



# Maine

---

**PRISON PROGRAM**  
**Maine State Prison**

# Prison Program



## Maine State Prison

Current FY20 Funding: \$142,400\*

*After the most recent RFP, the Maine Department of Corrections and the Kennebec County Jail were both awarded subgrants that use the remaining FY17 and FY18 funds and most of the FY19 allotment.*

## OVERVIEW OF PROGRAM

The RSAT Program at the Maine State Prison (MSP) is in the beginning stages as COVID-19 has led to restrictions on implementation. As of this RSAT survey, there have been limited departmental facility transfers and “in-house” moves to support the placement of those on waitlists, and there are enhanced precautions around congregate activities and staff-led programming and groups. This will be the first RSAT-funded program for the Maine Department of Corrections (DOC).

The RSAT Program will be a therapeutic residential treatment program that will support individuals' recovery needs as part of reentry planning. It will emphasize accountability and prosocial decision-making as part of treatment programming and will be geared toward readying the individual to reenter the community as a person in recovery. The RSAT Program will be run as a “closed” treatment unit within an existing housing unit.

There are currently 80 men on a waiting list for the program. In addition, it will be available for clients transferred from other facilities within the Maine DOC.

### PROGRAM HIGHLIGHT

This program allows the DOC to provide residential care at a high-security facility. The other residential treatment units are at minimum- to medium-security facilities. This will expand the level of care for more of the Department's population.

---

\* Funding information estimated or extracted from best available information and may be subject to change

## ELIGIBILITY CRITERIA, SCREENING/ASSESSMENT, AND TREATMENT PLANNING

After an initial substance use disorder (SUD) assessment, MSP conducts more detailed SUD screenings for certain identified individuals. The MSP will also allow for self-referral and referrals from non-healthcare staff.

There are two general enrollment options for the RSAT Program: residential need and/or outpatient services. Eligible men must have a clinical diagnosis of SUD and have no more than 18 months remaining before release from MSP.

Correctional care and treatment workers will collaborate with participants to develop treatment plans through ongoing meetings, coordination with providers, and review of needs, assessments, and history. The RSAT Program will be 6 to 12 months in length. Criteria for completing the program include successful completion of cognitive behavioral therapy (CBT) programming among other requirements.

## MODALITY OF RSAT PROGRAM

The RSAT model will be based on the requirements of the grant, which includes offering treatment in phases. MSP will be delivering treatment in the following phases:

- **Phase 1: Reception/introduction**
- **Phase 2: Development**
- **Phase 3: Maintenance**
- **Phase 4: Transition/reentry**

Groups and services will include:

- Medication-assisted treatment (MAT),
- Module-based CBT,
- Outpatient services (i.e., individual and group counseling),
- Wellness activities and groups,
- Educational and vocational services, and
- Scheduled facility-based services (e.g., healthcare, case management, reentry planning).

MSP has a facility-based healthcare provider that supports the delivery of behavioral health and mental health services in the prison.

A typical day might include:

- **Morning:** MAT (if applicable) medication, breakfast, programming group, case management, outpatient services provided by a facility-based healthcare provider, and recreation.
- **Afternoon:** Lunch, medication, programming group, case management, outpatient services, recreation, and group wellness activities.
- **Evening:** Medication, dinner, peer-led groups, recreation, and group wellness activities.

## MAT PROGRAM INFORMATION

MSP has a partnership with community-based providers for MAT (i.e., Suboxone [buprenorphine/naloxone]) and a recovery coach coordinator.

## CONTINUING CARE/REINTEGRATION

The RSAT program has correctional care and treatment workers (facility case managers) that provide reentry services and coordinate services with facility healthcare, probation, and community-based providers.

## CONTINUING CARE PROVIDERS

Wellpath  
151 Capitol Street, Suite 4  
Augusta, ME 04330  
1-207-512-8549

## PROGRAM CONTACT INFORMATION

Anthony Cantillo-Deputy Warden  
207-273-5524  
[Anthony.cantillo@maine.gov](mailto:Anthony.cantillo@maine.gov)

*Information updated 4/29/2020*