



Florida

PRISON PROGRAM

Florida Department of Corrections

COUNTY JAIL PROGRAM

Collier County Jail
Escambia County Jail
Highlands County Jail
Monroe County Detention Center

JUVENILE AND YOUNG ADULT PROGRAM

Charles Britt Academy
Dove Academy
Duval Academy
Jacksonville Youth Academy
Pompano Youth Treatment Center

Prison Program



Florida Department of Corrections

Current FY2022 RSAT funded program

OVERVIEW OF PROGRAM

Florida Department of Corrections (DOC) has three RSAT programs that have been in operation since 2009. RSAT programs are located at Century Correctional Institution in Century, Lowell Correctional Institute in Ocala (female only), and Polk Correctional Institution in Polk City. RSAT funds 211 beds in the therapeutic community (TC). The \$874,233 in current RSAT funding is supplemented by \$291,411 in matched funds from the state.

Their RSAT vendor is Gateway, Inc.. On the last day of the April 2022 reporting period there were 105 people enrolled. During the most recent month there were 132 individuals served by RSAT funds.

The typical RSAT program is 9 to 12 months. Any extended lengths for treatment must be approved by the Florida Department of Corrections Bureau Chief of Substance Use Treatment. The TC is housed within its own dorm or in a separate part of a dorm. All of the activities of daily living (eating, recreation, treatment) are separate from the general population.

The program emphasizes structure and includes process groups and didactic lectures. The RSAT TC has three phases: phase I (orientation), phase II (heart of treatment), and phase III (developing a reentry plan and continuing care). The program has a participant to counselor ratio of 25:1. Each program is licensed by the state and follows the same model. The only notable difference is that staff members treating the female population are all trained in trauma-informed care.

ELIGIBILITY CRITERIA, SCREENING/ASSESSMENT, AND TREATMENT PLANNING

All individuals are screened for substance use when they enter Florida DOC system. Their severity of substance use disorder (SUD) and level of risk for recidivism are measured using the Texas Christian University Drug Screen (TCUDS) and American Society of Addiction Medicine (ASAM) criteria. Both measures are necessary to qualify for the RSAT programs. Once assessed, people are classified to the appropriate level of care. Individual treatment plans are developed with a counselor, signed off on by a clinical supervisor, and reviewed monthly.

MODALITY OF RSAT PROGRAM

The weekly schedule includes four groups, didactic lectures, individual counseling, and other sessions. The program utilizes curricula including, but not limited to, Thinking for a Change (T4C); SAMHSA's Anger Management; Living in Balance; Unlock Your Thinking, Open Your Mind; Understanding and Reducing Angry Feelings; Partners in Parenting; Building Social Networks in Recovery; and Seeking Safety (female participants). Participants move through the three phases of the program based on the incremental completion of goals and on the determination of the treatment team. Individual sessions are held monthly to discuss each participant's treatment progress. In order to complete the program, the participant must attend classes, meet the goals listed in his or her master treatment plan, and successfully complete an interview.

CONTINUING CARE/REINTEGRATION

For the duration of the program, enrollees take courses with re-entry needs in mind. Re-entry plans can include resume building and parenting skills. Participants either complete the program and enter work release or are released from the facility. Part of the re-entry planning involves linking the participant to an appropriate continuing care provider. Prior to release from the facility, the individual's initial mental health appointments are scheduled and a month's worth of prescriptions is filled. Of note, Florida is not a Medicaid expansion state. This means that if MAT is begun during a person's time in the RSAT Program, there would be no way of ensuring that he or she could continue it after being released from the facility. Upon release, each participant also receives a list of area services. There is no parole in Florida; therefore, RSAT Program staff can recommend that the individual pursue continuing care, but cannot require it. Those who have not completed their sentences at the time of their RSAT graduation continue to attend regular meetings in the RSAT dorm.

PROGRAM CONTACT INFORMATION

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Information updated 5/26/2022

County Jail Programs



Collier County Jail

Current FY2020 RSAT funded program

OVERVIEW OF PROGRAM

The RSAT Program in the Collier County Jail is known as the Project Recovery Program (PRP). There are currently 16 individuals enrolled in the program; they live in a dedicated housing area of the facility. The goal is to provide treatment and interventions that can assist individuals in recovery when they are released. PRP provides evidence-based services and trauma-informed care to individuals with a substance use disorder (SUD). Medication-assisted treatment (MAT) in the form of methadone is offered to pregnant women who were arrested while on MAT. Naltrexone (Vivitrol) is offered to individuals who are enrolled in drug court.

The program first received RSAT funding in 2017, although it has been in existence since 1997.

