



Arkansas

PRISON PROGRAMS

East Central Arkansas Community Corrections Center
Arkansas Community Correction

Prison Program



East Central Arkansas Community Corrections Center

Current FY18 Funding: \$381,856* (statewide)

OVERVIEW OF PROGRAM

The RSAT Program within the East Central Arkansas Community Corrections Center (EC CCC) is a separate 94-bed unit at a facility that houses 350 women.

The EC CCC was first funded around 2005 at another location in Arkansas. It moved to its current location in West Memphis and began operating in April 2016. There are five other RSAT funded Community Correction Centers in Arkansas and one in the Sevier County Jail.

PROGRAM HIGHLIGHT

The Special Needs Program RSAT Program provides services for women with co-occurring disorders (i.e., substance use disorders, mental health disorders, and physical disabilities or limitations). The residents are provided evidence-based services, trauma-informed care, utilize tablet technology, and are offered medication-assisted treatment (MAT) (i.e., naltrexone [Vivitrol]).

ELIGIBILITY CRITERIA, SCREENING/ASSESSMENT, AND TREATMENT PLANNING

Women who enter the DOC receive a mental health screening, an Arkansas-based risk/need instrument, the Addiction Severity Index (ASI), the Rapid Opioid Dependence Screen (RODS), a mental health diagnosis based upon the DSM-5, and educational testing. Based on those results, women who have co-occurring disorders (COD) (i.e., substance use disorder and mental illness and/or physical disability or limitations) are transferred to the RSAT Program at the EC CCC. Women with sexual-related and violent offenses are excluded.

Once women are admitted into the RSAT Program, program staff obtain more information about their mental health issues including post-traumatic stress disorder (PTSD), substance use disorder (SUD), and physical disability (if any). Staff develop a master treatment plan for each woman and review it monthly.

* Funding information estimated or extracted from best available information and may be subject to change

Treatment plans are developed with measurable behavioral change in mind. All women must show changes in thinking and behavior prior to moving through treatment phases and ultimately completion. RSAT staff and others review a woman's treatment plan and discuss her case before she moves to the next phase of the program.

The program length is 6 to 12 months depending on an individual's needs and how they progress through the program and achieve treatment goals. It is possible for some women to complete the program sooner if doing well and showing observed and measurable behavioral change.

MODALITY OF RSAT PROGRAM

The RSAT Program in the EC CCC is a therapeutic community. There are three phases:

1. Orientation
2. Main Phase
3. Relapse Prevention Phase

When a woman is ready to "phase up," RSAT counselors, the warden, and the assistant warden meet to discuss her individual case and review treatment plan progress. Sometimes they decide that another 30 days at the same phase is best to allow more time for growth and healing.

As women progress through the phases, they gain more responsibility. They may be expected to get jobs within the facility and mentor the new "sisters" just entering the program. There is a weekly Encounter Group that participants attend to practice new behaviors with each other in a safe, supportive atmosphere such as communication and expression.

Classes and groups include:

- *Seeking Safety* [Treatment Innovations - Lisa Najavits]
- Domestic violence,
- Release and reintegration,
- Housing and budget skills,
- Art therapy, and
- *Living in Balance* [Hazelden].

Both peer Alcoholics Anonymous/Narcotics Anonymous (AA/NA) groups and community-based commitments occur on a regular basis. There are vocational skills training certifications classes in welding, boiler room, and ServSafe® (food and beverage safety). The EC CCC will use Second Chance Grant funds to set up college courses.

The RSAT Program provides tablets that enable participants to:

- Study for their HiSET (high school equivalency test),
- Take Khan Academy online courses,
- Take lessons on art history and other areas, and
- Play games.

There is a high completion rate for the program, according to anecdotal reports. Most disciplinary problems are managed within the program, but more serious behaviors can lead to transfer back to

a DOC facility. When this occurs, women are welcomed back to the CCC to complete the RSAT program after serving her DOC sanctioned sentence.

RSAT participants meet with a private vendor approximately 30 to 45 days prior to release to complete applications for health insurance, obtain a Social Security card, and a new birth certificate, if needed. Once a woman is ready to complete the program, she may be approved for parole supervision or return to probation supervision. Those who were on drug court supervision return to that arrangement. CCC staff work with the courts to help find transitional housing and continued treatment, as necessary.

