



Indiana

PRISON PROGRAM

Bartholomew County Corrections Center

COUNTY JAIL PROGRAM

Kosciusko County Jail

Prison Program



Bartholomew County Corrections Center

Current FY18 Funding: \$272,000 plus state and local funding*

OVERVIEW OF PROGRAM

The RSAT Program at the Bartholomew County Corrections Center (BCCC) is a year-long substance use disorder (SUD) treatment program, and RSAT funding supports the continuing care portion of it. In March 2011, BCCC began operating a program for women called Women Recovering with a Purpose (WRAP). The program was created with the intent to increase the opportunities for success among incarcerated women who have SUD and mental health disorder histories and are at high risk to reoffend. A new men's program called Recovery Enables a Life for Men (REALM) will start on February 11, 2019. It is largely modeled after WRAP but tailored to meet men's specific needs.

ELIGIBILITY CRITERIA, SCREENING/ASSESSMENT, AND TREATMENT PLANNING

WRAP program participants are housed in separate pods within BCCC. To be eligible for the program, an individual must be considered at high risk to reoffend and diagnosed with a substance use or co-occurring mental health and substance use disorder (COD). Staff use the Indiana Risk Assessment System (IRAS) tool and a licensed and clinically trained mental health professional diagnoses SUDs or CODs using the DSM-5 and thorough biopsychosocial assessments. They also use the Residential Drug Abuse Program (RDAP) assessment tool. Participants must also have a nonviolent history and not previously have been involved in the distribution of drugs; individuals with that type of history are considered too high risk for this program, and staff will provide something different to address their needs.

MODALITY OF RSAT PROGRAM

This program is four to six months residential, followed by six to eight months of intensive supervision with continuing care. The continuing care program is supported by RSAT funds.

* Funding information estimated or extracted from best available information and may be subject to change.

During the residential component, participants take part in group and weekly case management sessions, as well as the following:

- Seeking Safety: helps participants with post-traumatic stress disorder (PTSD) and substance use
- Texas Christian University (TCU) Mapping Enhanced Counseling: assists in increasing motivation, engagement, participation and retention in treatment; participants create life maps
- The Change Companies' Residential Drug Abuse Program (RDAP): tailored to help participants face their criminal justice and drug-use issues
- Thinking for Change (will be part of the men's program): an intense program focused on addressing criminal thinking patterns
- Inside Out Dads: connects fathers to their families while helping to improve behavior, break the cycle of recidivism, and develop pro-fathering capabilities

When individuals and the group are participating appropriately and positively in group programming, they earn certain privileges. When participants do more than what is expected and move to higher levels, they receive additional privileges. For example, program participants will have their visitation privileges increased as they move to higher levels.

CONTINUING CARE/REINTEGRATION

During the continuing care portion of the program, participants are on day reporting and are required to attend three to five sessions per week, based on their individual treatment needs. Weekly sessions include Moving On, RDAP follow-up, case management, and individual/family sessions.

PROGRAM CONTACT INFORMATION

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County Jail Program



Kosciusko County Jail

Current FY19 Funding: \$114,860.40*

OVERVIEW OF PROGRAM

The RSAT Program in the Kosciusko County Jail is currently known as the Jail Chemical Addiction Program (JCAP). As of June 5, 2020, the program is only serving six individuals due to COVID-19; however, the program has restarted the application process and hopes to enroll a minimum of 12 females and 12 males. Male and female JCAP participants are housed in separate blocks and have no interaction with the general jail population.

In addition to RSAT funding, JCAP receives \$55,700 in funding from the K21 Health Foundation and a \$10,000 donation from the City of Warsaw, both to be used exclusively for mental health services.

Grant funding is used to support mental health services and substance use disorder group counselors who have master's level educations. There are currently two counselors serving JCAP. The program also employs additional class instructors for ServSafe certification, INWork Job Readiness, Be Heart Smart, art therapy, and high school equivalency tutoring; they are assisted by 25 class instructor volunteers.

ELIGIBILITY CRITERIA, SCREENING/ASSESSMENT, AND TREATMENT PLANNING

JCAP is open to all individuals at the Kosciusko County Jail. Potential participants fill out a pre-application, which includes questions about residency, level of offenses, length of sentences or anticipated length of stay, history of sexually related or violent offenses, cases or holds in other counties, Department of Child Services or CASA cases, level of charges, veterans' information, and whether they have received their GED or high school diploma. The second page of the application asks for detailed information on charges and why they feel they would be a good fit for JCAP. Once

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the pre-applications are received, the jail commander and JCAP coordinator screen individuals who do not have enough time to complete the program, have a history of sexually related or violent offenses, are not residents of Kosciusko County, or do not have any drug- or alcohol-related charges. A list of eligible candidates is then sent to the JCAP committee for review. Once committee members review the candidates, a meeting is held to discuss the best participants for the program based on history, desire, and possibility of future modification to either work release, community corrections, or probation. Selected candidates are then presented with a full application that includes consent forms, notices to counsel and the prosecuting attorney, zero-tolerance rules, a media release form, release of confidential information, client's rights form, and the CRAFFT screening tool.

