



California

COUNTY JAIL PROGRAMS
Kern County (CA) Sheriff's Office
Sacramento County (CA) Sheriff's Office

County Jail Programs



Kern County (CA) Sheriff's Office

Current FY18 Funding: \$267,820* (\$89,300 county match)

OVERVIEW OF PROGRAM

The Kern County Sheriff's Office RSAT Program is a 100-day, in-custody treatment program providing evidence-based substance use disorder (SUD) treatment to incarcerated men. Participants who successfully complete the in-custody program and are eligible for supervised release enter the continuing care portion of the program for 4 to 6 months. This includes a detailed discharge plan and referral to community-based resources to maximize their ability to successfully reenter the community.

RSAT participants formerly had a separate housing unit. However, with the contraction of the jail in recent years, they are now located in a housing unit with other men who receive other types of programming. The RSAT Program was established in 2013.

A total of 794 participants had completed the RSAT Program by 2019. At the time of this writing, there were 16 active participants in the program. Based on current jail population trends, the Kern RSAT Program estimates it will serve between 90 to 100 participants each fiscal year. The program works closely with a statistics professor from California State University, Bakersfield, to analyze RSAT data using the sample and control group to determine the programs' effectiveness and recidivism rates.

* Funding information estimated or extracted from best available information and may be subject to change

ELIGIBILITY CRITERIA, SCREENING/ASSESSMENT, AND TREATMENT PLANNING

To be eligible for RSAT, individuals must be in the general population and have a history of SUD. Gang members and those with sexual-related offenses are excluded, as are people who have records of altercations with others. Generally, participants should be sentenced (not awaiting trial) and eligible for release with at least 3 to 4 months of supervision, to allow them to complete the continuing care program. However, the program can be flexible with these requirements.

Applicants undergo a screening to confirm they meet the eligibility criteria listed above, including ensuring that they have enough time on their sentence to complete both the in and out of custody portion of the program. Staff assess everyone entering the facility using an offender needs assessment (ONA). Individualized treatment and discharge plans are created and implemented through a series of assessments and individual case management sessions.

MODALITY OF RSAT PROGRAM

All participants receive the evidence-based *Matrix Model* [Hazelden] and Aggression Replacement Training (ART) [Evidence-based Prevention and Intervention Support (EPIS)]. Participants who score high on the risk/needs assessment are also enrolled in moral reconnection therapy (MRT). RSAT staff include four deputies and eight substance abuse program specialists (civilians), all trained to deliver the evidence-based curricula.

Participants attend RSAT programming five days a week, either in the morning or afternoon, for about 2.5 hours, which includes evidence-based curricula mentioned above. When they are not in the RSAT specific treatment groups, their activities include:

- Attending other programs such as MRT;
- Taking adult education classes, such as high school equivalency (GED), parenting, and domestic violence prevention;
- Participating in programming and guest lectures from community-based organizations, such as a gardening program, meditation, sober living homes, driving under the influence (DUI) classes, a jobs center, Planned Parenthood, health care groups, and more.

The program coordinator and staff feel strongly about helping RSAT participants develop a positive relationship with law enforcement personnel. To promote that goal, they have a dedicated deputy in the classroom who spends every day with the participants, building rapport, doing case management, and helping bridge the trust between residents and officers. They also have built solid relationships with many community partner agencies who regularly come into the classroom to develop a connection with the participants to ensure a seamless continuum of care once the participant is released.

Participants must finish all required curricula, complete all homework assignments, and not miss more than 9 days of program participation to graduate. They must also meet requirements such as no alcohol / substance use or behavioral infractions. Graduation is actively celebrated. There is a party that includes refreshments, and the Sheriff participates in the ceremony where photographs are taken.

CONTINUING CARE/REINTEGRATION

Some participants are eligible for sober living homes and some are released to their homes. Through the Kern County Behavioral Health and Recovery Services Gateway team, participants are assigned SUD treatment providers. They are expected to attend meetings and treatment appointments and look for employment. Some are eligible for assistance to go back to school (junior college). Participants are drug-tested while in the aftercare portion of RSAT.

PROGRAM HIGHLIGHT

Upon graduation and release, the program provides participants with backpacks that include hygiene items, t-shirt, undergarments, and a set of interview clothes. The Kern County Sheriff's Office also purchases work attire for those who will be returning to work (i.e., work boots, uniform), and provide them bus passes. RSAT also pays the first few months of electronic monitoring fees if they are released on that program.

CONTINUING CARE PROVIDERS

Kern County Behavioral Health and Recovery Services
1-866-266-4898

PROGRAM CONTACT INFORMATION

Sgt. Dixie Walters
Kern County Lerdo Detention Facility
17695 Industrial Farm Road
Bakersfield, CA 93308
661-391-7349

Information updated 9/17/2019



Sacramento County (CA) Sheriff's Office

Current FY18 Funding: \$314,046* (\$104,483 county match)

OVERVIEW OF PROGRAM

The Sacramento County Sheriff's Office RSAT Program is a 4- to 6-month, in-custody treatment program providing evidence-based substance use disorder (SUD) treatment to both male and female clients. The program is known as Housing for Accountable Living Transition (HALT). Participants in the program live in separate housing units that are set aside for those enrolled in HALT and other treatment and/or education programming. Classes and activities are not co-educational.