ELIGIBILITY CRITERIA, SCREENING/ASSESSMENT, AND TREATMENT PLANNING

People who have a history of SUDs are eligible for admission to this program after making a request to Project Recovery staff. Once the appropriate clearance is received, individuals are administered clinical mental health and SUD assessments including the Patient Health Questionnaire-9 (PHQ-9) depression screen; the CAGE assessment, a widely used screening test for problem drinking and potential alcohol problems; the David Lawrence Centers for Behavioral Health's clinical assessment, which addresses in detail the following: presenting problem, family/social strengths, spiritual and cultural background, education/employment, legal history, history of trauma or abuse; a mental status exam; a screen for medical problems (client-identified); the Columbia Suicide Severity Rating Scale (C-SSRS) screening; and risk assessment instruments.

Treatment plans individualized to meet the participant’s specific goals and objectives are developed by the participant and clinician and reviewed every 30 days.

This intensive inpatient SUD treatment consists of 10 hours per week for 12 weeks.

MODALITY OF RSAT PROGRAM

Project Recovery is a therapeutic community formulated around Hazelden’s Living in Balance and Exploring Trauma curricula. The Seeking Safety Curriculum is also used. Individual counseling and groups such as Alcoholics Anonymous (AA), Narcotics Anonymous (NA), GED preparation, and parenting classes are available. Optional faith-based church/study is available throughout the week.

MAT PROGRAMMING

Methadone is offered to pregnant women who were arrested while on MAT and Vivitrol is offered to those individuals who are enrolled in drug court.

CONTINUING CARE/REINTEGRATION

RSAT participants’ needs are met by referring them to community partners as the needs arise. PRP staff from the David Lawrence Center meet frequently with participants to review their needs and ensure they are linked to the myriad of continuum of care partners in Collier County. MAT and discharge resources are also provided as part of the continuing care program.

PROGRAM HIGHLIGHT

The RSAT Program has an expansive network of community partners that assist in providing services as part of reintegration.

COMMUNITY PARTNERS

St. Matthew’s House
239-774-0500

Shelter of Abused Women & Children
239-775-3862

Collier County Public Schools Adult Education
239-398-8133

Child Advocacy Center
239-263-8383 ext. 235

David Lawrence Center
239-455-8500 ext. 7125

Career Source of SWFL
239-436-4301

Goodwill Job Link Services
239-732-6310

Salvation Army
239-278-1551

Harvest House
941-953-3154

House of Hope
954-524-8989 ext. 1006

Celadon
239-880-3990

Phoenix House
813-957-9639

Better Together
772-631-3072

FLDHSMV Mobile DMV Program
786-804-4248

PROGRAM CONTACT INFORMATION

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Programs/Reentry Supervisor

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Information updated 10/2/2020



Escambia County Jail

Formerly Funded RSAT program

OVERVIEW OF PROGRAM

The RSAT Program for Escambia County Corrections provides evidence-based services and trauma-informed care to individuals experiencing substance use disorders (SUDs). In addition to federal and county funding, the program receives funding from the Jail Commissary Fund. Due to current COVID-19 restrictions, the program has been temporarily suspended.

ELIGIBILITY/CRITERIA, SCREENING/ASSESSMENT, AND TREATMENT PLANNING

Individuals who enter the program have been sentenced to misdemeanor or felony county jail time and will be introduced back into the community. Every participant must have been identified as having a SUD and want to voluntarily change his or her life. People may request admission to the program or be referred by the program coordinator. They are administered diagnostic assessments to determine if there is a SUD, and are also given a mental health assessment; the two are used to develop a treatment plan. In addition, they undergo a comprehensive biopsychosocial assessment that relies on client history, clinical symptom review, risk factor reviews, trauma history, substance use history, and current substance use. Additional screening tools include the CAGE substance use screener and the Alcohol Use Disorders Identification Test (AUDIT), which screen for alcohol dependency, as well as the Kessler Psychological Distress Scale (K6) and Patient Health Questionnaire (PHQ-9) mental health assessments.

MODALITY OF RSAT PROGRAM

The RSAT Program at the Escambia County Jail utilizes a trauma-informed and person-centered approach that emphasizes a harm reduction model. Perspectives include cognitive behavioral therapy (CBT), therapeutic community (TC), and co-occurring disorders (COD). The manualized gender-specific curricula include *Relapse Prevention* (Gorski and Grinstead); *Group Motivational Intervention (GMI-20): A Cognitive-Behavioral-Motivational Treatment Approach* (Foot); *Helping Men Recover* (Covington, Griffin, and Dauer); and *A Woman's Addiction* (Najavits).

