

# **Prison Programs**



Centro de Tratamiento Residencial de Arecibo (Arecibo Residential Treatment Center)

Current FY2022 RSAT funded program

### OVERVIEW OF PROGRAM

The RSAT Program at Centro de Tratamiento Residencial de Arecibo currently serves 32 men in a unit separated from the general population of the prison. The program was first funded in 1994.

## ELIGIBILITY CRITERIA, SCREENING/ASSESSMENT, AND TREATMENT PLANNING

Eligibility criteria for the RSAT program include:

- Minimum custody;
- History of substance use;
- 1 to 3 years remaining on sentence (when eligible for parole and other privileges) or 3 years or less remaining to reach the maximum of their sentence;
- No arrest warrants or federal charges, removal from community rehabilitation programs, or removal from treatment programs; and
- Demonstrated ability to maintain good mental and physical health.

Individuals who meet eligibility criteria and wish to join the program undergo a biopsychosocial and behavioral assessment that informs a treatment plan.

#### MODALITY OF RSAT PROGRAM

The RSAT Program at Centro de Tratamiento Residencial de Arecibo is based on a cognitive behavioral model with psychoeducational therapies used first in a group setting and then individually if necessary. Participants receive medical and psychological services, religious services, and vocational workshops in partnership with the Felisa de Rincón Foundation.

The typical program length can range from 1 to 3 years. This can be extended if needed. Men graduate the program when they complete the biopsychosocial treatment program modules and the therapy groups offered as part of their treatment.

A typical day for the residents includes:

- Wake up and breakfast;
- Assigned workshops;
- Community-based work outside of prison (currently suspended due to COVID-19);
- Group therapy;
- · Religious services;
- Workshops provided by outside service organizations (currently suspended due to COVID-19).

# PROGRAM HIGHLIGHT

Up to 80% of RSAT participants do not reenter prison.

### CONTINUING CARE/REINTEGRATION

Social workers identify the individual needs of each participant and provide counseling specific to those needs. Before discharge, participants receive information about work and educational programs and support with resumes and reference cards. There are regular drug tests and follow-up with the social workers in the community program.

### PROGRAM CONTACT INFORMATION

**Dr. Leyza Nogueras-delrio** Psychologist 787-878-8505

Information updated 5/16/2022



#### OVERVIEW OF PROGRAM

The RSAT Program at Hogar Intermedio para Mujeres currently serves 12 women in a unit separated from the general population of the prison. The program provides evidence-based services to women with substance use disorders (SUD). The program was first funded in 1996.

# ELIGIBILITY CRITERIA, SCREENING/ASSESSMENT, AND TREATMENT PLANNING

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- 1 to 3 years remaining on sentence (when eligible for parole and other privileges) or 3 years or less remaining to reach the maximum of their sentence;
- No arrest warrants or federal charges, removal from community rehabilitation programs, or removal from treatment programs; and
- Demonstrated ability to maintain good mental and physical health.

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## PROGRAM CONTACT INFORMATION

María de Lourdes Santiago 787-724-5575

Information updated 8/23/2020