MAT PROGRAM INFORMATION

Women with opioid use disorder (OUD) receive MAT (e.g., naltrexone). Medical staff talk to interested women about the risks and benefits of MAT several months before their scheduled release. If blood tests show that a woman will be able to tolerate naltrexone, she tries an oral dose several days before her release to ensure she is not allergic. She then receives an injection 24 to 48 hours prior to release and leaves with an already-scheduled appointment with a provider in the community.

CONTINUING CARE PROVIDERS

MAT Providers

Counseling Associates, Inc. – Conway

350 Salem Road, Suite 1
 Conway, AR 72034
 501-336-8300
 Point of Contact: Rhomie King
rking@caiinc.org

Ozark Guidance – Bentonville

2003 SE Walton Boulevard
 Bentonville, AR 72712
 479-725-6000
 Point of Contact: Libby Bier
 479-418-3869
Libby.Bier@ozarkguidance.org
MAT.Recovery@ozarkguidance.org

ARCARE – Little Rock

11219 Financial Centre Parkway,
 Suite 200
 Little Rock, AR 72211
 501-455-2712
 Point of Contact: Jae Hargro
jae.hargro@arcare.net

Western Arkansas Counseling and Guidance Center, Inc.

3111 South 70th Street

Fort Smith, AR 72903
 479-452-6650
 Point of Contact: Karen McGrew
karen.mcgreg@wacgc.org

Mental Health Services

Passion Unlimited Counseling & Consulting LLC

16609 Cantrell Road, Suite 14
 Little Rock, AR 72223
 Phone: 501-825-0189
 Point of Contact: Christina Allen
 LPC
www.PassionUnlimitedllc.com

Conway Counseling & Wellness

855 S. German Lane #1
 Conway, AR 72034
 501-358-6606
 Point of Contact Dr. Ayisha Canant
Ayisha@conwaycps.com

Transitional Housing

Hope House of Recovery

3517 W. 25th Street
Little Rock, AR 72204
Point of Contact: Tacha Ramos

lnramos@ualr.edu

Phoenix Recovery, Inc.

1224 Jersey Street
Conway, AR 72032
501-499-6696

Kat Davies Point of Contact

info@phoenixarkansas.com

PROGRAM CONTACT INFORMATION

Venita Banister, Assistant Director for Residential Treatment for ACC

Venita.Banister@arkansas.gov

Information updated 4/2/2019



Arkansas Community Correction

Current FY18 Funding: \$278,000*

OVERVIEW OF PROGRAM

RSAT funding is distributed within the Community Correction Center (CCC) locations and in one jail, the Sevier County Jail. This is the first time in several years that a jail in AK has received RSAT funding; the state hopes to provide RSAT funding for a second jail during the next funding cycle. The RSAT program was first funded around 2005.

The main RSAT program is run out of the East Central Arkansas Community Correction Center. (See the previous entry for the East Central Arkansas Community Correction Center for additional details.)

Community Correction Center Locations

- Central Arkansas CCC: Little Rock
- East Central Arkansas CCC: West Memphis
- Northeast Arkansas CCC: Osceola
- Northwest Arkansas CCC: Fayetteville
- Omega Supervision Sanction Center: Malvern
- Southwest Arkansas CCC: Texarkana

ELIGIBILITY CRITERIA, SCREENING/ASSESSMENT, AND TREATMENT PLANNING

Individuals with non-violent or non-sexual related offenses may be ordered to a CCC in one of three ways:

1. **Judicial Transfer.** The individual is sentenced to the Arkansas Department of Corrections (DOC) with a transfer to incarceration at a CCC where the sentence is four years or less.
2. **Probation Plus Program.** A probationer may be ordered by the judge, upon violation of condition of their probation, to serve up to 365 days at a CCC.

