



Arkansas

Prison Program

East Central Arkansas Community Corrections Center
Arkansas Community Correction

County Jail Program

Sevier County Jail

Prison Program



East Central Arkansas Community Corrections Center Current FY2018 RSAT funded program

OVERVIEW OF PROGRAM

The RSAT Program within the East Central Arkansas Community Corrections Center (EC CCC) is a separate 94-bed unit at a facility that houses 350 women.

The EC CCC was first funded around 2005 at another location in Arkansas. It moved to its current location in West Memphis and began operating in April 2016. There are five other RSAT funded Community Correction Centers in Arkansas and one in the Sevier County Jail.

PROGRAM HIGHLIGHT

The Special Needs Program RSAT Program provides services for women with co-occurring disorders (i.e., substance use disorders, mental health disorders, and physical disabilities or limitations). The residents are provided evidence-based services, trauma-informed care, utilize tablet technology, and are offered medication-assisted treatment (MAT) (i.e., naltrexone [Vivitrol]).

ELIGIBILITY CRITERIA, SCREENING/ASSESSMENT, AND TREATMENT PLANNING

Women who enter the DOC receive a mental health screening, an Arkansas-based risk/need instrument, the Addiction Severity Index (ASI), the Rapid Opioid Dependence Screen (RODS), a mental health diagnosis based upon the DSM-5, and educational testing. Based on those results, women who have co-occurring disorders (COD) (i.e., substance use disorder and mental illness and/or physical disability or limitations) are transferred to the RSAT Program at the EC CCC. Women with sexual-related and violent offenses are excluded.

Once women are admitted into the RSAT Program, program staff obtain more information about their mental health issues including post-traumatic stress disorder (PTSD), substance use disorder (SUD), and physical disability (if any). Staff develop a master treatment plan for each woman and review it monthly.

Treatment plans are developed with measurable behavioral change in mind. All women must show changes in thinking and behavior prior to moving through treatment phases and ultimately

completion. RSAT staff and others review a woman's treatment plan and discuss her case before she moves to the next phase of the program.

The program length is 6 to 12 months depending on an individual's needs and how they progress through the program and achieve treatment goals. It is possible for some women to complete the program sooner if doing well and showing observed and measurable behavioral change.

MODALITY OF RSAT PROGRAM

The RSAT Program in the EC CCC is a therapeutic community. There are three phases:

1. Orientation
2. Main Phase
3. Relapse Prevention Phase

When a woman is ready to "phase up," RSAT counselors, the warden, and the assistant warden meet to discuss her individual case and review treatment plan progress. Sometimes they decide that another 30 days at the same phase is best to allow more time for growth and healing.

As women progress through the phases, they gain more responsibility. They may be expected to get jobs within the facility and mentor the new "sisters" just entering the program. There is a weekly Encounter Group that participants attend to practice new behaviors with each other in a safe, supportive atmosphere such as communication and expression.

Classes and groups include:

- *Seeking Safety* [Treatment Innovations — Lisa Najavits]
- Domestic violence,
- Release and reintegration,
- Housing and budget skills,
- Art therapy, and
- *Living in Balance* [Hazelden].

Both peer Alcoholics Anonymous/Narcotics Anonymous (AA/NA) groups and community-based commitments occur on a regular basis. There are vocational skills training certifications classes in welding, boiler room, and ServSafe® (food and beverage safety). The EC CCC will use Second Chance Grant funds to set up college courses.

The RSAT Program provides tablets that enable participants to:

- Study for their HiSET (high school equivalency test),
- Take Khan Academy online courses,
- Take lessons on art history and other areas, and
- Play games.

There is a high completion rate for the program, according to anecdotal reports. Most disciplinary problems are managed within the program, but more serious behaviors can lead to transfer back to a DOC facility. When this occurs, women are welcomed back to the CCC to complete the RSAT program after serving her DOC sanctioned sentence.

RSAT participants meet with a private vendor approximately 30 to 45 days prior to release to complete applications for health insurance, obtain a Social Security card, and a new birth certificate, if needed. Once a woman is ready to complete the program, she may be approved for parole supervision or return to probation supervision. Those who were on drug court supervision return to that arrangement. CCC staff work with the courts to help find transitional housing and continued treatment, as necessary.

MAT PROGRAM INFORMATION

Women with opioid use disorder (OUD) receive MAT (e.g., naltrexone). Medical staff talk to interested women about the risks and benefits of MAT several months before their scheduled release. If blood tests show that a woman will be able to tolerate naltrexone, she tries an oral dose several days before her release to ensure she is not allergic. She then receives an injection 24 to 48 hours prior to release and leaves with an already-scheduled appointment with a provider in the community.

