



# LOUISIANA

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## PRISON PROGRAMS

Bossier Parish Correctional Center

Concordia Parish Correctional Facility

# Prison Program



Bossier Parish Correctional Center

Current FY2018 RSAT funded program

## OVERVIEW OF PROGRAM

The RSAT-funded Steve Hoyle Intensive Substance Abuse Program (SHISAP) is located within its own facility on the three-building state correctional campus of the Bossier Parish Correctional Center. The facility is a 600-bed treatment program for men that focuses on substance use disorders (SUD), criminogenic and reentry needs. Approximately 20 treatment staff share their team between SHISAP and other duties at the maximum and medium security facilities located on the same correctional campus.

The Department of Corrections (DOC) was first awarded RSAT funds for this program in 2002.

## ELIGIBILITY CRITERIA, SCREENING/ASSESSMENT, AND TREATMENT PLANNING

SHISAP participants are referred to the program by court orders, judges, treatment agencies, or by the potential participant or their loved one. Individuals complete a screening and assessment using the Texas Christian University (TCU) complement of instruments and Louisiana DOC's own risk/need assessment instrument. Mental health diagnoses are identified by licensed and clinically trained mental health professionals.

Staff develop a treatment plan within a participant's first month of the program. Staff and individual participants review treatment plans together, and they are updated as needed, especially when the participant has an opioid use disorder (OUD) and may need additional support or services. Treatment plans develop into reentry plans as individuals get closer to release. Reentry planning is focused on job readiness and strengthening health and family ties. The completion rate of SHISAP is

approximately 85% to 87%. An average of 100 participants complete the program each month. There are additional services provided for individuals who have a mental health disorder both within the facility and the community.

## MODALITY OF RSAT PROGRAM

SHISAP is a 6-month program. Upon completion of the program, many graduates enter a reentry/continuing care program on site. All programming utilizes evidence-based interventions, such as cognitive behavioral programming, family involvement, and structured curricula. The program is recovery-based and follows the Minnesota model.

After entering SHISAP and completing an orientation, participants engage in the following interventions and modalities:

- *Unlock Your Thinking* and anger management modules [Texas Christian University Institute of Behavioral Research];
- *Living in Balance* [Hazelden];
- *Thinking for a Change* (T4C) [National Institute of Corrections];
- and TOPUCU (The Only Person U Cheat Is U), based upon “right thinking” with a goal to increase motivation and resiliency.

SHISAP offers a 14-week evidence-based parenting program called *Strengthening Families* that includes one to three sessions with family members and children prior to release. Group and individual therapy, interventions, and reunification begin before the participant returns home, strengthening a pro-social bond.

## MAT PROGRAM INFORMATION

Medication-assisted treatment (MAT) (i.e., naltrexone [Vivitrol]), is offered to all eligible SHISAP participants. Men who choose this option must attend the 3-month educational track with opioid specific groups prior to release.

## CONTINUING CARE/REINTEGRATION

About half the men who complete SHISAP are released to halfway houses, mental health centers, or to home and to the same job they held before incarceration. The other half are admitted into a work release program with more reentry planning and job readiness work.

### PROGRAM HIGHLIGHT

Men with OUD complete a longer program that lasts approximately a year. They utilize Hazelden's *Quitting Heroin* and other curricula developed by The Change Companies.

## CONTINUING CARE PROVIDERS

Goodwill of Northern Louisiana  
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*Information updated 12/17/2018*



## Concordia Parish Correctional Facility

Current FY2022 RSAT funded program

### OVERVIEW OF PROGRAM

The RSAT Program within the Concordia Parish Correctional Facility is a separate 40-bed unit in a Department of Corrections (DOC) facility. The RSAT Program provides both group and individual counseling for individuals diagnosed with co-occurring substance use and mental health disorders. It is a 6-month program intended for men at the end of their sentence.

The RSAT Program was first funded in 1997 as a pilot program at a different site. Currently, there are three Louisiana DOC RSAT programs: Concordia Parish, Bossier Parish, and Louisiana State Penitentiary in Angola.

### ELIGIBILITY CRITERIA, SCREENING/ASSESSMENT, AND TREATMENT PLANNING

Men who enter the program are assessed with the Louisiana Targeted Interventions Gaining Enhanced Reentry (TIGER) model of correctional assessment. Staff complete a biopsychosocial assessment and use the Michigan Alcoholism Screening Test (MAST) and Drug Abuse Screening Test (DAST) to assess for alcohol and substance use disorders (SUD). Participants must be at the end of their sentence and have at least a sixth-grade level of understanding.

Treatment plans are based upon results of assessments and screening. Eligible participants can take the HiSET high school equivalency test and parenting courses while in the program. Treatment goals include participating in groups, completing the curricula materials, and following the rules and regulations of the program.

### MODALITY OF RSAT PROGRAM

The RSAT Program is recovery based. The curricula utilized includes:

- *Living in Balance* [Hazelden]
- *Recovery Dynamics* (12 step) [Kelly Foundation]; and
- *Cage Your Rage* program [Impact Publications].

Participants learn steps 1, 2, and 3 of Alcoholics Anonymous/Narcotics Anonymous (AA/NA) while in the RSAT Program and have morning meditation every day.

### CONTINUING CARE/REINTEGRATION

Reentry staff assist RSAT participants in continuing treatment and finding transitional programs. While the RSAT Program is intended to be 6 months, some participants stay longer if they have problems getting housing approved.

### PROGRAM CONTACT INFORMATION

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*Information updated 5/13/2022*