Each client is assigned a case manager with whom they meet individually at least weekly. Participants who successfully complete the in-custody program and are eligible for supervised release enter the continuing care portion of the program for up to a year, working with the same case manager they built a relationship with while in custody. The HALT program has strong partnerships with community-based human services and healthcare organizations who work closely with clients preparing for release and serve them after release.

The HALT program was established in 2008. There are currently 46 clients enrolled in both the in-custody and reentry phases of the program. Between July 2018 and October 2019, 27 clients graduated the program and received HALT certificates, and an additional 25 were discharged from the program as "successful," although they did not complete enough course hours to receive a certificate.

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ELIGIBILITY CRITERIA, SCREENING/ASSESSMENT, AND TREATMENT PLANNING

Both court-mandated and self-referred clients are eligible for HALT. Participants should be in general population with a diagnosis of SUD. While individuals who have been sentenced get priority, individuals who are awaiting trial are considered on a case-by-case basis, as are former gang members. In addition, participants must have at least 4 to 6 months left on their sentence and be eligible for release with supervision to complete the program. This is to allow them enough time to complete the continuing care program. These requirements are flexible.

After screening to ensure they meet eligibility requirements and to determine what stage of change they are in, clients are assigned a case manager at intake, who conducts an in-depth risk/needs assessment using a variety of instruments, including the Texas Christian University (TCU) 5 drug screen. The case manager determines the client's level of service need for SUD treatment, healthcare, mental health care, and life skills training. Within 5 days of intake, clients meet with their case manager to develop and implement an individualized treatment plan. All new clients attend an orientation program that explains program requirements in detail and offers an opportunity to ask questions.

MODALITY OF RSAT PROGRAM

The HALT program primarily uses curricula developed by the Change Companies, which are all based on evidence-based practices and center on interactive journaling. The primary curriculum used is the *Residential Drug Abuse Program* (RDAP), which focuses on developing insight and learning skills needed to make positive life changes. Clients also participate in *Thinking for a Change* [National Institute of Corrections] groups and use the *Living in Balance* curriculum [Hazelden]. Three deputies and 10 civilian counselors/case managers are assigned to the program.

Participants attend classes and groups 5 days a week, beginning at 7 a.m. After a lunch break, participants have the option to attend additional treatment groups, education, and/or recreational activities. The program offers vocational programs, such as construction, welding, automotive mechanics, and a culinary program. The reentry services unit, which oversees the HALT Program, works closely with the jail's adult basic education program to ensure that clients have access to meaningful voluntary educational opportunities including earning the general equivalency diploma (GED) and college classes. Tattoo removal is available while in custody for those whose tattoos might interfere with their ability to gain employment.

To graduate, participants must finish all required curricula and time commitments and complete all homework assignments. If clients have time left on their sentences after graduating, they are welcome to continue participating in HALT by acting as mentors to newer participants.

CONTINUING CARE/REINTEGRATION

Exodus Project, a community-based program that mentors people upon reentry, holds a meet and greet with graduating clients before their release. They help individuals reentering the community navigate the service and treatment system, working with each client and their case manager. Clients receive assistance making community connections with housing, sober living, and support groups, as well as post-release job developers who help people update resumes and prepare for interviews.

In these cases, people with new arrests plead guilty but are not incarcerated. Instead they may be sentenced to remain in the HALT program or other treatment options.

PROGRAM HIGHLIGHT

The same case manager assigned to clients when they are in custody works with them post-release for up to 1 year. HALT staff have built strong collaborative relationships with probation and community providers to help ensure that clients in the community have access to services needed to prevent relapse.

HALT works closely with the reentry court to provide non-custodial options to people who are re-arrested while on parole or probation.

MAT PROGRAM INFORMATION

HALT offers a medication-assisted (MAT) program to participants who are close to their release date. They can receive a naltrexone (Vivitrol) injection 2 weeks prior to release and are referred to a MAT community provider. Transportation to the treatment site is provided as needed.

CONTINUING CARE PROVIDERS

Manalive

Daniel Thomas
916-715-0031
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Good Cause

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Exodus Project

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Alcohol Anonymous

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Narcotics Anonymous

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Joanna Boehms (females)
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<https://www.na.org/>

Wellspace Health

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fault.aspx](https://ha.saccounty.net/Pages/default.aspx)**PROGRAM CONTACT INFORMATION**

Sergeant Brandon Gayman #14

Reentry Services Unit

Rio Cosumnes Correctional Center

Sacramento County Sheriff's Office

Desk: 916-874-7673

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