurring Disorders, Relapse Prevention I: Building a Recovery Support System, and Mutual Self-Help Groups and Co-occurring Disorders/REBT.

MAT PROGRAMMING

Buprenorphine (Subutex) is available to RSAT program participants.

CONTINUING CARE/REINTEGRATION

Upon release, individuals are referred to community partners based on their needs. Community partners include Blue Mountain Heart to Heart for assistance with enrolling in Medicaid, healthcare referrals, or medication-assisted treatment (MAT). Referrals are also made to the Christian Aid Center, the STAR Project, Hope Street, and Oxford House for housing for sober living and added sober support.

PROGRAM CONTACT INFORMATION

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COMMUNITY PARTNERS

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Information updated 8/9/2021