Participants receive individual counseling once a week to review progress and work on treatment goals and objectives, group counseling three times a week, and educational programming twice a week. Additionally, individuals are offered relapse prevention counseling in which counselors provide them with an awareness of common relapse warning signs and identify high relapse risk situations. The prosocial educational component of treatment is based on the CalWORKs Life Skills support group manual, as well as individualized interventions.

CONTINUING CARE/REINTEGRATION

Each person's provider continues case management services and tracks him or her for a period of up to 90 days after release, ensuring in-patient placement, if necessary.

COMMUNITY PARTNER

Lakeview Center

1221 West Lakeview Ave
Pensacola, FL 32501

PROGRAM CONTACT INFORMATION

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Information updated 11/16/2020



Highlands County Jail

Current FY2020 RSAT funded program

OVERVIEW OF PROGRAM

The RSAT Program at the Highlands County Jail is called Jail Alternatives to Substance Abuse (JASA). It currently serves eight individuals who are housed in a dorm that is separate from the general population. JASA provides evidence-based treatment to incarcerated individuals with substance use and co-occurring disorders.

ELIGIBILITY CRITERIA, SCREENING/ASSESSMENT, AND TREATMENT PLANNING

Individuals who enter JASA must be over the age of 18, have a diagnosed substance use disorder (SUD), and be classified at a minimum- or medium-custody level. When an individual requests admission to the program, an initial screening is done to ascertain his or her substance of choice, method of use, and reason for seeking treatment. After admission, a more in-depth screening is done and includes Readiness to Change and a biopsychosocial assessment, the Battery for Health Improvement (BHI).

A psychosocial mental health assessment is also completed to identify problem areas and goals, and to establish an individual treatment plan.

MODALITY OF RSAT PROGRAM

JASA is a therapeutic community (TC) utilizing an evidenced-based cognitive behavioral therapy (CBT) model.

The program is divided into four phases of treatment:

- Phase I considers reasons for treatment, barriers to treatment, understanding addiction, and how substances affect the person.
- Phase II focuses on gaining an understanding of self; why individuals adopt behaviors leading to substance use; understanding personal needs, wants, and abilities; and improving self-concept and self-esteem.
- Phase III introduces understanding values, beliefs, and attitudes; gaining an understanding of problem solving; anger management; and improving interpersonal relationship skills, including communication skills.
- Phase IV focuses on developing a continuing care/transition plan, identifying personal triggers for relapse, and relapse prevention skills.

The criteria for program graduation are complete program participation, completion of treatment plan goals and objectives (a minimum of 85%), and completion of a reintegration/transition plan. The typical length of treatment for program participants is approximately 16 weeks. Individuals participate in orientation, education groups, therapeutic groups, individual counseling, and case management services.

CONTINUING CARE/REINTEGRATION

JASA provides a weekly transition group for those returning to the community. It is linked with the community outpatient program, a mental health clinic, local churches and faith-based groups, and other support groups such as Alcoholics Anonymous (AA) and Narcotics Anonymous (NA). Utilizing referrals to the outpatient clinic locally, those wishing to participate in medication-assisted treatment (MAT) can enter the program once they are back in the community.

PROGRAM HIGHLIGHT

Program participants begin each day with a meeting called “the Circle” where they discuss the upcoming day, make plans for accomplishing goals, and share communally so they can help each other.

COMMUNITY PARTNERS

Florida Center
 Mabel Castillo
 Program Manager
 863-452-3858
 Residential treatment program for dual disorders

TCHS Outpatient and Med Clinic
 Esther Rivera
 863-452-0106
 MAT program, case management, ongoing outpatient treatment

Hands for Homeless
 Jane Breylinger
 863-221-8072
 Services for individuals experiencing homelessness

Highlands Community Church
 Bruce Linhart
 Transition group location and food donation

Hogar R.E.S.A.
 Carmelo Ruiz
 863-863-272-6595
 Substance use disorder treatment

Volunteers of America Behavioral Health
 863-385-9611
 Mental health case management and housing

Community Bible Church
 Dave Lawson, Pastor
 863-452-5643
 Transition housing

Heartland Workforce
 Career center, employment
 863-385-3672

PROGRAM CONTACT INFORMATION

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Information updated 10/20/2020



Monroe County Detention Center

Current FY2018 RSAT funded program

OVERVIEW OF PROGRAM

The RSAT Program at the Monroe County Detention Center is called the Jail In-house Treatment Program. (It should be noted that the facility doesn't refer to the program as RSAT.) This six-month-plus program serves 30 men with a substance use disorder (SUD) at a time. The program is open to men who have been diagnosed with an SUD, have at least six months left on their sentence, and either are court-ordered to participate or voluntarily agree to enroll. It is a two-phase program; 15 men may be enrolled in each phase. All participants are housed in the same dorm, together with men who are not in the program.

