



Rhode Island

PRISON PROGRAM

Rhode Island Department of Corrections

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FY2023 RSAT funded program

OVERVIEW OF PROGRAM

The Rhode Island Department of Corrections (RIDOC) RSAT Program is located within the John J. Moran Medium Security Facility (MED). RSAT participants reside in a dedicated area of the facility. The RSAT Program is for men only and designed to last 6 months. In 2017, 118 men completed the program.

ELIGIBILITY CRITERIA, SCREENING/ASSESSMENT, AND TREATMENT PLANNING

The state operates under a unified system. Upon commitment to the DOC all individuals undergo a medical and behavioral health assessment and are referred to a medication-assisted treatment (MAT) physician if appropriate.

Referrals to the RSAT Program by the adult counselor/case manager, who they meet within 30 days of being admitted to the facility. The counselor/ case manager uses the Level of Services/Case Management Inventory needs assessment to determine if an individual is a good fit for the RSAT Program. Once a person is deemed appropriate for substance use disorder treatment by the counselor/case manager a referral is made to the RSAT program.

An RSAT program clinician will complete a psychosocial assessment based on the ASAM criteria. The results of the LSI-R along with the outcome of the psychosocial assessment are reviewed to determine appropriateness for the program.

Upon acceptance to the program, individuals meet with their assigned clinician to develop a treatment plan. Program participants must be within 180 days of their discharge date to be eligible for RSAT. Their discharge date should not be much greater than a month following completion of the program.

MODALITY OF RSAT PROGRAM

The RSAT Program utilizes a modified therapeutic community model. The program offers a variety of evidence-based group treatment curricula, as well as cognitive behavioral therapy (CBT) groups, relapse prevention, overdose prevention, and education on administration of naloxone (Narcan).

Individuals begin the program by attending group four times per week. As they progress through the program, they can decrease group attendance. Typically, participants attend groups at least three times per week during the duration of the program.

The program includes:

- 3 hours of morning programming that includes morning meeting and individually assigned treatment groups.
- 3 hours of afternoon programming that involves other treatment groups.
- Bi-weekly individual therapy sessions.
- Peer recovery services run by RSAT alumni speakers.

RSAT program participants are required to attend one recovery group led by an Anchor Recovery Coach. While ongoing attendance at recovery groups is not mandatory, participants are encouraged to do so and to work with recovery coaches during and after their incarceration. Participants graduate from the program once all groups and assignments outlined in their treatment plan are completed and their assigned counselor has given approval.

MAT PROGRAMMING

All three forms of FDA-approved MAT for opioid use disorder (OUD) are available to the entire population in RIDOC. Most individuals who need MAT are already receiving it when they enter the RSAT Program as a result of the assessment upon entry to the facility.

The state partners with a vendor organization that provides MAT within the prison. This vendor has nine locations throughout the state. When an individual receives treatment while incarcerated, they become a patient of the MAT agency at one of these sites and can continue treatment with the vendor until they are transferred to their preferred provider.

CONTINUING CARE/REINTEGRATION

Discharge planners meet with RSAT participants to discuss needs that may be addressed within the community and to schedule initial appointments with community providers as appropriate.

The program utilizes Recovery coaches who are based in the community at the Anchor Recovery Center (ARC). ARC provides a wide array of support services and has a special group for those who are newly discharged from incarceration. Recovery coaches meet with program participants while on the inside and encourage participants to connect with them on the outside at ARC.

What We Can Learn From This Program

Recovery coaches work with RSAT participants to assist with their transition to the community and establish a foundational relationship that they can continue once they are released into the community.

CONTINUING CARE PROVIDERS

Anchor Recovery Center

Info@anchorrecovery.org

PROGRAM CONTACT INFORMATION

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