



Missouri

PRISON PROGRAM

Northeast Correctional Center

COUNTY JAIL PROGRAM

St. Louis County Jail

Prison Program



Northeast Correctional Center

Current FY21 Funding: \$409.383.05*

OVERVIEW OF PROGRAM

The RSAT Program within the Northeast Correctional Center supports individuals with substance use disorders (SUD) and other special needs, characterized by a mental health assessment score of 3 to 4 (i.e., high), reduced cognitive abilities, a history of trauma, or a diagnosed medical condition that requires placement in a disability unit that includes a bottom bunk and “lower walk” institution.

The Missouri Department of Corrections (MDOC) was first awarded the RSAT grant and began admitting participants in 2011.

PROGRAM HIGHLIGHT

The RSAT Program serves a special needs population with medical, mental health, or cognitive challenges who cannot be served in larger institutional treatment programs.

ELIGIBILITY CRITERIA, SCREENING/ASSESSMENT, AND TREATMENT PLANNING

Men entering the program receive the Addiction Severity Index (ASI) and the Texas Christian University Drug Screen 5 (TCUDS-5). A qualified addictions counselor meets with an accepted participant within the first 10 days to initiate treatment planning using the assessment results. The individual participates in the development of his individualized treatment plan in order to customize the plan to meet his needs. Counselors use several evidence-based practices to assist the individual in developing the treatment plan, including motivational interviewing (MI).

The use of the TCU battery of assessments allows the clinician to screen every individual for special needs, such as those identified by the MDOC and others that may not have been identified earlier in the Department’s reception and diagnostic process.

* Funding information estimated or extracted from best available information and may be subject to change

Individuals work with staff within the appropriate discipline to meet their needs, such as mental health, medical, and education, and appropriate modification of treatment is incorporated into the treatment plan. Currently, the program administers screening tools to assess anxiety, depression, mental status, and suicide/homicide risk for every new participant.

MODALITY OF RSAT PROGRAM

The RSAT Program at the Northeast Correctional Center is based on a modified therapeutic community model and offers trauma-informed care through moral reconnection therapy (MRT). The program is based on 3 phases that last from 6 months to 1 year.

Classes and groups include:

- *Inside-Out Dad* [National Fatherhood Initiative]
- *Helping Men Recover* [Stephanie Covington Ph.D.],
- *SMART Recovery*,
- *Seeking Safety* [Treatment Innovations, Lisa Najavits],
- MRT,
- Medication-assisted treatment (MAT) group,
- Transition group,
- *Living in Balance* [Hazelden],
- Criminal thinking, and
- Addiction group.

MAT PROGRAMMING

This program offers MAT in the form of extended-release naltrexone (Vivitrol) for individuals who are high risk for overdose upon release. They are offered two injections before release.

CONTINUING CARE/REINTEGRATION

The MDOC offers a continuing care program to individuals who have completed the RSAT Program but cannot be released for a variety of reasons. These individuals reside in a small recovery wing that can accommodate up to seven residents. Services are provided by a care coordinator and includes staff- and peer-led recovery groups, individualized case management services, and coordinated reentry linkages and supports. The care coordinator conducts three, 90-minute aftercare planning groups per week that address the following topics:

- Medical,
- Mental health,
- Education/vocational,
- Housing (efforts to secure a safe home plan/recovery housing or other safe options),
- Family/parenting,
- Recovery support (community),

- Employment/job skills, and
- Valid identification (ID), including license reinstatement if needed.

The care coordinator serves a crucial role in consulting and communicating with institutional case managers, field probation, and parole staff about the person's case plan. The DOC has instituted a new case planning process, conducted by classification, probation, and parole staff, based on Ohio Risk Assessment System (ORAS) risk scores. The primary focus of the case plan is areas of risks that drive criminal behavior. The care coordinator can also assist with reentry planning and case management for people in the treatment portion of the program whose aftercare plans are incomplete.

PROGRAM CONTACT INFORMATION

Mary Vest, Clinical Supervisor
mary.vest@doc.mo.gov

Information updated 8/25/2020

County Jail Program



St. Louis County Jail

Current FY19 Funding: \$121,329.91* (county match)

OVERVIEW OF PROGRAM

The RSAT Program at the St. Louis County Jail is known as The CHOICES Program. At the time of this writing there were no enrollees because of the COVID-19 pandemic. Under normal circumstances, the 90-day program provides services to individuals with substance use disorders (SUD). Participants reside in a designated area in the jail and receive evidenced-base services, tablet technology, and medication-assisted treatment (MAT) in the form of naltrexone (e.g., Vivitrol) and buprenorphine/naloxone (Suboxone).

The CHOICES Program has been in operation since 1998 but did not began receiving RSAT funding until 2004.

ELIGIBILITY CRITERIA, SCREENING/ASSESSMENT, AND TREATMENT PLANNING

The CHOICES Program is a court-ordered program for individuals with SUD who are incarcerated for violating the Missouri Controlled Substance law, convicted of driving while intoxicated, assault, probation violation, unlawful use of a weapon, or burglary/theft.

Upon admission to the program, individuals are assigned a case manager who administers the Michigan Alcohol Screening Test (MAST), the Drug Abuse Screening Test (DAST), Children of Alcoholics Screenings Test (CAST), and other screenings for stress, motivation, individualized needs and concerns, and a categorized ranking according to an individual's readiness to change based upon Prochaska and DiClemente's transtheoretical model of the stages of change.

The client and program staff work together to develop treatment plans based on the current level of need and the results of the assessments.

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MODALITY OF RSAT PROGRAM

The 90-day CHOICES Program utilizes the Stages of Change model, which provides individualized treatment, cognitive behavioral therapy (CBT) to target criminogenic risk factors, and motivational interviewing (MI) to elicit the individual's motivation to change a specific negative behavior.

The CHOICES Program provides treatment through individual counseling sessions, group sessions, and classroom/lecture activities to help individuals develop cognitive, behavioral, social, and vocational skills. Current group offerings include:

- 12-step recovery programming,
- Anger management, and
- Relapse prevention skills training.

Graduation criteria include no positive drug screens, no excessive write ups/violations, participation, and the completion of all assignments.

MAT PROGRAMMING

St. Louis County Jail offers MAT in the form of Vivitrol and Suboxone.

CONTINUING CARE/REINTEGRATION

The CHOICES Program works with partner agency Bridgeway/Provident to select CHOICE graduates to attend the Show Me Hope Program. Show Me Hope offers a continuum of care through provision of substance misuse/education, housing, employment services, and other related needs. Participation in this program is voluntary but strongly encouraged.

CHOICES program staff can refer up to 15 clients at the end of each session. Clients that are not referred are provided information for a continuum of care through substance use/education, housing, employment, and other related needs through various agencies depending on where the client lives.

CONTINUING CARE PROVIDERS

Bridgeway Behavioral Health

www.bridgewaybh.com

866-758-1152

Provident Behavioral Health

<https://www.providentstl.org/>

PROGRAM CONTACT INFORMATION

Mike Kramer, Corrections Case Manager

314-615-7240

MKramer@stlouisco.com

Marwa Al-Hamdy, RSAT Corrections Case Manager

314-615-2546

Mal-Hamdy@stlouisco.com

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