The program is run by a vendor, WestCare Guidance/Care Center, Inc., which has a contract with the county.

ELIGIBILITY CRITERIA, SCREENING/ASSESSMENT, AND TREATMENT PLANNING

To be eligible, an individual must have an identified SUD and enough time left on his sentence to complete the six-month program prior to release. In addition, some inmates are court-ordered to the program at sentencing.

Screening and assessment are completed at the jail by program staff. The process takes about two hours and is conducted by a case manager using an in-house biopsychosocial tool, screening for trauma and depression, and the American Society of Addiction Medicine (ASAM) SSR. Participants sign a consent for treatment and a consent for the program to report to the judge and develop a safety plan. Within 30 days, each participant meets with a licensed clinician to receive a diagnosis. Individual treatment plans are developed with the case manager, based on each participant's individual goals and objectives. The plans are updated monthly and include goals for completing all assignments in Phase 1 and Phase 2.

MODALITY OF RSAT PROGRAM

The program calls for a minimum of six months to complete; participants who need longer than six months to finish all assignments are accommodated. The program includes two phases. Phase 1 goals must be completed successfully in order to move to the next phase and complete the program.

In both phases, clients participate in groups five times a week, and are required to complete daily homework assignments. The program content includes evidence-based practices, such as relapse prevention and Seeking Safety. It also includes Strategies for Self-Change, a cognitive behavioral

therapy (CBT)-based group; Moral Reconciliation Therapy (MRT); and SAMHSA's Anger Management curriculum. Phase 1 groups meet in the morning and participants either work in the afternoon or use the time to complete homework assignments. This schedule is reversed for Phase 2 clients.

Participants have access to art and music therapy groups; life skills classes, including resume writing and job interviewing; smoking cessation classes; and HIV prevention workshops. Each client also has a monthly one-hour private session with a counselor. Those who are court-ordered also attend drug court on a schedule determined by the judge.

To complete the program, participants must attend all required sessions for both phases and complete all homework assignments. In addition, participants cannot have had any behavior problems serious enough to warrant removal from the program. In the past 12 months, 37 people completed the program.

CONTINUING CARE/REINTEGRATION

Participants in Phase 2 have access to continuing care planning with their case manager, who connects them with reintegration services, outpatient SUD treatment at one of three locations in the Keys, primary care, and housing opportunities including sober housing. Everyone leaves the program with a resume and job interview skills, as well as referrals to the large array of recovery services in the Keys.

PROGRAM CONTACT INFORMATION

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Information updated 6/14/2019

Juvenile and Young Adult Programs



Charles Britt Academy

Current FY2020 RSAT funded program

OVERVIEW OF PROGRAM

The Charles Britt Academy is a Department of Juvenile Justice (DJJ) program (Circuit 6) serving approximately 28 boys ages 14 to 18. The treatment program at Charles Britt Academy promotes personal, interpersonal, and educational growth. Program participants are encouraged to remain in school to graduation and to accept responsibility for their behavior.

The program provides evidence-based services and trauma-informed care to address any co-occurring issues related to trauma a youth may have experienced.

ELIGIBILITY CRITERIA, SCREENING/ASSESSMENT, AND TREATMENT PLANNING

The screening process begins prior to the youth's arrival at the facility with a review of documentation provided by the DJJ. These documents include but are not limited to a comprehensive evaluation completed by a licensed mental health professional contracted with the DJJ, a pre- or post-disposition report, and a Community Assessment Tool (CAT) overview report. This is done to help ensure the appropriateness of the youth's placement in the facility. If this review indicates any areas of concern, they are forwarded to the commitment manager to review. New arrivals meet with representatives from the administration, mental health, case management, and medical staffs. They are assessed by each of the disciplines to continue the screening process and ensure the completion of screening assessments including the Massachusetts Youth Screening Instrument (MAYSI), Substance Abuse Subtle Screening Inventory (SASSI), Beck Depression Inventory (BDI), and Victimization and Sexually Aggressive Behavior (VSAB), and an assessment of suicide risk.

The individual's primary therapist begins working on developing treatment goals the day he arrives. The individualized treatment plan is developed with input from the multidisciplinary treatment team, which, in addition to mental health, includes representatives from case management, floor staff administration, education, and medical, as well as the facility's recreational therapist. The individualized treatment plan is finalized within 30 days of the individual's arrival at the facility. Typically, treatment lasts six to nine months, depending on the individual's compliance and progress.

