



# Idaho

**PRISON PROGRAM**

**South Boise Women's Correctional Center**

**COUNTY JAIL PROGRAM**

**Twin Falls County Jail**

# Prison Program



## South Boise Women's Correctional Center

FY18 Funding: \$128,300\*

### OVERVIEW OF PROGRAM

The South Boise Women's Correctional Center (SBWCC) is a treatment and transition facility for "retained jurisdiction" individuals (i.e., "riders"). SBWCC has an operating capacity of 306 people residing in two separate units. Residents are provided evidence-based services and trauma-informed care. RSAT programming is based on cognitive and behavioral change through intensive treatment, education, and accountability.

The therapeutic community at SBWCC currently uses RSAT funds to pay a full-time contract provider to work with individuals on their reentry plan. RSAT coordinators meet individually with individuals to work on their release plans, track progress in the prerelease class, and discuss transitional funding, parole strategies, and Medicaid enrollment.

### ELIGIBILITY CRITERIA, SCREENING/ASSESSMENT, AND TREATMENT PLANNING

SBWCC is a treatment facility. All residents are eligible.

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\* Funding information estimated or extracted from best available information and may be subject to change

## MODALITY OF RSAT PROGRAM<sup>1</sup>

SBWCC is a therapeutic community. Case management services are provided to all women in the general population. RSAT staff work with women individually to help address their needs. Case managers meet with residents upon their arrival and continue to meet with them on an as needed basis until their release or as requested.

Case management services include:

- An initial intake,
- Individualized counseling and treatment plans,
- Problem solving,
- Parole plans,
- Transitional funds,
- Continuing care/reintegration plans,
- Financial planning,
- Assistance with community resources,
- Classroom facilitation, and
- Program delivery.

Evidence-based therapies include Cognitive-Behavioral Interventions for Substance Abuse (CBI-SA) [University of Cincinnati Corrections Institute] —designed for individuals who are moderate to high need; *Thinking for a Change* (T4C) [National Institute for Corrections]; and the *Beyond Trauma* curriculum [Stephanie Covington Ph.D.]. In addition, Residents are offered classes in mindfulness, grief and loss, and stress management.

The core Idaho Department of Corrections (IDOC) programming for individuals sentenced to a retained jurisdiction includes:

- Aggression replacement training (ART), [Evidence-based Prevention and Intervention Support – EPIS],
- CBI-SA,
- Cognitive behavioral therapy for sexual offending (CBI-SO), and/or
- T4C.

Individuals who have completed IDOC programming are placed in an advanced practices (AP) group, which provides structured assistance in practicing the skills learned in the core programming in a progressively more challenging way. These open-ended groups allow participants to practice cognitive restructuring, emotional regulation, social skills, and problem-solving in increasingly complex and challenging scenarios. Once the learning objectives are achieved, individuals graduate from the group.

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<sup>1</sup> This program is not specifically funded by BJA

## CONTINUING CARE/REINTEGRATION

RSAT staff work with individuals prior to release to assess their needs and develop reentry plans that may include finding suitable housing, obtaining and retaining employment, and identifying and accessing physical, mental health, and substance use resources when needed.

Additionally, the IDOC contracts with Easter Seals-Goodwill to provide prerelease services, which links participants with local community resources including employment, housing, social services, transportation, education, and mental health and substance use services.

### PROGRAM HIGHLIGHT

RSAT programming includes a 40- to 60-hour prerelease program, designed to increase understanding of the rules and expectations of community supervision and restorative justice principles. Individuals are required to complete a computer literacy course, a personal portfolio, and the prerelease workbook, as well as attend several short, standardized group sessions related to education and career planning. The prerelease curriculum includes information and training on job search skills, money management, goal setting, education, employment, communication, housing, transportation, health, relationships, and supervision.

## CONTINUING CARE PROVIDERS

Easter Seals Goodwill Northern  
Rocky Mountain inc.

406-761-3680

## PROGRAM CONTACT INFORMATION

Nason Hoyt-Program Manager  
13200 Pleasant Valley Road  
Kuna, ID 83634  
208-334-2731 Ext 6304

*Information updated 6/9/2020*

# County Jail Program



## Twin Falls County Jail

Current FY19 Funding: \$129,779\* (state match \$4,959)

### OVERVIEW OF PROGRAM

The RSAT Program within the Twin Falls County Jail is known as Twin Falls County Treatment and Recovery Clinic (TARC). The program typically serves up to 20 participants. However due to COVID-19, it is restricted to 16 participants at the time of this writing.