* Funding information estimated or extracted from best available information and may be subject to change

- 3. Drug-Court Short-term Treatment.** Participants in a drug court program may be sanctioned by their judge to 30, 60, or 90 days of intensive substance use disorder (SUD) treatment at a CCC. Drug court participants may also be sanctioned by their judge to incarceration at a CCC for up to 365 days. Treatment for the short-term program includes individual and group therapy, 12-step Alcoholics Anonymous (AA) and Narcotics Anonymous (NA), process/static group, pre-release, life skills group, cognitive intervention, parenting, peer support, mental health referrals, relapse prevention, and anger management. Residents participate in 25 to 28 hours of treatment per week. Staff work closely with each resident to make sure that the resident has a plan to address individual needs, which strengthens the recovery process.

MODALITY OF RSAT PROGRAM

The goal of the CCCs is to facilitate development of permanent lifestyle changes so residents will become contributing, law-abiding citizens while in the center and upon return to the community. Emphasis is placed on resolution of personal issues, responsibility, and accountability for one's behavior. Both RSAT jail- and prison-based programs include multiple activities, such as group work and counseling sessions. Staff use cognitive-behavioral therapy (CBT) and interventions and integrate co-occurring disorder (COD) treatment into the therapeutic community. Treatment models and modalities include:

- *Seeking Safety* [Treatment Innovations - Lisa Najavits] PTSD, and SUD treatment curriculum
- Medication-assisted treatment (pilot programs in East Center AR CCC, Southwest AR CCC, Omega Supervision Sanction)
- Domestic violence program (Southwest AR CCC)
- *Parenting Inside Out* program (in one center for women only)

Those who complete therapeutic programming may be released on parole, if approved by the Parole Board. Probation Plus participants remain under the authority of the court and return to probation once they have completed treatment. Drug court participants remain under the authority of the court and return to drug court supervision once they have completed treatment.

PROGRAM HIGHLIGHT

Participants who successfully complete the jail's program are typically paroled and phase into a 9-month continuing care program. This requires each person to attend at least three meetings with an assigned counselor and regularly attend some form of self-help group, such as AA/NA, or a faith-based group. Participants do not "graduate" from the entire RSAT Program until they have completed the jail and continuing care programs.

MAT PROGRAM INFORMATION

Three Arkansas CCCs are piloting medication-assisted treatment (MAT):

1. East Center AR CCC
2. Southwest AR CCC
3. Omega Supervision Sanction

CONTINUING CARE/REINTEGRATION

A special event is planned for graduates.

CONTINUING CARE PROVIDERS

MAT Providers

***Counseling Associates, Inc.–
Conway***

350 Salem Road, Suite 1
 Conway, AR 72034
 501.336.8300
 Point of Contact: Rhomie King
rking@caiinc.org

Ozark Guidance–Bentonville

2003 SE Walton Boulevard
 Bentonville, AR 72712
 479.725.6000
 Point of Contact: Libby Bier
 479.418.3869
Libby.Bier@ozarkguidance.org
MAT.Recovery@ozarkguidance.org
www.ozarkguidance.org

ARCARE–Little Rock

11219 Financial Centre Parkway,
 Suite 200
 Little Rock, AR 72211
 501.455.2712
 Point of Contact: Jae Hargro
jae.hargro@arcare.net

***Western Arkansas Counseling
and Guidance Center, Inc.***

3111 South 70th Street
 Fort Smith, AR 72903
 479.452.6650
 Point of Contact: Karen McGrew
karen.mcgrew@wacgc.org

Mental Health Services

***Passion Unlimited Counseling
& Consulting LLC***

16609 Cantrell Road,
 Suite 14
 Little Rock, AR 72223
 Phone: 501-825-0189
 Point of Contact: Christina Allen
 LPC
www.PassionUnlimitedllc.com

Conway Counseling & Wellness

855 S. German Lane #1
 Conway, AR 72034
 501-358-6606
 Point of Contact: Dr. Ayisha
 Canant
Ayisha@conwaycps.com

Transitional Housing

Hope House of Recovery

3517 W. 25th Street

Little Rock, AR 72204

Point of Contact: Tacha Ramos

lnramos@ualr.edu

Phoenix Recovery, Inc.

1224 Jersey Street

Conway, AR 72032

501-499-6696

Point of Contact: Kat Davies

info@phoenixarkansas.com

karen.mcgrew@wacgc.org

PROGRAM CONTACT INFORMATION

Venita Banister, Assistant Director for Residential Treatment for ACC

Venita.Banister@arkansas.gov

Information updated 2/5/2019