Ohio

PRISON PROGRAM MonDay Community Correctional Institution

COUNTY JAIL PROGRAM

Franklin County Office of Justice Policy and Programs Franklin County Community Based Correctional Facility Hamilton County Mental Health and Recovery Services Lorain/ Medina Community Based Correctional Facility West Central Community Correctional Facility

CONTINUING CARE REINTEGRATION PROGRAM STAR House Western Ohio Regional Treatment and Habilitation Center (W.O.R.T.H)

Prison Program

MonDay Community Correctional Institution Formerly funded RSAT program

OVERVIEW OF PROGRAM

RSAT funding previously supported the Residential Drug Abuse Treatment cognitive curriculum for high-risk residents (male and female) at MonDay Community Correctional Institution. The program was first funded in 1998 and was created with the intent to increase the opportunity for success in a long-term residential treatment setting among people who have extensive substance use and mental health disorder histories.

ELIGIBILITY CRITERIA, SCREENING/ASSESSMENT, AND TREATMENT PLANNING

To be eligible for the six-month RSAT program, an individual must:

- 1. Score as high risk to reoffend using the Ohio Risk Assessment System (ORAS); and
- 2. Be diagnosed with a substance use disorder (SUD) or co-occurring mental health by a licensed mental health professional using the DSM-5 and biopsychosocial assessments.

MODALITY OF RSAT PROGRAM

This six-month program consists of multiple treatment activities, including group work and individual counseling sessions. Screening, eligibility, and admission criteria are established by MonDay's governing board. Men and women who have committed felonies are referred by the sentencing Court of Common Pleas, as well as by Judicial Release.

Staff utilize cognitive behavioral therapy (CBT) interventions and integrate treatment into this residential setting. CBT focuses on treating the residents' SUD, criminogenic behavior, and any cooccurring mental health disorder. For high-risk residents, the RSAT program integrates the biopsychosocial perspective with the causes of SUDs using the Stages of Change model.

Each resident is assigned a clinician who provides counseling and case management services. The clinician and resident collaboratively develop an individual case plan addressing criminogenic needs by developing goals and a timetable for completion. The case plan is based on the risk-needs-responsivity (RNR) principle and revised as necessary based on the resident's progress.

Treatment consists of cognitive curricula and a behavior management system that requires the resident demonstrate the ability to acquire and integrate social skills to successfully complete it. Group work focuses on self-accountability and interactive journaling. The separate programs are tailored to meet gender-specific needs.

Some other approaches/classes used by the team are:

- Thinking for a Change is a National Institute of Corrections (NIC) curriculum that utilizes an approach to change residents' behavior with a combination of techniques to increase selfawareness.
- The University of Cincinnati Corrections Institute Cognitive Behavioral Interventions Substance Abuse (UCCI CBI-SA) curriculum teaches strategies to avoid relapse, with an emphasis on skill-building activities.
- Anger management class teaches residents about the anger cycle, how thinking affects behavior, the physical symptoms of anger, and how to effectively deal with conflicts.
- Relationships class is specifically designed for female residents, with an emphasis on developing interpersonal skills.
- Parenting class is designed to assist residents in building on their strengths to develop or enhance their parenting skills.

Participants must actively participate and demonstrate progress in the program, without breaking facility and/or program rules.

CONTINUING CARE/REINTEGRATION

On average, 30 residents (20 males; 10 females) are enrolled in the RSAT Program at one time. The program serves about 60 residents per year and their goal is for 65% to complete the program successfully. Participants who successfully complete it continue on probation as they transition into their community's services and supports. MonDay serves six counties and works with multiple agencies to connect people to their continuing care or reintegration needs prior to release.

MAT PROGRAMMING

Residents are eligible for the SOR program to receive at least 2 Vivitrol shots while in the facility and continue with it upon release. Some residents defer getting their first shot until the day of their release.

