



# Oregon

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JAIL PROGRAM

Adapt Corrections Treatment Services

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## Adapt Corrections Treatment Services

Current FY18 Funding: \$1.6 million\*

### OVERVIEW OF PROGRAM

The RSAT Program is offered through the Douglas County jail's Drug Court Program. It serves as the inpatient treatment program for inmates who are referred by parole/probation.

The program offers services for adults with substance use disorders (SUDs) and mental health issues. At the time of the interview, this program was serving approximately 18 individuals. There are 12 beds for males and 6 for females. Program participants are segregated in the jail in two gender-specific modules.

Adapt was first awarded RSAT funds in 2013, and the RSAT program serves as a transitional vehicle to the inpatient portion of the Drug Court Program.

Adapt receives only BJA/RSAT funding to run the RSAT Program.

### ELIGIBILITY CRITERIA, SCREENING/ASSESSMENT, AND TREATMENT PLANNING

To be eligible for the program, an individual must be in the jail a minimum of 120 days and diagnosed with an SUD by a licensed and clinically trained mental health professional using the DSM-5 and a thorough biopsychosocial assessment. These individuals must have no violent or sex-related charges.

SUD severity and mental health diagnoses are identified by licensed and clinically trained mental health professionals using the DSM-5 and a thorough biopsychosocial assessment for referrals originating from the courts.

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\* Funding information estimated or extracted from best available information and may be subject to change.

Once an individual enters the RSAT Program, a service plan is developed based on information already provided and other assessment details collected at intake. Assessments include a general brief screening for mental health and serious mental illness, along with an American Society of Addiction Medicine (ASAM) assessment. Additional assessment may be deemed necessary later in the program to determine further mental health issues. Upon successful completion of the RSAT Program, individuals are directly transitioned to the Drug Court Program; going through the Drug Court Program is part of their transitional planning.

## **MODALITY OF RSAT PROGRAM**

During the 120- to 180-day program, participants engage in five hours of group work and one session with a counselor per week (80+ hours per month of program activities). Staff use cognitive behavioral therapy (CBT), as well as Seeking Safety and Relapse Prevention interventions, and integrate co-occurring and trauma-informed treatment into the therapeutic community. There are two onsite jail counselors.

## **MAT PROGRAMMING**

Historically, flexibility within the jail system has been rigid. However, the jail changed its policy and is starting to allow for medication-assisted treatment (MAT).

## **CONTINUING CARE/REINTEGRATION**

Participants who successfully complete the program directly phase into transitional services and enter the Drug Court Program. The actual RSAT Program has good completion rates, but those numbers go down in terms of individuals completing the entire Drug Court Program because those who first enter the Drug Court Program are still in the early stages of recovery and are relatively unstable. They are presented with many challenges as soon as they are released. However, those who remain active in the Drug Court Program for nine months to a year have a greater chance of completing the 1.5-year program.

## PROGRAM CONTACT INFORMATION

### **Thomas Sorrells**

Adapt Treatment Director  
Adapt  
SouthRiver Community Center  
671 SW Main St.  
PO Box 12  
Winston, OR 97496  
TomS@adapt-or.org  
541-492-0193

### **Lisa Hubbard**

Adapt Clinical Director  
lisah@adaptoregon.org  
541-492-0171 (office)  
541-680-3884 (cell)

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