MODALITY OF RSAT PROGRAM

The treatment program at Charles Britt Academy promotes personal and interpersonal growth in each resident in a therapeutic and realistic community-oriented setting. There are two educational

alternative classrooms with an educational staff of three teachers, one Title I paraprofessional, and one exceptional student education (ESE) associate.

Charles Britt is a therapeutic community that employs several evidence-based cognitive behavioral curricula.

Living in Balance: Hazelden's Living in Balance is a user-friendly substance use disorder (SUD) treatment curriculum that helps individuals address issues in lifestyle areas that may have been neglected during addiction. It uses a research-based treatment approach, incorporates 12-step/spiritual learning with cognitive-behavioral learning, presents critical core treatment education, and permits parallel treatment.

Impact of Crime (IOC): The Impact of Crime curriculum was created by the Florida Department of Juvenile Justice Office of Residential Services to assist residential programs in following a balanced and restorative justice approach. The IOC curriculum consists of 24 objectives across seven chapters, including Victim Impact and Restorative Justice, Personal Accountability, Introduction to Harm, Consequences of Making Decisions, Ripple Effect of Crime, Managing Conflict, and the Road to Reparation. The overarching goal of the curriculum is to teach participating youth empathy, accountability, and the effects of their acts on others and their community. The curriculum focuses on skill development and challenging antisocial cognitions, values, and beliefs.

Thinking for a Change (T4C): Thinking for a Change (T4C) is a program based on the principles of cognitive behavioral therapy (CBT) that teaches offenders prosocial behaviors and problem-solving skills to recognize and avoid problematic behaviors.

Youth also receive individual and family sessions as outlined in their treatment plans. Educational and vocational services such as C-tech, ServSafe certification, and horticulture training are provided as well.

CONTINUING CARE/REINTEGRATION

The program has a transition specialist who coordinates with the client's juvenile probation officer (JPO) to set up re-entry and continuing care services when needed.

PROGRAM CONTACT INFORMATION

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Information updated 10/14/2020



DOVE Academy

Current FY2020 RSAT funded program

OVERVIEW OF PROGRAM

The DOVE Academy serves 38 females, ages 15 to 18, in a non-secure residential commitment program with 24 beds specifically designated for youth with a substance use disorder (SUD). The RSAT Program at DOVE is called Dove Academy Substance Abuse Overlay Services (SAOS) and is currently serving five individuals. It provides gender-responsive, evidence-based services and trauma-informed care aimed at forming strong and meaningful relationships, creating a physical environment conducive to developing girls into strong and independent women, and empowering the girls by allowing them to have a voice in programmatic decisions while driving the development of their treatment and transition goals.

ELIGIBILITY CRITERIA, SCREENING/ASSESSMENT, AND TREATMENT PLANNING

All program participants complete the intake process, which includes the Substance Abuse Subtle Screening Inventory (SASSI) assessment, a tool used to assess whether a person is suffering from a certain SUD. The program provides mental health overlay services (MHOS) in addition to SAOS. However, youth who are physically aggressive or have serious mental health issues or educational limitations are not considered appropriate for the program. Treatment plans are developed after all intake assessments are complete and the program participant has had an initial meeting with a psychiatrist.

MODALITY OF RSAT PROGRAM

The SAOS program at DOVE Academy is a therapeutic community combined with a cognitive behavioral model. The program is based on the Seven Challenges curriculum, a comprehensive counseling program for young people that incorporates work on alcohol and other SUDs, as well as co-occurring disorder (COD) life-skill deficits and situational and psychological problems. It is designed to motivate youth to evaluate their lives, consider changes they may wish to make, and succeed in implementing those changes. Additionally, the program employs Moral Reconciliation Therapy (MRT) in its therapeutic approach.

The average length of stay is between six and nine months, depending on the participant's pace in successfully completing her individualized treatment plan and meeting her goals.

CONTINUING CARE/REINTEGRATION

Once a youth is released from Dove SAOS, a counselor will make a referral to an SUD provider in the community.

PROGRAM HIGHLIGHT

The curriculum includes a health decision-making model that guides girls through the process of comparing the benefits and the harms of their substance use and supports them in making informed decisions, following through on those decisions, and evaluating their progress.

PROGRAM CONTACT INFORMATION

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Information updated 10/9/2020



Duval Academy

Current FY2022 RSAT funded program

OVERVIEW OF PROGRAM

Duval Academy is a structured, non-secure residential treatment program that serves 28 males, ages 14 to 18. Youth receive individual and group mental health services, in addition to substance use disorder (SUD) counseling services. The RSAT Program is known as Duval Academy Substance Abuse Overlay Services (SAOS) and is currently serving 18 individuals with an SUD.