CONTINUING CARE PROVIDERS

MAT Providers

Counseling Associates, Inc. – Conway

350 Salem Road, Suite 1
Conway, AR 72034
501-336-8300

Point of Contact: Rhomie King
rking@caiiinc.org

Ozark Guidance – Bentonville

2003 SE Walton Boulevard
Bentonville, AR 72712
479-725-6000

Point of Contact: Libby Bier
479-418-3869
Libby.Bier@ozarkguidance.org
MAT.Recovery@ozarkguidance.org

ARCARE – Little Rock

11219 Financial Centre Parkway,
Suite 200
Little Rock, AR 72211
501-455-2712

Point of Contact: Jae Hargro
jae.hargro@arcare.net

Western Arkansas Counseling and Guidance Center, Inc.

3111 South 70th Street
Fort Smith, AR 72903
479-.452-6650

Point of Contact: Karen McGrew
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Mental Health Services

Passion Unlimited Counseling & Consulting LLC

16609 Cantrell Road, Suite 14
Little Rock, AR 72223
Phone: 501-825-0189

Point of Contact: Christina Allen
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www.PassionUnlimitedllc.com

Conway Counseling & Wellness

855 S. German Lane #1
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501-358-6606

Point of Contact Dr. Ayisha Canant
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Transitional Housing

Hope House of Recovery

3517 W. 25th Street
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Point of Contact: Tacha Ramos

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Phoenix Recovery, Inc.

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PROGRAM CONTACT INFORMATION

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Information updated 4/2/2019



Arkansas Community Correction

Current FY2018 RSAT funded program

OVERVIEW OF PROGRAM

RSAT funding is distributed within the Community Correction Center (CCC) locations and in one jail, the Sevier County Jail. This is the first time in several years that a jail in AK has received RSAT funding; the state hopes to provide RSAT funding for a second jail during the next funding cycle. The RSAT program was first funded around 2005.

The main RSAT program is run out of the East Central Arkansas Community Correction Center. (See the previous entry for the East Central Arkansas Community Correction Center for additional details.)

Community Correction Center Locations

- Central Arkansas CCC: Little Rock
- East Central Arkansas CCC: West Memphis
- Northeast Arkansas CCC: Osceola
- Northwest Arkansas CCC: Fayetteville
- Omega Supervision Sanction Center: Malvern
- Southwest Arkansas CCC: Texarkana

ELIGIBILITY CRITERIA, SCREENING/ASSESSMENT, AND TREATMENT PLANNING

Individuals with non-violent or non-sexual related offenses may be ordered to a CCC in one of three ways:

1. **Judicial Transfer.** The individual is sentenced to the Arkansas Department of Corrections (DOC) with a transfer to incarceration at a CCC where the sentence is four years or less.
2. **Probation Plus Program.** A probationer may be ordered by the judge, upon violation of condition of their probation, to serve up to 365 days at a CCC.
3. **Drug-Court Short-term Treatment.** Participants in a drug court program may be sanctioned by their judge to 30, 60, or 90 days of intensive substance use disorder (SUD) treatment at a CCC. Drug court participants may also be sanctioned by their judge to incarceration at a CCC for up to 365 days. Treatment for the short-term program includes individual and group therapy, 12-step Alcoholics Anonymous (AA) and Narcotics Anonymous (NA), process/static

group, pre-release, life skills group, cognitive intervention, parenting, peer support, mental health referrals, relapse prevention, and anger management. Residents participate in 25 to 28 hours of treatment per week. Staff work closely with each resident to make sure that the resident has a plan to address individual needs, which strengthens the recovery process.

MODALITY OF RSAT PROGRAM

The goal of the CCCs is to facilitate development of permanent lifestyle changes so residents will become contributing, law-abiding citizens while in the center and upon return to the community. Emphasis is placed on resolution of personal issues, responsibility, and accountability for one's behavior. Both RSAT jail- and prison-based programs include multiple activities, such as group work and counseling sessions. Staff use cognitive-behavioral therapy (CBT) and interventions and integrate co-occurring disorder (COD) treatment into the therapeutic community. Treatment models and modalities include:

- *Seeking Safety* [Treatment Innovations — Lisa Najavits] PTSD, and SUD treatment curriculum
- Medication-assisted treatment (pilot programs in East Center AR CCC, Southwest AR CCC, Omega Supervision Sanction)
- Domestic violence program (Southwest AR CCC)
- *Parenting Inside Out* program (in one center for women only)

Those who complete therapeutic programming may be released on parole, if approved by the Parole Board. Probation Plus participants remain under the authority of the court and return to probation once they have completed treatment. Drug court participants remain under the authority of the court and return to drug court supervision once they have completed treatment.

