



# New Jersey

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COUNTY JAIL PROGRAM  
Cumberland County Jail

JUVENILE AND YOUNG ADULT PROGRAM  
D.O.V.E.S. Residential Community Home

# County Jail Program



Cumberland County Jail

FY2017 RSAT Funded Program\*

## OVERVIEW OF PROGRAM

The RSAT Program within the Cumberland County Jail is currently known as the Steps to Freedom Program. Participants reside in a dedicated housing unit (C-Pod) semi-separated from the rest of the jail population. C-Pod can accommodate up to 30 program participants. Residents receive evidenced-based services, trauma informed care, and medication-assisted treatment (MAT). Participants reportedly most often have histories of alcohol, opioids, and crystal meth (methamphetamine) use. Steps to Freedom was first funded in 2009 and began enrolling participants that year.

## ELIGIBILITY CRITERIA, SCREENING/ASSESSMENT, AND TREATMENT PLANNING

Potential participants must have a history of substance use disorder (SUD), a minimum of 90 days left on their sentence, no history of sexual-related offenses, violent crimes, or disciplinary issues, and a willingness to participate and comply with the program rules and regulations.

Potential program candidates are pre-screened by a classification committee. Eligible individuals engage in screenings that include the Diagnostic and Statistical Manual (DSM) checklist for substances other than alcohol, The DSM-5 checklist for alcohol, and the Michigan Alcohol Screening Test (MAST). Once accepted into the program, staff perform intake and orientation with participants where they discuss rules, confidentiality, and release authorizations, and sign an informed consent. Each new participant engages in several more screenings/assessments including the Addiction Severity Index (ASI) and a recidivism risk assessment using the Corrections Offender Management Profiling Alternative Sanctions (COMPAS).

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\* Funding information estimated or extracted from best available information and may be subject to change

Treatment planning begins during the screening and intake processes, when areas of concern and initial diagnoses are identified, and reentry goals are explored. Client-driven treatment plans are completed within the first 7 days of a participant entering the Steps to Freedom program. The individualized treatment plan addresses SUD and behavioral, emotional, social, and vocational needs. The ideal program length is 90 days; however, due to bail reform initiatives, changes in sentencing practices, and COVID-19, the typical stay tends to be around 45 days.

## MODALITY OF RSAT PROGRAM

The Steps to Freedom Program uses a modified therapeutic treatment community model. The program is divided into four cohesive phases. Progression to the next phase is contingent upon the participant having demonstrated benchmarks in the previous phase. A phase-up committee meets with each participant who is ready to move to the next phase. Phases include:

- **Phase 1:** Intake/orientation
- **Phase 2:** Active treatment
- **Phase 3:** Relapse and prevention and release/reintegration
- **Phase 4:** Reentry

Classes and groups include:

- *Father Time* parenting classes (certificate upon program completion);
- Anger management (certificate upon program completion);
- Sleep hygiene and stress management groups that assist in gaining coping skills;
- Voluntary religious services; and
- Alcoholics Anonymous/Narcotics Anonymous (AA/NA) self-help meetings.

Criteria for graduation include the following:

1. Completion of the *New Direction* [Hazarden] curriculum
2. Negative drug screens throughout treatment
3. Completion of the treatment plan and continuum of care plan
4. Participation as a positive role model in the Steps to Freedom community
5. Zero infractions within 30 days of completion

### PROGRAM HIGHLIGHT

Monthly "family education nights" allows family members to join the participant for education on SUD and family structure.

## MAT PROGRAMMING

Naltrexone (Vivitrol) is available to program participants with an opioid use disorder (OUD) through the reentry program. Participants are referred to reentry two to four weeks prior to their release.

## CONTINUING CARE/REINTEGRATION

Participants in the Steps to Freedom Program have access to myriad reentry services at the Cumberland County Jail through a reentry program funded through the Workforce PRO Grant by the US Department of Labor. This American Job Center initiative complements the Steps to Freedom Program. Along with the Department of Workforce Development, other partners in the program include:

- Stronger Families (free, confidential, and holistic family case management)
- Pascale Sykes Foundation
- Give Something Back Foundation
- Temple Vision (religious organization)
- United Advocacy Group (nonprofit)
- Cumberland County College
- Bridgeton Police Athletic Leagues
- Greater Bridgeton Family Success Center

Eligible participants are also connected with Medicaid registration by Complete Care, an organization that provides access to mental and physical health services and MAT.