ELIGIBILITY CRITERIA, SCREENING/ASSESSMENT, AND TREATMENT PLANNING

Youth in the RSAT Program have a diagnosed substance-related disorder. They may also have a co-occurring mental health disorder; however, the SUD must be the primary concern. These youth demonstrate impairment in social, emotional, or adaptive functioning related to substance use.

Youth are referred to Duval Academy from the Department of Juvenile Justice (DJJ). Intake is coordinated by all disciplines, including medical, case management, direct care, and mental health, and includes a Massachusetts Youth Screening Instrument (MAYSI), face sheet, post-disposition report (PDR), DJJ Comprehensive, suicide risk assessment, and special alerts. Further, each new arrival is assessed using the Beck Depression Inventory (BDI), Suicide Probability Scale (SPS), and Substance Abuse Subtle Screening Inventory (SASSI). These assessments and a face-to-face interview, as well as a comprehensive biopsychosocial evaluation, are completed within 21 days of admission. If the suicide risk assessment indicates the youth may be in danger of hurting himself or others, he is placed, at minimum, on constant supervision, and suicide prevention procedures are followed. If he is not a suicide risk, he may enter the general population as a new intake, with the concomitant restrictions that status warrants. If for an extenuating circumstance, there is a positive MAYSI but the suicide risk assessment cannot be done right away, the youth will be placed, at minimum, on constant supervision. A safety plan is also completed during the intake process with input from the treatment team, parent or guardian, and youth, and a review of previous records/documentation. Within 14 days of admission, the youth is seen by the psychiatrist for an initial psychiatric evaluation. If he is already on medication when he is admitted, or if during intake it appears he may have a pressing need for medication, he is referred for the first available appointment with the psychiatrist.

Within 24 hours (usually at intake), the youth is assigned to an individual therapist, case manager, primary youth counselor, and therapy group and attends seven days a week. In addition, at the time of admission, each participant develops an initial treatment plan with the intake therapist and includes objectives related to an individualized treatment plan, development of a comprehensive

biopsychosocial assessment, and specific treatment issues. Also, each youth is referred to the psychiatrist for an initial psychiatric evaluation to determine what, if any, psychotropic interventions are needed.

Each program participant also completes a youth self-statement with the help of his individual therapist, to provide feedback regarding his history of problems and motivation to change.

At the first 30-day treatment plan/performance plan, meeting both the treatment plan and the performance plan are presented. All disciplines attend, including mental health, medical, case management, administration, direct care staff, and education, along with a parent or guardian. The performance plan is driven by the Residential Assessment of Youth (RAY) tool. From the comprehensive biopsychosocial evaluation, and within 30 days of admission, the mental health counselor, youth, and his family develop an individualized treatment plan including goals and objectives. The treatment plan and performance plan are reviewed and updated throughout the youth's time in the program, as is the safety plan.

MODALITY OF RSAT PROGRAM

The Duval Academy uses the following evidence-based cognitive behavioral curricula.

Hazelden's *Living in Balance* is a user-friendly SUD treatment curriculum that helps clients address issues in lifestyle areas they may have neglected during addiction. It uses a research-based treatment approach, incorporates 12-step/spiritual learning with cognitive-behavioral learning, presents critical core treatment education, and permits parallel treatment.

The Impact of Crime (IOC) curriculum was created by the Florida Department of Juvenile Justice Office of Residential Services to assist residential programs with following a balanced and restorative justice approach. The IOC curriculum consists of 24 objectives across seven chapters, including Victim Impact and Restorative Justice, Personal Accountability, Introduction to Harm, Consequences of Making Decisions, Ripple Effect of Crime, Managing Conflict, and Road to Reparation. The overarching goal of the curriculum is to teach participating youth empathy and accountability, as well as help them see the effects of their acts on others and their community. The curriculum focuses on skill development and challenging antisocial cognitions, values, and beliefs. Thinking for a Change (T4C) is a program based on the principles of cognitive behavioral therapy (CBT) that teaches prosocial and problem-solving skills to recognize and avoid problematic behaviors. Youth also receive individual and family sessions as outlined in their treatment plans. Educational services, vocational services, medication management, crisis intervention, and transition and discharge planning are also provided.

CONTINUING CARE/REINTEGRATION

As the youth approaches the end of his time at Duval, his case manager notifies the treatment team of the 60-day discharge planning meeting. The mental health counselor attends, initiating the final steps of the transition/discharge plan, which is completed on the day of the 60-day transition meeting. A mental health/SUD treatment discharge summary that includes all continuing care recommendations with regard to mental health is finalized on the youth's last day in the program.