PROGRAM CONTACT INFORMATION

Michael Flannery, RSAT Program Contact MonDay Community Correctional Institute 1951 S. Gettysburg Ave. Dayton, OH 45417 FlanneryM@mcohio.org 937-496-3002

Information updated 5/13/2022

County Jail Programs

Franklin County Office of Justice Policy and Programs
<u>FY2024 RSAT Funded Program</u>

OVERVIEW OF PROGRAM

RSAT funding at Franklin County Office of Justice Policy and Programs is used to implement the Pathways Achieving Recovery by Choice program designed for male and female justice involved individuals who have an identified opioid use disorder or have been identified as at-risk for an unintentional overdose upon their release from incarceration.

Utilizing a multi-layered and evidence-based approach to reduce drug-related overdoses and overdose-related fatalities, Pathways includes the following pre-release program elements:

- Screening and assessment
- Cognitive-behavioral intervention groups utilizing the University of Cincinnati's Cognitive-Behavioral Interventions for Substance Use (CBI-SU) curriculum
- Comprehensive recovery management planning
- Post-release treatment, including transitional housing, peer support linkage, and community resource navigation.

ELIGIBILITY CRITERIA, SCREENING/ASSESSMENT, AND TREATMENT PLANNING

To be eligible for the pathways program, individuals must be incarcerated at Franklin County Correctional Center, identified substance use (except exclusive alcohol use), and security levels 3-5. Eligibility is further determined by history of incarceration (excludes first time offenses) with preference for known release date to ensure full dosage of pre-release services.

Individuals are referred to services from the pre-release MAT Coordinator, who screens all individuals who triggered the Clinical Opiate Withdrawal Scale (COWS) upon intake into the facility. Individuals may also submit a call-card to the facility's Social Services Department. From there, Pathways staff will visit the individual to screen for eligibility.

MODALITY OF RSAT PROGRAM

This program is a jail-based program (short-term treatment readiness). CBI-SU groups occur twice a week for eight weeks and can be offered for up to 15 individuals at a time in cohorts.

MAT PROGRAMMING

Individuals in the program have access to naltrexone (Vivitrol), buprenorphine, and methadone. The following are offered for induction only: Naltrexone (injection and oral) and Sublocade. Methadone and other forms of buprenorphine are offered for continuation only.

CONTINUING CARE/REINTEGRATION

All individuals will complete an individualized transitional re-entry/recovery plan with staff. This plan goes over the individual's unique reentry and recovery goals, including treatment, housing, access to public assistance and benefits, medical care, employment, education, childcare services, safe transportation, etc. All individuals additionally have access to the Rapid Resource Center upon their release where they can receive immediate on-site reentry planning services and access to Peer Support Specialists and Community Healthcare Workers.

Individuals involved in pre-release MAT services who are involved in the Pathways program are linked with a Peer Support Specialist who assists with providing linkage to post-release treatment services. For the Male Pathways program, we contract with Basecamp Recovery, who offers inhouse treatment services. Individuals in the Male Pathways program receive an uninterrupted continuity of care from pre- to post-release.

Participants work with case managers and peers from pre-release into post. Program staff will engage with participants within 48 hours of their release. Thereafter, a minimum of one in-person check-in per week is required. In addition to aftercare treatment linkage, the team will offer transportation assistance, transitional housing, procurement of state identification documents, vocational and employment services, basic hygiene products, and assistance navigating the various justice, health and human services systems. Participants will have access to Pathways support, alumni groups, and recovery meetings.

PROGRAM CONTACT INFORMATION

Courtney Moats Grants Administrator Office of Justice Policy and Programs 373 S. High Street, 25th Floor Columbus, Ohio 43215 614-525-2592 Courtney.moats@franklincountyohio.gov

Information updated 5/14/2024

Franklin County Community Based Correctional Facility FY2024 RSAT Funded Program

OVERVIEW OF PROGRAM

RSAT funding at Franklin County Community Based Correctional Facility is used to provide salaries to the RSAT program staff who enter CBCF weekly to provide information regarding their program and case management services to residents, for supplies (laptop for staff), and for curriculum workbooks.

The RSAT program, named Basecamp Behind the Walls, was created to link incarcerated clients with substance use treatment services prior to release to enhance the capacity for continued care after discharge.

