



Kentucky

PRISON PROGRAM

Louisville Metro Department of Corrections

CONTINUING CARE/REIMIGRATION PROGRAM

Chrysalis House

Prison Program



Louisville Metro Department of Corrections

Current FY18 Funding: \$100,000*

OVERVIEW OF PROGRAM

The Louisville Metro Department of Corrections (DOC) provides two separate RSAT units for men and women within their facility. The men's unit has 48 beds and the women's unit has 16 beds. At the time of this writing both units were full and had waiting lists. Both programs specialize in detoxification services as part of the RSAT Program.

The DOC was first awarded RSAT funds for this program in 2012. Both programs had already been operating as substance use disorder (SUD) programs since 2008. In 2014, other funding became available to offer all eligible individuals within the facility medication assisted treatment (MAT) in the form of naltrexone (Vivitrol).

PROGRAM HIGHLIGHT

The Louisville Metro DOC's reintegration and mental health initiatives were highlighted in a "Best Practice" [case study](#) by the Substance Abuse and Mental Health Services Administration (SAMHSA) in 2018.

ELIGIBILITY CRITERIA, SCREENING/ASSESSMENT, AND TREATMENT PLANNING

RSAT-funded beds for women and men are open to anyone in DOC custody. RSAT staff meet with anyone who expresses interest. They first complete a form for the state's database that connects criminal justice, law enforcement, parole/probation, and the courts. Questions within this form act a biopsychosocial assessment and include information about a person's substance use. The interviewer also rates the RSAT applicant's motivation during this time.

Licensed and clinically trained mental health professionals diagnose any mental illnesses participants may be experiencing. These participants can receive additional services both within the facility and the community.

* Funding information estimated or extracted from best available information and may be subject to change

Low motivation for change can make an individual ineligible for the RSAT Program, even if they have a court order to complete the program. Pregnant women who wish to continue methadone throughout the pregnancy rather than detox are also ineligible.

MODALITY OF RSAT PROGRAM

The DOC RSAT programs are 90 days long and are based on therapeutic community principles. Programs are recovery-based with an emphasis on the importance of abstaining from substances. After an orientation period, RSAT participants move through three phases of treatment. Participants who are in Phase 3 or later can become peer mentors to newer RSAT members. All staff are trained in moral reconnection therapy (MRT), cognitive behavioral theory, and motivational interviewing skills. MRT and SAMHSA curricula are utilized. Groups include:

- Criminal thinking;
- Thinking errors;
- Relapse prevention;
- Job skills;
- Parenting (for women only); and
- Narcotics Anonymous/Alcoholics Anonymous (NA/AA) via community volunteers.

The completion rate of the male RSAT Program is approximately 95%. (Data on the women's program was unavailable at the time of this writing.)

MAT PROGRAMMING

Vivitrol is available to RSAT participants.

CONTINUING CARE/REINTEGRATION

Continuing care/reintegration services begin while a participant is still engaged in the RSAT Program. Every individual is assigned a caseworker/social worker who helps to develop a reentry treatment plan that follows the participant into the community. Community-based providers meet with participants prior to release to address job skills, parenting, and housing needs.

PROGRAM CONTACT INFORMATION

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Continuing Care/Remigration Program



Chrysalis House

Current FY18 Funding: \$100,000*

OVERVIEW OF PROGRAM

Chrysalis House is a community-based program in Lexington, KY, for both women who have been incarcerated and those who have not. It includes a residential treatment center and a transitional supportive housing apartment complex for different phases of the program. Chrysalis House is a community-based nonprofit vendor for the Kentucky Department of Corrections (DOC). Both work with court and corrections staff to coordinate care and referrals.

The RSAT Program specializes in services for pregnant and postpartum women with co-occurring disorders (COD) and/or histories of trauma. At the time of this writing, Chrysalis House provided services for approximately 100 women.

The DOC was first awarded RSAT funds and began admitting women to this program in 2012. The program expanded in 2018 to another residential treatment facility on the grounds of the Eastern State Hospital campus and opened an outpatient treatment program to serve the needs of women living in transitional supportive housing.

* Funding information estimated or extracted from best available information and may be subject to change

Chrysalis House receives grant funding from a variety of sources including the United Way of the Bluegrass, the Department of Housing and Urban Development, the Cobb Foundation, Operation UNITE, Prevent Child Abuse Kentucky, the Office of the Attorney General, and the Department for Behavioral Health, Developmental and Intellectual Disabilities.

PROGRAM HIGHLIGHT

Chrysalis House offers RSAT-funded community-based residential treatment and supportive housing for pregnant women with COD and histories of trauma and their children.

ELIGIBILITY CRITERIA, SCREENING/ASSESSMENT, AND TREATMENT PLANNING

RSAT-funded beds within the Chrysalis House program are reserved for women who have a severe substance use disorder (SUD). Preference is given to women with COD, and/or histories of trauma who are pregnant, postpartum, or have young children.

To be eligible, a woman must be on parole or probation supervision or supervised release from local or DOC authority. Referrals to treatment originate from jails, prisons, or the court system. For referrals originating from the courts, licensed and clinically trained mental health professionals diagnose SUD severity and mental illnesses using the DSM-5 and a thorough biopsychosocial assessment. For referrals originating from correctional facilities, the program receives a request for services with a complete self-report. Both court and correctional staff work with a computerized database that includes collateral reports, past criminal records, and police reports that provide additional information.

Once a woman enters the Chrysalis House program, she works with her care team to develop an individualized service plan (ISP) based upon information already provided and other assessment details gained upon intake. As she moves through the phases of treatment (residential, transitional supportive housing, completion), the team reviews and revises her ISP, as necessary. The RSAT Program is generally completed in 4 to 6 months, but participants and their children may live in transitional housing and participate in outpatient services for an indeterminate amount of time, as necessary.

MODALITY OF RSAT PROGRAM

The Chrysalis House program has two main phases:

- **Phase 1:** Therapeutic community (residential treatment)
- **Phase 2:** Transitional supportive housing

Most treatment takes place in the first phase. Program participants or peers lead some groups. Senior participants are leaders and can earn better “house jobs” and more independent privileges and become mentors for the newcomers within the program.

Chrysalis House staff provide:

- Individual and group counseling;
- Cognitive behavioral therapy and interventions;
- Treatment for COD;
- Trauma-informed care; and
- Groups that include parenting, vocational, education, and accountability.

As women phase into transitional supportive housing, they are offered family therapy and services.

MAT PROGRAMMING

Medication-assisted treatment (MAT) is offered for pregnant women through with linkages to a local MAT provider.

CONTINUING CARE/REINTEGRATION

Women begin reintegration services while in transitional supportive housing. There are several groups each week where women from transitional housing and residential treatment meet to provide continuity and community. A new outpatient clinic offers a safe, sober, and seamless continuum of services.

PROGRAM CONTACT INFORMATION

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