

GUAM | PRISON PROGRAM GU-2

# **Prison Program**



**Guam Adult Correctional Facility** 

Current FY18 Funding: \$99,000 (state funds: \$100,000 + \$25,000 in-kind)\*

## **OVERVIEW OF PROGRAM**

The RSAT program is housed on the grounds of the Guam Adult Correctional Facility in Mangilao, which serves the functions of both jail and prison. The 6-month program serves up to 15 male inmates and 2 female inmates, with up to 6 additional months of continuing care services. Participants are housed in designated housing units that are outside the main facility building.

The programs and services focus on the needs of the inmates, including preparing for employment, improved family and parenting skills, personal development, development of pro-social leisure time interests, and participation for return to a sober and/or drug-free lifestyle in the community. The program is open to inmates who have been convicted of a drug- or alcohol-related crime and are within a year of their probable release date. Participants work with program staff to develop a plan for their reintegration into society. The RSAT program is staffed by chemical dependency treatment specialists, uniformed corrections officers, and an RSAT supervisor.

Guam first received RSAT funds in 1999 and admitted participants to the program that year. The U.S. territory had completed 25 program cycles as of October 2019.

\* Funding information estimated or extracted from best available information and may be subject to change

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## ELIGIBILITY CRITERIA, SCREENING/ASSESSMENT, AND TREATMENT PLANNING

Program participants must have been convicted of a drug- or alcohol-related crime; those with repeat substance use violations and high criminogenic risk and need factors are given priority. Participants must be within 6 to 12 months of their probable release date. In addition, they must have had no disciplinary infractions in the prior year and must have a minimum-level security clearance.

Screening is done through individual interviews with RSAT staff to confirm that applicants meet the eligibility criteria. Assessments are completed by RSAT staff supported by a DOC caseworker, using the following instruments:

- Ohio Risk Assessment System Prison Intake Tool (ORAS) (must score moderate to severe)
- Michigan Alcohol Screening Test (MAST)
- Drug Abuse Screening Test (DAST)

Treatment plans are developed throughout the program based on needs assessments, individual counseling and evaluations, group discussions, and other factors, including treatment team meetings.

#### **MODALITY OF RSAT PROGRAM**

A typical day for RSAT participants includes:

- Group therapy (two hours);
- Community service program or video treatment series with workbook (two hours);
- CBT program, such as Matrix program, or community program, such as Celebrate Recovery (two hours);
- Recreation therapy, character development, or spirituality class (two hours);
- AA or NA (two hours)

## PROGRAM HIGHLIGHT

The holistic RSAT Program addresses physical, spiritual, and behavioral health needs. It is patterned on a therapeutic community model, which encourages self-discipline, responsibility, and mutual respect as a way of life.

In addition, participants may:

- take classes in spirituality, character development, nutrition, parenting, and work readiness;
- undergo individual counseling;
- participate in physical activities 5 days a week;
- get instruction in reading, writing, and journaling

To graduate, participants must attend all required groups, classes, and counseling sessions and complete all homework assignments. In addition, participants may not have had any behavior problems that are serious enough to warrant removal from the program.

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#### CONTINUING CARE/REINTEGRATION

Participants who complete the program are entitled to up to 6 months of continuing care/reintegration services, whether they are awaiting release or re-entering the community. Services include twice weekly Matrix treatment sessions, counseling, treatment planning, drug testing, and participation in NA/AA meetings.

Before transitioning to the community, each client develops a relapse prevention plan with staff support and then presents it to RSAT staff and their family, parole officer, and caseworker. Assessments are completed with aftercare staff, reentry court staff, and the Lighthouse Recovery Center residential program for housing.

During the program, a job fair brings potential employers to the facility to interview graduating RSAT participants. Clients register on the Guam Department of Labor (GDOL) website and meet with GDOL staff prior to transition. All housing barriers are addressed before the end of the program.

#### PROGRAM CONTACT INFORMATION

#### Robert L. Dames

Chemical Dependency Treatment Specialist I
Residential Substance Abuse Treatment (RSAT) program
Guam Department of Corrections
P.O. Box 3236
Hagatna, Guam 96932
671-734-4049 / 671-735-4131

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