Basecamp Behind the Walls is unique in that residents can become linked with Basecamp Recovery and can become accepted into a partial hospitalization program that they will automatically enter upon being released from CBCF. Case management services are also provided for the last month of a resident's program at CBCF from Basecamp staff so residents can become appropriately introduced to services.

ELIGIBILITY CRITERIA, SCREENING/ASSESSMENT, AND TREATMENT PLANNING

To be eligible for the program, residents are administered the Texas Christian University Drug Screen 5 (TCUDS 5). If residents meet criteria to be diagnosed with a substance use disorder, they are invited to participate in Basecamp behind the walls if they are interested.

MODALITY OF RSAT PROGRAM

The program consists of case management services, linkage with partial hospitalization, sober living upon release, and medication assisted treatment.

MAT PROGRAMMING

Individuals in the program have access to naltrexone (Vivitrol), buprenorphine (only in specific circumstances), and methadone (only in specific circumstances).

CONTINUING CARE/REINTEGRATION

All individuals are offered housing and linkage to SUD treatment as a part of re-entry planning. Residents are prescribed MAT upon release as needed and services are continued through Basecamp Recovery. The aftercare portion of the program consists of partial hospitalization, IOP, and ultimately outpatient care.

PROGRAM CONTACT INFORMATION

Joshua Wiseman Director of Justice Programming joshw@basecampmed.com 740-466-4103

Information updated 5/14/2024

Hamilton County Mental Health and Recovery Services FY2024 RSAT Funded Program

OVERVIEW OF PROGRAM

The RSAT program for Hamilton County is called the Jail Based Treatment program and is overseen by Talbert House. RSAT funding is utilized to pay for staffing and assisting discharged clients in reacclimating to the community. The funds have been used to assist with the costs of transportation, housing, and work clothes.

Program participants include those individuals who are sentenced to the program, and since the program first began in February of 2021, program participation has increased each year. Clients who have participated in the RSAT program have a lower rate of recidivism than non-participants

ELIGIBILITY CRITERIA, SCREENING/ASSESSMENT, AND TREATMENT PLANNING

All clients are eligible for the RSAT program services while participating in jail-based treatment. The main screening tool used by the Jail Based Treatment program is the Ohio Risk Assessment System Community Supervision Tool (ORAS). Treatment services available to clients include weekly individual therapy sessions using an Effective Practices in Community Settings (EPICS) model.

MODALITY OF RSAT PROGRAM

The RSAT program operates as a jail-based treatment program. Peer support services are provided to both male and female clients while receiving services. Peer coaches are assigned by gender.

MAT PROGRAMMING

Program participants with opioid use disorder have access to naltrexone and buprenorphine for treatment. Medications are available to clients for induction, and individuals are also linked to continued MAT upon discharging from the program. Overdose education training is provided to individuals, and upon release to the community individuals are provided with Narcan.

CONTINUING CARE/REINTEGRATION

As clients prepare for discharge, barriers to effective reentry and continued services are often apparent in areas such as housing, transportation, ability to apply for benefits, basic living needs, access to care, medication assisted treatment etc, Thus, the Jail Based Treatment program considers these factors with clients in their reentry planning.

For continuity of care for medications for opioid use disorder, within 48 hours a client is connected to community-based substance use disorder treatment services with coordinated transportation by the peer recovery coach/community case manager.

The two weeks post discharge are a vital time in the transition process and as such, in addition to accompanying the client to the initial appointment at a community-based treatment provider, the peer recovery coach/community case manager will make daily contact with the client. Daily contact can include phone calls, in-person visits, text messages etc. If a client is encountering difficulty engaging, the peer recovery coach/community-based case manager can attempt to contact the client at his/her residence and contact the client's probation officer for assistance.

After the initial two-week reentry period, successful contacts may decrease to once per week throughout the eight weeks post discharge. Examples of recovery support services include:

- Access to medication assisted treatment
- Assistance with employment
- Transportation vouchers
- Basic needs (groceries, personal hygiene, work attire, etc.)
- Housing assistance.