Every program participant must have a history of drug or alcohol abuse, show considerable need through the CRAFFT screening tool, express a sincere desire to utilize the programs offered through JCAP, have at least four months left on their sentence, and be a resident of Kosciusko County.

Treatment plans are developed by the JCAP coordinator and the mental health professionals together with individual participants. They focus on past trauma, family relationships, personal mental health issues, future goals, and specific reentry plans. Treatment plans will constantly evolve as individual participants move through the program.

Individuals enter JCAP at the same time, attend and complete classes at the same pace, and graduate together. Having everyone start at the same time builds unity among participants both during the program and after release. It also makes offering high school equivalency (HSE) tutoring, ServSafe certification, Grace College certificate classes, and CORE Mechanical's Intro to Construction classes easier to navigate and schedule.

MODALITY OF RSAT PROGRAM

JCAP is a therapeutic community utilizing evidenced-based treatment and trauma-informed care, as well as cognitive behavioral therapy (CBT) and evidence-based treatment programs such as Moral Reconciliation Therapy (MRT) and the Matrix Model. Each participant's Adverse Childhood Experiences (ACE) score is also used to determine the best treatment.

Classes and groups include a balanced program divided evenly between (a) recovery-based classes and individual counseling and (b) life skills-focused classes.

Recovery-based services include MRT, Matrix, individual counseling, process group, Alcoholics Anonymous (AA), Narcotics Anonymous (NA), Self-Management and Recovery Training (SMART) Recovery, Co-Dependents Anonymous (CoDA), Seeking Safety, Boundaries, Self-Esteem, and Celebrate Recovery.

Life skills services include a hospitality certificate (females), a logistics certificate (males), parenting classes, HSE tutoring and test, Be Heart Smart, job readiness classes, Introduction to Construction, ServSafe and ServSafe managers courses, fitness classes, art therapy, banking 101, personal finance, Diet and the Mind, and Navigating Health Care.

JCAP participants' days vary greatly. Individuals attend two hours of group counseling five days a week (one day each of MRT and process group and three days of Matrix). Each participant attends individual counseling once a week. The other three to five hours a day are made up of life skills

services. JCAP works with local community organizers to bring in guest speakers as often as possible.

To graduate, participants must complete all 12 of the MRT steps, attend all required classes and counseling services, receive no more than three minor write-ups for discipline infractions, and complete a comprehensive relapse prevention plan.

CONTINUING CARE/REINTEGRATION

Each JCAP participant writes and reviews his or her own relapse prevention plan and discusses personal needs, goals, and potential problem areas with the JCAP coordinator and mental health professionals.

Intake is done with the Beaman Home, a local domestic violence shelter, during CoDA, Boundaries, and Self-Esteem classes. The intake allows participants access to all of Beaman Home's classes and counseling services, including services for the participants' children. JCAP works with local sober living homes and treatment facilities to find appropriate housing and/or treatment.

Combined Community Services, a local resource for self-sufficiency programs, emergency assistance, housing guidance, and direction to other local resources, meets with JCAP participants toward the end of the program to discuss their services and hand out information. A Bridge to Hope offers recovery coaches, free of charge, to all JCAP graduates. Work One starts paperwork with each participant and follows up with them after release to assist with job placement and continued educational needs. Work One also pays for HSE testing for program participants. Local human resource directors teach a 10-week job-readiness class and the Purdue Extension Office teaches INWorks, another job-readiness course. Both culminate in mock interviews with 12-15 local human resource directors, hiring managers, and general managers; many participants have gone on to work for some of these employers.

New Life Christian Church & World Outreach offers spiritual classes as well as a Celebrate Recovery group; although the classes are not mandatory, there has been 100% attendance. New Life offers help to individuals with such re-entry needs as housing and transportation.

Ivy Tech Community College meets with participants during the last month of the program to discuss further education options and provides information on grant-funded certificate programs that have been identified in the community as high need and/or high paying. Lutheran Health Network offers a four-session class on navigating the health care system. Delta Fitness provides JCAP participants with access to yoga and HIIT classes. CORE Mechanical teaches an Introduction to Construction course that paves the way for further instruction for graduates upon their release.

PROGRAM HIGHLIGHT

The graduation ceremony is attended by all class instructors, community contributors, and financial backers, as well as the sheriff, mayor, chief of police, county council members and commissioners, representation from local recovery homes and treatment centers, local media outlets, law enforcement officers, and other prominent community leaders.

PROGRAM CONTACT INFORMATION

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