MAT PROGRAM INFORMATION

Three Arkansas CCCs are piloting medication-assisted treatment (MAT):

1. East Center AR CCC
2. Southwest AR CCC
3. Omega Supervision Sanction

PROGRAM HIGHLIGHT

Participants who successfully complete the jail's program are typically paroled and phase into a 9-month continuing care program. This requires each person to attend at least three meetings with an assigned counselor and regularly attend some form of self-help group, such as AA/NA, or a faith-based group. Participants do not "graduate" from the entire RSAT Program until they have completed the jail and continuing care programs.

CONTINUING CARE/REINTEGRATION

A special event is planned for graduates.

CONTINUING CARE PROVIDERS

MAT Providers

***Counseling Associates, Inc.–
Conway***

350 Salem Road, Suite 1
Conway, AR 72034
501.336.8300
Point of Contact: Rhomie King
rking@caiiinc.org

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2003 SE Walton Boulevard
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ARCARE–Little Rock

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Point of Contact: Jae Hargro
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and Guidance Center, Inc.***

3111 South 70th Street
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PROGRAM CONTACT INFORMATION

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County Jail Program



Sevier County Jail

Current FY2022 RSAT funded program

OVERVIEW OF PROGRAM

The RSAT program at the Sevier County Jail is a 90-day intensive in-jail program coupled with a nine-month aftercare program where men and women are supported through their reentry. The program is currently serving 11 individuals in the 90-day intensive program and 34 individuals in the aftercare portion of the program. While incarcerated, program participants are housed in a dedicated unit. Program participants are offered evidence-based substance use treatment programming aimed at breaking the cycle of addiction.

The Program first received RSAT funding in August of 2017 and began admitting individuals that same year.

The program does not offer MAT.

ELIGIBILITY CRITERIA, SCREENING/ASSESSMENT AND TREATMENT PLANNING

Admission to the RSAT program is guided by an Objective Inmate Classification method using the Northpointe Classification Tree. Participants must have Minimum-Security classification and have no history of violent sexual offenses.

Potential participants are given a medical and mental health assessment upon intake by a third-party provider; however no formal screening tools are used as a basis for admission to the program. Once the screening is complete, individuals interested in participating in the program can make a formal application for admission to the program which is reviewed by the jail administrator and program coordinators. The prosecuting attorney then decides which individuals are admitted to the program based on the type of crime committed, criminal history and the candidate's acknowledgement of a history of drug use.

MODALITY OF TREATMENT

The RSAT program at the Sevier County jail is a Therapeutic Community that employs the evidence-based Matrix Model which combines cognitive behavioral counseling and motivational interviewing as well as the cognitive behavioral-based criminal thinking curriculum.

Other modalities employed are mindset training, “Bridges to Poverty” and “Getting Ahead While Getting Out” courses and classroom sessions that focus on understanding four core vulnerabilities:

- Biological Vulnerability – does your genetic makeup make you susceptible to addiction?
- Psychological Liability – what is the real root of your addiction?
- Social Context – are there situations to avoid that serve as triggers?
- Spiritual Emptiness – is there something else missing that substance cannot fulfill?

Treatment planning is done collaboratively between counselors and participants.

Additional evidence-based services and curriculums include NA, AA, Celebrate Recovery, Authentic Manhood, Anger Management, and a GED Prep course.

AFTERCARE/REINTEGRATION

The aftercare portion of the program is 9-months and includes three mandatory meetings per week as well as random drug testing. Individuals that complete the 90-day intensive program are paired with a Peer Recovery Specialist that encourages the individual to attend mandatory meetings and helps them negotiate possible triggers that might lead to a relapse. There are currently three Peer Specialists assigned to the RSAT program with several trainees that volunteer their time to receive training hours. At the end of the nine-month aftercare program, participants graduate at a banquet hosted by the First Baptist Church of De Queen, celebrating their courage, bravery, and behavior change.

PROGRAM HIGHLIGHT

The RSAT Program has a 72% success rate with a 17% recidivism rate. A recent docuseries on this program can be viewed on Discovery Plus titled “The Program: Prison Detox”.

PROGRAM CONTACT INFORMATION

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