PROGRAM CONTACT INFORMATION

Snezana Tenhundfeld 2350 Auburn Avenue Cincinnati, Ohio 45219 snezanat@hcmhrsb.org 613-946-8650

Audrey Dumas Associate Director <u>Audrey.dumas@talberthouse.org</u> 513-653-3867

Information updated 5/20/2024

Lorain/ Medina Community Based Correctional Facility FY2024 RSAT Funded Program

OVERVIEW OF PROGRAM

RSAT funding supports the Medicated Assisted Treatment (MAT) program and the purchasing of prescribed medications for program participants with Opioid Use Disorder in the Lorain/ Medina Community Based Correctional Facility (CBCF). The Lorain/Medina CBCF is a correctional facility that provides cognitive behavioral programming to offenders on probation/parole supervision.

Individuals are sentenced to the CBCF due to violating probation/parole conditions before the court/parole board considers prison. Thus, all residents in the facility must be on misdemeanor or felony probation, or on Post Release Control or parole. Based on the offender's criminogenic needs, residents are then placed in cognitive behavioral programming that they are required to participate in during their residency.

The Lorain/Medina CBCF opened in 1997 as a male only facility. In 2006, the facility expanded and opened a women's wing. At that time, the facility housed 60 male clients and 16 female clients. In 2016, the facility expanded again increasing the number of beds for both the male and female population. At this time, the facility can house 100 male and 30 female clients.

ELIGIBILITY CRITERIA, SCREENING/ASSESSMENT, AND TREATMENT PLANNING

Upon intake into the facility, individuals that are already prescribed MAT services would be referred to the facility medical staff where they can continue medications prescribed through the facility doctor. Residents that are in Chemical Dependency services during their residency and are interested in entering MAT services would put in a request with their Case Manager. The Case Manager would then refer them to the facility medical staff where the resident would be presented with the option of being prescribed naltrexone.

The Lorain/Medina CBCF utilizes the Ohio Risk Assessment System (ORAS) determine the offenders risk level for recidivism along with identifying criminogenic needs. The Substance Abuse Subtle Screening Inventory (SASSI) is used to assess substance use issues.

Treatment services available within the program include drug and alcohol education and relapse prevention programs, which are part of the New Directions series provided through Hazelden. These programs are evidence-based cognitive behavioral programs. Also utilized by the program, Living in Balance is an evidence-based program that draws from cognitive, behavioral, and experiential treatment approaches with a strong emphasis on relapse prevention.

OH-11

The program also utilizes didactic education and instruction, written exercises, group process interaction through role plays and discussion, relaxation and visualization exercises, and group-oriented recreational therapy exercises. The Living in Balance curriculum is used for Chemical Dependency Group.

MODALITY OF RSAT PROGRAM

The average length of stay for program participants is between 100 and 120 days, with a maximum number of days being 180. The Lorain/Medina Community Based Correctional Facility follows a cognitive behavioral approach for all programming offered in the facility, and all offenders that enter the facility are required to participate in these programs throughout their residency. These programs included Thinking for a Change and Criminal & Addictive Thinking.

MAT PROGRAMMING

Program participants have access to naltrexone (Vivitrol) and buprenorphine (Sublocade) for opioid use disorder. Naltrexone and

What we can learn from this RSAT program

In addition to the cognitive behavioral programs offered in the facility, Lorain/ Medina CBCF also offers educational and vocational programming to residents. A GED program is offered to residents that do not have a high school diploma. The program also offers vocational programming provided by Lorain County Community College that includes Welding, Manufacturing, and OSHA certification.

buprenorphine are available for continuation, and naltrexone is available for induction. The Lorain County Health Department provides an overdose education program for those individuals that are interested. Narcan is available for all residents upon discharge from the facility and is also made available by the Lorain County Health Department.

CONTINUING CARE/REINTEGRATION

Any criminogenic needs that scored moderate or high on the Ohio Risk Assessment System (ORAS) assessment are included in reentry planning. Individuals that are in the MAT program during the program are referred and connected to a substance use treatment agency that can provide these services upon release from the facility. For aftercare services, residents in the MAT program are referred to an outside treatment facility that can continue to provide MAT services along with continuing treatment services to address substance abuse issues.