The discharge summary considers services that are needed for daily maintenance of the positive improvements in behavioral, emotional, and social skills. A community reentry meeting is held prior to the youth's release to introduce him and his family to continuing care providers and begin the process of making all necessary referrals. A copy of the discharge summary is provided to the youth, his juvenile probation officer (JPO), and his parent or guardian (as allowed by law).

PROGRAM HIGHLIGHT

The transition process begins at intake. Each youth begins to work on transitioning back into the community from the moment of admission.

PROGRAM CONTACT INFORMATION

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Information updated 5/5/2022



Jacksonville Youth Academy

Current FY2020 RSAT funded program

OVERVIEW OF PROGRAM

Jacksonville Youth Academy (JYA) is a structured, non-secure treatment program that serves up to 24 boys, ages 14 to 18, in a residential setting. Youth receive individual and group mental health and behavioral health treatment services. JYA is a Substance Abuse Overlay Services (SAOS) program.

The program provides evidence-based services to youth who have a substance use disorder (SUD).

ELIGIBILITY CRITERIA, SCREENING/ASSESSMENT, AND TREATMENT PLANNING

Youth who enter JYA have an SUD as described in the Primary Axis 1 *Diagnostic and Statistical Manual of Mental Disorders* (DSM-5) diagnosis of substance-related disorder. Upon admission to the program, youth undergo the following assessments: Massachusetts Youth Screening Instrument (MAYSI-2), Substance Abuse Subtle Screening Inventory (SASSI), Reynolds Adolescent Depression Scale, 2nd edition (RADS-2), Trauma Symptom Checklist for Children (TSCC), Structured Assessment of Violence Risk in Youth (SAVRY), Victimization and Sexually Aggressive Behavior (VSAB), and Adult Self-Report (ASR). These assessments screen for suicide, aggression, SUD, trauma, sexual aggression or victimization, and depression. The comprehensive biopsychosocial assessment is driven by the results of these items and a review of existing mental health files. Collateral information is gleaned from the parents or guardian, and a mental status examination is also completed prior to diagnosis. All youth admitted to the program should have approved judicial consent permitting off-site activities so they can participate in job searches and community restoration.

The program consists of four phases: assessment, treatment planning, treatment, and transition and lasts for six to nine months based on the satisfactory completion of all four phases.

MODALITY OF RSAT PROGRAM

The Jacksonville Youth Academy provides services based on a cognitive behavioral health model.

Evidence-based services are provided based on manualized criteria that include the Cannabis Youth Treatment Series (CYT), Young Men's Work, SAMHSA's Substance Abuse Anger Management for Adolescents, and Teen Relationships. Additional evidence-based programming includes:

Impact of Crime (IOC): The Impact of Crime curriculum was created by the Florida Department of Juvenile Justice Office of Residential Services to assist residential programs in following a balanced and restorative justice approach. The IOC curriculum consists of 24 objectives across seven chapters, including Victim Impact and Restorative Justice, Personal Accountability, Introduction to Harm, Consequences of Making Decisions, Ripple Effect of Crime, Managing Conflict, and the Road to Reparation. The overarching goal of the curriculum is to teach participating youth empathy, accountability, and the effects on others and the community of their acts. The curriculum focuses on skill development and challenging antisocial thoughts, values, and beliefs.

Thinking for a Change (T4C): Thinking for a Change (T4C) is a program based on the principles of cognitive behavioral therapy (CBT) that teaches offenders prosocial behaviors and problem-solving skills to recognize and avoid problematic behaviors.

Youth also receive individual and family sessions as outlined in their treatment plans. JYA offers an education program that includes all course requirements for a standard high school diploma. Academic and career education instruction is provided through the Duval County School District. Jacksonville Youth Academy is a type 2 program and planned career education opportunities include Microsoft Certification.

JYA provides employability skills to youth to prepare them to enter the workforce. Career and technical education programs include Business Education, Florida Ready to Work, Career Planning through Choices, ServSafe Certification, Occupational Safety and Health Administration (OSHA) Certification, and Cardiopulmonary Resuscitation (CPR) and First Aid Certification.

PROGRAM CONTACT INFORMATION

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Information updated 10/15/2020



Pompano Youth Treatment Center

Current FY2020 RSAT funded program

OVERVIEW OF PROGRAM

The Pompano Youth Treatment Center serves males between the ages of 13 and 18 in a non-secure residential commitment program. Participants served are those who have been assessed as needing Substance Abuse Treatment Overlay Services (SAOS) in a residential environment. The program serves up to 24 residents; it is currently serving 15 individuals with substance use and co-occurring disorders.

