



Rhode Island

PRISON PROGRAM

Rhode Island Department of Corrections

JUVENILE AND YOUNG ADULT PROGRAM

Rhode Island Training School for Youth

Prison Program



Rhode Island Department of Corrections

Current FY18 Funding: \$38,382 (\$165,869 state match)*

OVERVIEW OF PROGRAM

The Rhode Island Department of Corrections (RIDOC) RSAT Program is located within the John J. Moran Medium Security Facility (MED). RSAT participants reside in a dedicated area of the facility. The RSAT Program is for men only and designed to last 6 months. In 2017, 118 men completed the program.

ELIGIBILITY CRITERIA, SCREENING/ASSESSMENT, AND TREATMENT PLANNING

The state operates under a unified system. Upon commitment to the DOC all individuals undergo an assessment and are referred to a medication-assisted treatment (MAT) physician and behavioral health specialist if appropriate.

Men and women are referred the RSAT Program by the adult counselor/case manager, who they meet within 30 days of being admitted to the facility. The case manager uses the Level of Service Inventory – Revised (LSI-R) needs assessment to determine if an individual is a good fit for the RSAT Program. This is usually completed within 3 to 4 months of arrival at the facility, although it may be earlier if an individual is incarcerated on drug-related charges.

Once a person is deemed eligible through the LSI-R, the screening counselor utilizes a psychosocial assessment based on the ASAM criteria. Upon referral to the program, individuals meet with their assigned clinician to develop a treatment plan.

Men must be within 180 days of their discharge date to be eligible for RSAT. Their discharge date should not be much greater than a month following completion of the program.

* Funding information estimated or extracted from best available information and may be subject to change

MODALITY OF RSAT PROGRAM

The RSAT Program utilizes a modified therapeutic community model. The program offers a variety of evidence-based group treatment curricula, as well as cognitive behavioral therapy (CBT) groups, relapse prevention, overdose prevention, and education on administration of naloxone (Narcan).

Individuals begin the program by attending group four times per week. As they progress through the program, they can decrease group attendance. Typically, participants attend groups at least three times per week during the duration of the program.

The program includes:

- 3 hours of morning programming that includes morning meeting and individually assigned treatment groups.
- 3 hours of afternoon programming that involves other treatment groups.
- Bi-weekly individual therapy sessions.
- Peer recovery services run by RSAT alumni speakers.

RSAT program participants are required to attend one recovery group. While ongoing attendance at recovery groups is not mandatory, participants are encouraged to do so and to work with recovery coaches during and after their incarceration. Participants graduate from the program once all groups and assignments outlined in their treatment plan are completed and their assigned counselor has given approval.

MAT PROGRAMMING

All three forms of FDA-approved MAT for opioid use disorder (OUD) are available to the entire population in RIDOC. Most individuals who need MAT are already receiving it when they enter the RSAT Program as a result of the assessment upon entry to the facility.

The state partners with a vendor organization that provides MAT within the prison. This vendor has nine locations throughout the state. When an individual receives treatment while incarcerated, they become a patient of the MAT agency at one of these sites and can continue treatment with the vendor until they are transferred to their preferred provider.

CONTINUING CARE/REINTEGRATION

Discharge planners meet with RSAT participants to discuss needs that may be addressed within the community and to schedule initial appointments with community providers as appropriate.

Recovery coaches are based out of the Anchor Recovery Center (ARC). ARC is the home base for recovery coaches and RSAT participants can arrange to meet with a coach there prior to their release to the community. They can access these services at ARC whenever they are needed.

PROGRAM HIGHLIGHT

Recovery coaches work with RSAT participants to assist with their transition to the community and establish a foundational relationship that they can continue once they are released into the community.

CONTINUING CARE PROVIDERS

Anchor Recovery Center

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PROGRAM CONTACT INFORMATION

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Information updated 4/17/2019

Juvenile and Young Adult Program



Rhode Island Training School for Youth

Current FY19 Funding: \$43,000*

OVERVIEW OF PROGRAM

The Rhode Island Training School (RITS) is a secure correctional program for males and females between the ages of 13 and 18 who are detained and/or sentenced to the facility by order of the Rhode Island Family Court. The RSAT Program is called the Core Substance Abuse Group Treatment Program and provides intensive treatment for residents with substance use disorders (SUD) and co-occurring disorders (COD).

The program is based on a modified therapeutic community treatment model that utilizes a cognitive behavioral approach with an emphasis on relapse prevention. The program currently serves three participants that live within the general population unit. All staff members involved in the program are Lifespan Behavioral Health team clinicians contracted through the Department of Children, Youth, and Families (DCYF). The Core Substance Abuse Group Treatment Program was first funded in 2009.

ELIGIBILITY CRITERIA, SCREENING/ASSESSMENT, AND TREATMENT PLANNING

Youth admitted to the Core Substance Abuse Group Treatment Program receive a comprehensive psychosocial assessment. The initial clinical assessment includes a standard clinical interview to determine clinical needs for both SUD and any COD. Individuals are administered several objective core self-report measures including:

- Substance Abuse Subtle Screening Inventory (SASSI);
- CRAFFT substance use screening;
- Alcohol Use Disorders Identification Test (AUDIT);
- National Stressful Events Survey for Post-Traumatic Stress Disorder – Short Scale (NSESSS-PTSD);

* Funding information estimated or extracted from best available information and may be subject to change

- University of Rhode Island Change Assessment (URICA);
- Aggression Questionnaire (AQ);
- Inventory of Callous Unemotional Traits (ICU);
- Urgency, Premeditation (lack of), Perseverance (lack of), Sensation Seeking, Positive Urgency, Impulsive Behavior Scale (UPPS-P);
- Difficulties in Emotional Regulation (DERS);
- Rosenberg Self-Esteem Scale (RSES);
- Center for Epidemiologic Studies Depression Scale (CES);
- Screen for Childhood Anxiety and Related Emotional Disorders (SCARED);
- Insomnia Severity Index (ISI);
- Affective Reactivity Index (AFI); and
- Columbia-Suicide Severity Rating Scale (C-SSRS).

In addition, a set of supplemental self-reports may also be given based on individual needs, including the Youth Self Report (YSR) general mental health screening and Personality Assessment Inventory – Adolescent (PAI-A).

Treatment plans are individualized and based on the person’s clinical needs and criminogenic risk factors. Once the 4-month treatment phase is completed, participants are stepped down to a less intensive level of care based on the ongoing assessment of their clinical needs.

MODALITY OF RSAT PROGRAM

The Core Substance Abuse Group Treatment Program is based on a cognitive behavioral therapy (CBT) and motivational enhancement therapy (MET) framework. Residents participate in SUD education and group, individual, and family counseling. All services are designed to address the special developmental needs of adolescents.

Participants are offered four substance use group treatment sessions and one individual treatment session per week. Upon completion of the program, participants are expected to continue individual treatment on a weekly basis and may graduate to a less intensive (1 to 2 group/week) group program.

The Core Substance Abuse Group Treatment program includes the following group modules:

- CBT;
- Motivational interviewing (MI);
- Emotion regulation;
- Emotional intelligence;
- Life skills;
- Psychoeducation; and
- Relapse prevention planning.

CONTINUING CARE/REINTEGRATION

The Core Substance Abuse Group Treatment Program coordinates with community-based services to ensure an appropriate level of treatment and/or support services following release from RITS. DCYF clinical social workers work with participants to develop individualized transition/discharge plans, which may include juvenile probation, community programs, vocational training programs, and others.

PROGRAM CONTACT INFORMATION

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Information updated 7/2/2020