PROGRAM CONTACT INFORMATION

Steven Figueroa, Program Director Lorain/Medina Community Based Correctional Facility 9892 Murray Ridge Road Elyria, Ohio 44035 sfigueroa@Imcbcf.com 440-281-9708

Information updated 5/14/2024

West Central Community Correctional Facility FY2024 RSAT Funded Program

OVERVIEW OF PROGRAM

RSAT funding supports the Medicated Assisted Treatment (MAT) Program and the expenses for treatment for individuals with opioid use disorder at West Central Community Correctional Facility.

The West Central MAT/Residential Substance Use Disorder Treatment (RSUDT) program is a new program at West Central, a community based correctional facility located in Marysville, OH that service men and women in 8 counties.

The program is 4–6 months in length and provides cognitive behavioral treatment to the residents of or program, with a focus on substance use disorders. The program also address the Criminogenic Needs as described by the Ohio Risk Assessment System (ORAS).

ELIGIBILITY CRITERIA, SCREENING/ASSESSMENT, AND TREATMENT PLANNING

To be eligible for the MAT/RSUDT program, an individual must have an identified opioid use disorder (OUD). Participants must also have a moderate to high risk score on the substance use domain on the Ohio Risk Assessment System (ORAS). The program utilizes the following assessments and screening tools:

- Biopsychosocial Assessments
- Ohio Risk Assessment System
- Substance Abuse Subtle Screening Inventory

Treatment plans are developed by each participants individual counselor upon completion of a Biopsychosocial Assessment. Those enrolled in the program are given the Residential Drug Abuse Program (RDAP) workbooks from The Change Company, are placed in Substance Abuse Group, and are enrolled in the West Central MAT program.

MODALITY OF RSAT PROGRAM

The 4–6-month MAT/RSUDT program includes specific group times for Substance Abuse Group, Thinking for a Change, and others Monday through Friday. Each group is scheduled daily at specific 1 ½ hour blocks. Residents are given the opportunity to participate in whole community teach-backs, which are scheduled twice daily. Treatments and interventions utilized in the program include the Change Companies RDAP workbook curriculum, the University of Cincinnati's Cognitive Behavioral Intervention for Substance Abuse (CBI-SA) curriculum, various Hazelden Guides, and Thinking for a Change.

In order to support individuals with co-occurring disorders, the program employs a full-time Mental Health Counselor, as well as partnering with an agency to provide a part-time counselor. They also provide various Mental Health Medications.

MAT PROGRAMMING

Program participants have access to naltrexone in the injectable or pill form for opioid use disorder. Participants are then eligible to receive a Vivitrol injection one week prior to completing the program. Participants are continued on medications that they had been prescribed prior to entering the program. They are also provided with a 30-day bridge dose upon discharge.

Individuals are provided overdose training and are provided Narcan upon release, as West Central MAT/ RSUDT Program is a Project Dawn satellite for the Union County Health Department (*Project DAWN* [Deaths Avoided With Naloxone] is a network of opioid overdose education and naloxone distribution programs [OENDP] coordinated by the Ohio Department of Health. More information is available online <u>https://odh.ohio.gov/know-our-programs/project-dawn/project-dawn</u>).

CONTINUING CARE/REINTEGRATION

As part of reentry planning, the program links participants to various resources, including:

- Follow up substance use disorder and mental health treatment
- Housing
- Employment
- Medicaid
- Obtaining vital documents, such as state identification, birth certificate, and driver's license

The program begins the process of having them apply for Medicaid, and links them with a provider that can provide both SUD counseling and Medicated Assisted Treatment. There is an aftercare program in 4 counties that involves Case Management, Group Facilitation, individual sessions, and working directly with Probation Departments in those counties.

PROGRAM CONTACT INFORMATION

Scott Zwiezinski Program Director West Central Community Correctional Facility 18200 State Route 4N Marysville, Ohio 43040 szwiezinski@wcccf.org 937-644-2838 ext. 229

Information updated 4/19/2024

Continuing Care Reintegration Program

Sheriff's Treatment And Recovery (STAR) House FY2024 RSAT funded program

OVERVIEW OF PROGRAM

Located on the grounds of the Shelby County Jail and under the "umbrella" of the Shelby County Sheriff's Office, The RSAT Program at STAR house is considered an aftercare program and is a transitional treatment house that provides a safe and sober living environment for individuals who are being released from jail.

