



# Kansas

PRISON PROGRAM  
Topeka Correctional Facility

## Prison Program



### Topeka Correctional Facility

Current FY18 Funding: \$1.0 million\*

### OVERVIEW OF PROGRAM

RSAT funding helps support the Substance Abuse Recovery Program (SARP) at the Topeka Correctional Facility in Topeka, Kansas. The program is also supported by state funding. SARP specializes in services for women who have been screened and prioritized for it because they are at high risk of substance use disorders (SUDs), mental health issues, and trauma histories. At the time of interview, the program had 48 beds available.

SARP was first awarded RSAT funds decades ago. At that time, it was housed in the programs division and in the early 2000s was moved to the reentry division. There was a gap in services for a short time in 2015, when the program's contractor was terminated.

SARP receives BJA/RSAT funding and uses it to pay for the Heartland Regional Alcohol & Drug Assessment Center (RADAC) contract, which covers the pre-release assessments for the SARP program and a program specialist position.

### ELIGIBILITY CRITERIA, SCREENING/ASSESSMENT, AND TREATMENT PLANNING

To be eligible for SARP, an individual must be in the state prison a minimum of six months and diagnosed with an SUD by a licensed and clinically trained mental health professional using the DSM-5 and a thorough biopsychosocial assessment. The initial assessment process includes the use of the Level of Service Inventory-Revised (LSI-R) risk/needs and the Women's Risk Needs Assessment (WRNA) tools. Individuals are screened for SUDs at the point of entry, and if it is determined they are a good fit for SARP, staff will interview them for the program. This is voluntary

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\* Funding information estimated or extracted from best available information and may be subject to change.

for those who qualify for SARP, and they will begin the program from 6 to 12 months prior to their release date. Timing of when a participant begins the program is contingent, in part, on availability of beds and the start of the cohort. Once an individual enters SARP, service and reentry plans are developed based on information already provided, along with other assessment details.

## MODALITY OF SARP PROGRAM

This 6- to 12-month program uses Dr. Stephanie Covington's comprehensive curriculum, *Helping Women Recover*, which emphasizes a trauma-informed cognitive behavioral approach. There are 36 modules, and once the group reaches lesson six, it becomes a closed group; others who are eligible for SARP are put on a waiting list for the next cohort. Participants are involved in group work and individual counseling sessions. Staff use cognitive behavioral therapy (CBT) and interventions and integrate co-occurring and trauma-informed treatment. Participants are housed in a separate unit with designated program staff. Groups include life skills trainings, using the *Thinking for a Change* curriculum, vocation/job readiness (i.e., manufacturing, landscaping, food service, dental, coding), education, and tenant/housing. The vocational piece is provided by Greenbush Education Service Center.

## CONTINUING CARE/REINTEGRATION

Participants who successfully complete the program phase into transitional services. RADAC staff assess individuals just prior to release and connect them to services in the community. This could include long-term treatment, depending on the individual's needs.

## PROGRAM CONTACT INFORMATION

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*Information updated 3/15/2019*