ELIGIBILITY CRITERIA, SCREENING/ASSESSMENT, AND TREATMENT PLANNING

Clients admitted to the program have been court ordered and committed to a Department of Juvenile Justice (DJJ) program. Suitable clients will have a substance use disorder (SUD) as a primary diagnosis. The clients may have a secondary or co-occurring disorder (COD) as well, but these should not be primary to the substance use concerns.

The screening process begins prior to the youth's arrival at the facility, with a review of documentation provided by the DJJ. These documents include but are not limited to a comprehensive evaluation completed by a licensed mental health professional contracted by the DJJ, a pre- or post-disposition report, and a Community Assessment Tool (CAT) overview report. This is done to help ensure the appropriateness of the youth's placement in the facility. If this review indicates any areas of concern, they are forwarded to the commitment manager to review. New arrivals meet with representatives from the administration, mental health, case management, and medical staffs. They are assessed by each of the disciplines to continue the screening process and ensure the completion of screening assessments including the Massachusetts Youth Screening Instrument (MAYSI-2), Substance Abuse Subtle Screening Inventory (SASSI), Beck Depression Inventory (BDI), and Victimization and Sexually Aggressive Behavior (VSAB), and an assessment of suicide risk.

The individual's primary therapist begins working on developing treatment goals the day he arrives. The individualized treatment plan is developed with input from the multidisciplinary treatment team, which, in addition to mental health, includes representatives from case management, floor staff administration, education, and medical, as well as the facility's recreational therapist. The individualized treatment plan is finalized within 30 days of the individual's arrival at the facility. Typically, treatment lasts six to nine months, depending on the individual's compliance with and progress in his treatment.

MODALITY OF RSAT PROGRAM

The Pompano Youth Treatment Center is a therapeutic community that employs several evidence-based cognitive behavioral curriculums:

Living in Balance: Hazelden's Living in Balance is a user-friendly SUD treatment curriculum that helps individuals address issues in lifestyle areas that may have been neglected during addiction. Living in Balance uses a research-based treatment approach, incorporates 12-step/spiritual learning with cognitive-behavioral learning, presents critical core treatment education, and permits parallel treatment.

Impact of Crime (IOC): The Impact of Crime curriculum was created by the Florida Department of Juvenile Justice Office of Residential Services to assist residential programs with following a balanced and restorative justice approach. The IOC curriculum consists of 24 objectives across seven chapters, including Victim Impact and Restorative Justice, Personal Accountability, Introduction to Harm, Consequences of Making Decisions, Ripple Effect of Crime, Managing Conflict, and the Road to Reparation. The overarching goal of the curriculum is to teach participating youth empathy, accountability, and the effects on others and the community of delinquent acts. The curriculum focuses on skill development and challenging antisocial thoughts and values.

Thinking for a Change (T4C): Thinking for a Change (T4C) is a program based on the principles of cognitive behavioral therapy (CBT) that teaches offenders prosocial behaviors and problem-solving skills to recognize and avoid problematic behaviors.

Youth also receive individual and family sessions as outlined in their treatment plans. Educational services, vocation services, medication management, crisis intervention, and transition/discharge planning are provided as well.

Youth are expected to know, live, and exhibit daily the six pillars of conduct: Respect, Responsibility, Trustworthiness, Caring, Fairness, and Citizenship. They also have the opportunity to engage with the community consistent with restorative justice principles.

Pre-vocational and vocational instruction is provided so that each youth's interests, aptitudes, and skills are developed, while building on their existing strengths in a manner supportive of their employability and providing an occupational advantage in their home communities.

The Pompano Youth Treatment Center is a type 2 program offering a secondary education program that includes all course requirements for a standard high school diploma. Youth receive vocational/career training, industry certification, job placement, mentoring, and support services. Education and vocational services are provided through the Broward County School District. Industry certification programs include Microsoft Office Specialist Bundle, Certified Internet Web Professional, pre-apprenticeship (leading to a paid post-release apprenticeship program) in the Occupational Safety and Health Administration (OSHA), and Apprenticeship Florida certification.

Youth receive End-of-Course (EOC) exam preparation for all tested subjects; ACT and SAT preparation; and access to GED assessment and preparation. This program serves as a GED test site.

CONTINUING CARE/REINTEGRATION

The program has a transition specialist who coordinates with the client's juvenile probation officer (JPO) to set up re-entry and continuing care services when needed.

PROGRAM CONTACT INFORMATION

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