This program is geared towards people that are actively involved in working on their recovery while in jail and have agreed to be part of a re-entry program to help them in their recovery process after release. The STAR House provides a sober living environment to assist people who are committed to sobriety and making life changes that will assist them with re-entering society as productive, law-abiding citizens. The goal is that through treatment, programming, and mentoring, individuals will lead a life with purpose and realize that their recovery is a lifestyle change to assist them in living as healthy productive members of the community. The length of stay in the program is approximately 6.5 months. The S.T.A.R Program House first received RSAT funding in 2020 and began admitting individuals that same year. The program has the capacity to serve 20 male residents.

ELIGIBILITY CRITERIA, SCREENING/ASSESSMENT, AND TREATMENT PLANNING

The primary criteria for admission the STAR House program are that the applicant must be an incarcerated male over the age of 18 with a moderate to severe substance use disorder on diagnostic criteria and have an evidenced-based assessment that indicates a medium to high criminogenic risk. Additionally, men must be motivated for recovery and complete recovery groups while incarcerated while remaining drug free. The individual must serve a minimum of 30 days in jail prior to admission and must be on probation and participate in jail work crew without incidents.

Those referred into the program complete a diagnostic assessment in the jail facility with a licensed and clinically trained mental health professional from an outpatient substance use disorder treatment provider. Residents are offered the choice of referrals to three local providers, including Momentum Counseling, Scripts 360, and The Family Resource Center. They may also seek treatment outside of these providers, as long as the provider is an evidence-based substance use disorder treatment program that will work alongside the STAR House and probation requirements.

MODALITY OF TREATMENT

Guided by the ASAM level of care, there are a total of four phases in the program and an optional fifth phase. Each phase lasts a minimum of 30 days with the final phase lasting until graduation. Phase One has no privileges, including no cell phone. With minimal distractions, residents can put their focus on their recovery. Each phase thereafter the

What we can learn from this RSAT Program

A typical day for an RSAT participant may include all or some of the following:

- Employment
- Outpatient treatment
- Peer Support meeting or recovery group (in house)
- Daily chores
- Cooking own meals
- Attending sober supported recovery meetings five times a week
- Interacting with peers playing games, listening to music, watching movies.

resident earns privileges, eventually earning overnight visits. A resident can submit a letter for Phase Five. If approved, the resident will no longer have to do daily house chores.

Outpatient treatment is facilitated by the contracted treatment provider and includes evidence-based treatment and counseling services. Additionally, there are onsite recovery groups which are facilitated by Certified Peer Recovery support staff.

Residents meet with staff to ensure they are making sustained progress. In order to successfully complete the program, residents must achieve the following goals:

- Compliance with both Family Resource Centers treatment recommendations or successful completion and probation
- Obtain GED (if no GED/diploma)
- Maintain full-time employment
- Maintain a budget
- Obtain employer health benefits (if reasonably priced)
- Pay off all court fines
- Maintain a savings account with minimum of \$5.00 a week.
- Have the funds needed for the first month's rent and security deposit (unless resident already has secured housing prior to entering program)
- Secure "safe" housing
- Save and pay for any owed utilities and required utility deposits
- Make regular payments to child support, when applicable.

- Pay off fees from Shelby Co. Jail
- Follow ALL treatment recommendations with FRC
- Completes one hour of service work a month
- Obtain and maintain sponsor or mentor

Additionally, residents must submit a letter of consideration with at least the following information:

- What have you gained/learned from the program?
- What have you changed since participating in the program?
- Why should you be considered for graduation?

Residents are also encouraged to add suggestions/comments about the program.

MAT PROGRAMMING

The STAR House provides referrals for MAT to the treatment providers they work with. The program accepts those prescribed naltrexone. Occasionally inmates leaving jail and entering the STAR House program may receive MAT prior to jail release and will continue on the medication while in the program.