Due to overcrowding and limited space, TARC participants are not segregated from the general jail population. However, Twin Falls County Commissioners are working on jail expansion that would include a designated treatment area and housing for participants in the TARC Program. There are currently three in-house staff members serving TARC participants: A full-time certified alcohol and drug counselor (CADC), a part-time case manager, and a part-time clinical supervisor.

The Twin Falls Treatment and Recovery clinic was first funded and began admitting participants in 2010.

### ELIGIBILITY CRITERIA, SCREENING/ASSESSMENT, AND TREATMENT PLANNING

The Classification Department determines eligibility based on a diagnosed substance use disorder (SUD), motivation to participate in treatment activities, and the individual's consent. Individuals must have at least 30 days left in their term of incarceration to participate.

Jail administration screens and classifies individuals based on their charges, violence, risk of escape, and history of compliance with institution rules for eligibility to participate in the program. Participants can move up and down in the jail classification system based on their exhibited behaviors. Treatment activities are separated from the general population.

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All residents of Twin Falls County Jail can request admission to the TARC Program, via a kite system (email). The CADC receives and reviews the kites and forwards the request to jail administration to review the individual's classification. Jail administration then approves or denies consideration into the program, based on the individual's classification. If approved, the CADC completes a biopsychosocial assessment and Global Appraisal of Individual Needs (GAIN) brief screener to determine eligibility.

Treatment plans are developed in concert with the CADC and participant. Plans are updated every 90 days.

The TARC treatment program typically takes 6 months or more to complete in the jail setting. However, participants often have insufficient time to complete all elements of the treatment program due to early release, transfer to another facility, or due to loss of classification. If they are released early, they are offered the opportunity to complete their treatment at TARC's outpatient facility.

Phases of treatment are based on the stages of change and are affected by participants' length of stay. In general, the program phases include treatment initiation, early abstinence, and maintenance of abstinence.

## MODALITY OF RSAT PROGRAM

The TARC uses the American Society of Addiction Medicine (ASAM) levels of care criteria, with a focus on cognitive behavior therapy (CBT) curricula.

TARC uses best practice model programs to provide a structured treatment experience and give participants the knowledge, structure, and support to allow them to achieve abstinence from substance use. These include:

- *Straight Ahead: Transition Skills for Recovery* [Texas Christian University Institute of Behavioral Research TCU-IBR]
- *Thinking for Good* (Moral Reconciliation Therapy [Correctional Counseling, Inc. MRT®]), and
- Dialectical behavioral therapy (DBT).

Participants attend groups three days a week. Individual counseling and/or case management is based on individual needs. Participants work on assignments and goals of counseling throughout the week.

Family and social support group components are not provided in the jail program. However, these are part of TARC's post-release outpatient treatment program.

## CONTINUING CARE/REINTEGRATION

TARC case managers work directly with the participant for discharge planning. This includes resources for immediate needs such as housing, food, clothing, and transportation. Participants can seamlessly continue treatment on an outpatient basis at TARC's community clinic. Typically, individuals begin services in the community one business day after their release. Participants are provided up to 2 weeks of services at no cost until alternative funding can be obtained and is in

place. TARC also provides services on a sliding scale, based on the clients' ability to pay, if they are denied funding.

### **MAT PROGRAM INFORMATION**

There is currently no MAT program at Twin Falls County Jail. However, the RSAT Program partners with the community-based TARC in Twin Falls, which offers MAT services in its outpatient clinic for those who continue after release.

### **PROGRAM HIGHLIGHT**

Twin Falls County Jail has a separate grant for naloxone (NARCAN), which allows them to provide training and a naloxone kit to participants released to the community. This service is also available to individuals' informal supports.

### **CONTINUING CARE PROVIDERS**

#### **Twin Falls County**

Treatment and Recovery Clinic  
630 Addison Avenue West  
Twin Falls, ID 83301  
208-736-5048

#### **ProActive Behavioral Health Services**

562 Shoup Avenue West  
Twin Falls, ID 83301  
208-734-0407

#### **KIMI Recovery**

219 Gooding Street  
Twin Falls, ID 83301  
208-293-8846

#### **Beard Family Services**

264 Martin Street  
Twin Falls, Idaho 83301  
208-733-7187

### **PROGRAM CONTACT INFORMATION**

Casey Thomson, LSW, CADC  
Twin Falls County  
Treatment and Recovery Clinic  
630 Addison Avenue West  
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208-736-5048, EXT. 2232  
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*Information updated 6/16/2020*