## CONTINUING CARE PROVIDERS

Community partners include:

**First Step Clinic**  
Outpatient SUD treatment  
facilities  
856-451-3727

**Cumberland County Guidance  
Center (mental health)**  
856-825-6810  
[INFO@CCGCNJ.ORG](mailto:INFO@CCGCNJ.ORG)

**Oaks Integrated Care  
(acute mental health)**  
800-963-3377

**CURA/CASA PRAC**  
Spanish speaking SUD  
treatment facility  
856-692-2331

**Fairton Christian Center  
(food bank)**  
<https://fairton.org/>

**Salvation Army (food bank,  
transportation)**  
Vineland  
856-696-5050

**Behavior Crossroads**  
Inpatient outpatient treatment  
facility  
609-645-2500

**Vineland Treatment Center**  
MAT Treatment  
856-839-2210  
<https://www.vinlandcenter.org/>

**Bridgeton Shop Rite  
Grocery Store**  
Dietician  
856-451-1577

**Rite Aid Pharmacy**  
30 day supply of medications

## PROGRAM CONTACT INFORMATION

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*Information updated 7/21/2020*

## Juvenile and Young Adult Program



D.O.V.E.S. Residential Community Home  
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Current FY2022 RSAT funded program

### OVERVIEW OF PROGRAM

The RSAT Program at the D.O.V.E.S. (Developing Opportunities and Values through Education and Substance Abuse Treatment) Residential Community Home serves females ages 13 to 24. It is the sole community-based program providing services and support to all adjudicated juvenile females in secure residential placement in New Jersey.

D.O.V.E.S. hosts a maximum of 16 residents with 2 relapse beds, specifically for individuals who have previously completed the program. The RSAT Program provides services to young women with co-occurring disorders (COD) who are either committed or on probation. The residents are provided evidence-based services and trauma-informed care. Participants drugs of choice are reportedly marijuana, opioids, alcohol, and methamphetamine.

The New Jersey Juvenile Justice Commission (JJC) was first awarded RSAT funding and began admitting residents in 2011.

### ELIGIBILITY CRITERIA, SCREENING/ASSESSMENT, AND TREATMENT PLANNING

Youth with an American Society of Addiction Medicine (ASAM) score of 2.1 or higher are admitted to the program. New enrollees are administered the Substance Abuse Subtle Screening Inventory (SASSI) assessment. A contracted substance abuse counselor develops a treatment plan based on information derived from the SASSI. The Stages of Change model is used as a tool for assessing treatment readiness.

Treatment plans include long- and short-term goals that are agreed upon by the counselor and the program participant. The length of treatment varies based on the participant's court-ordered sentence. Typically, program participants are in treatment ranging from 30 days to 18 months.

## MODALITY OF RSAT PROGRAM

The D.O.V.E.S. Program is a therapeutic community. The treatment modality utilized is the *New Freedom* substance abuse curriculum [A.R. Phoenix Resources, Inc.], a social learning model based on cognitive behavioral therapy (CBT) and motivational enhancement therapy (MIT). The program also utilizes aggression replacement therapy (ART) and the *Phoenix* behavior intervention curriculum [A.R. Phoenix Resources, Inc.]. There are four stages to *New Freedom*: Freshman, Sophomore, Junior, Senior.

Residents can participate in a variety of prosocial activities and events both in house and out of program such as community service, holiday events, educational, and recreational trips.

## CONTINUING CARE/REINTEGRATION

Each resident is discharged with a comprehensive continuing care plan to aid in their transition/reentry to the community. Residents are responsible for fulfilling the obligations and requirements of their individual continuing care (aftercare) plan.

The contracted service provider develops a report that identifies the youth's transitional SUD needs. This report is provided to either the parole officer or the probation officer to ensure needs are addressed when the youth returns to her community. Services are linked geographically based on the area of the state in which the youth resides. A community program specialist, a social worker, and a substance abuse counselor from the JJC Juvenile Parole and Transitional Services (JPATS) unit are responsible for collaboratively developing a community transition plan prior to the youth's release.

## CONTINUING CARE PROVIDERS

### Dress for Success/Going Places Network

This is a 9-session program designed to provide the tools needed to help women prepare for and obtain employment, including resume writing, interview preparation, and personal branding.

### The Petey Greene Program

This program brings tutoring into the program to support academic opportunity.

### Thelma Wright Empowerment Program

This program focuses on empowering girls to achieve economic independence through education, mentoring and life skills and to help at risk preteen and teenage girls understand and maintain their self-worth. General topics include relationship building, life skill development, and personal development and team buildings.

**Mountain View Program**

This program, as part of a larger statewide teaching initiative called NJ-ASTEPS, attempts to identify and recruit the most accomplished students from community college programs within New Jersey's adult and youth correctional facilities. Once recruited and admitted the students are offered on-going support and guidance in earning a bachelor's degree or beyond while managing the reentry process.

**Prevent Child Abuse New Jersey–My Life My Choice Program**

This program, which focuses knowledge, skills, and attitudes (KSAs), is a national leader in the prevention of commercial and sexual exploitation of children. It is most frequently used to reach girls who are at disproportionately higher risk of being exploited, or who are already survivors of exploitation. Residents are offered a 10-session prevention group onsite at the D.O.V.E.S. Program.

**GEMS–Girls Educational and Mentoring Services**

This program is specifically designed to make a positive impact in the lives of girls or young women and is designed for females who have been exposed to commercial sexual exploitation and domestic trafficking.

**Trenton Area Soup Kitchen (TASK)**

Residents involved in this program have had the opportunity to attend a private session at the White House in Washington, DC, and visit all the major monuments and museums. During a trip to New York City residents had an opportunity to visit the Statue of Liberty, Ellis Island, and 9-11 Memorial. These types of trips are offered to the residents throughout the year on a continual basis.

**PROGRAM CONTACT INFORMATION**

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