PROGRAM CONTACT INFORMATION

Rachel Wells, BA, CDCA Executive Director S.T.A.R. House 597 Gearhart Rd. Sidney, Ohio 45365 (937) 494-2102 Office Phone (937) 494-2115 Fax Rachel.wells@shelbycountysheriff.com

Information updated 5/8/24

Western Ohio Regional Treatment and Habilitation Center (W.O.R.T.H) Current FY2024 RSAT funded program

OVERVIEW OF PROGRAM

The W.O.R.T.H Center is a residential community corrections facility for men and women from nine counties who have been placed on probation by the Common Pleas Court that otherwise would be sentenced to incarceration in a state penal institution.

The RSAT program at the W.O.R.T.H Center is currently serving 78 men and women with a maximum capacity of 99 beds. This four-to-six-month intensive program provides participants with evidence-based substance use treatment combined with an extensive aftercare component in many of the counties served. It is the basic philosophy of the W.O.R.T.H Program that the correctional system should be viewed as a continual process with the emphasis on treatment in the community.

ELIGIBILITY CRITERIA, SCREENING/ASSESSMENT, AND TREATMENT PLANNING

Admission to the RSAT Program at the W.O.R.T.H Center requires approval by the Clinical Service Director after review of a candidates Presentence Investigation Report (PSI). Additionally, an individual must score moderate to high for substance use on the Ohio Risk Assessment System Assessment (ORAS). Treatment plans are developed that address problem areas identified on the ORAS Assessment.

MODALITY OF RSAT PROGRAM

The RSAT program includes multiple activities, such as group work and individual counseling. Primary cognitive behavioral programming includes Thinking for a Change and Cognitive Behavioral Interventions for Substance Abuse (CBI-SA). Current RSAT programming also includes The Epictetus Self-Mastery Program, Moving On: A Program for At-Risk Women, Conflict Resolution and a Parenting Class designed to assist residents in building on their strengths to develop or enhance their parenting skills. Additional modalities in trauma specific curriculum, which includes gender specific material, are also provided to residents.

There are four phases of the program:

• **Orientation:** All initial assessments and initial treatment plans are completed in the first 30 days of the program. During this period, the resident is not permitted outside the secure parameter of building, and there is no visitation, or outside passes. This period of time is designated for orientation classes, assessments, individual sessions, and becoming acclimated to the program.

- **Transitional:** This period of the program starts with the bulk of programming classes. Residents will be able to have visitation and begin to take small outside passes into the community.
- Conditional: This period of the program is the last for the resident. The resident will take some extended passes into the community to assist with becoming acclimated to society again. Resident will be finishing up programming requirements and begin release planning.
- Aftercare: Aftercare workers will work with individual residents to adjust relapse prevention plan. The worker will also assist in being a link with or for probation. The aftercare worker will also assist in any area that appears to be a barrier for the individual while in the community. Cognitive Behavioral Interventions will continue to be a part of treatment during this period.

MAT PROGRAMMING

Residents currently have access to oral naltrexone and Vivitrol for opioid use disorder. The W.O.R.T.H. Center is also working to provide buprenorphine and methadone to participants in the near future through partnership with a community resource. Residents are able to start new MAT medications at the facility, as well as to continue them if they already have a prescription. The W.O.R.T.H Center also coordinates with the local health department to provide Narcan and educational information on its use, prior to being released.

CONTINUING CARE/REINTEGRATION

The W.O.R.T.H Center currently offers aftercare in four of the nine counties served. Clients meet with an aftercare worker prior to meeting with their probation officer. Each aftercare worker is trained in cognitive interventions to help clients practice CBT interventions in real life settings. Aftercare workers also assist clients in obtaining public assistance and employment if needed and are equipped with cars, phones, laptops, food cards, Walmart cards and gas cards to assist in immediate barriers.

PROGRAM CONTACT INFORMATION

Brent Burk 243 E. Bluelick Road Lima, Ohio 45802 419-222-3339 bburk@theworthcenter.org

Information updated 5/3/24