



New York

PRISON PROGRAM

Marcy Correctional Facility
Wallkill Correctional Facility
Collins Correctional Facility

COUNTY JAIL PROGRAM

Niagara County Correctional Facility

Prison Program



Collins Correctional Facility

Current FY2023 RSAT funded program

OVERVIEW OF PROGRAM

Collins Correctional Facility is a state prison for men within the New York Department of Corrections. A full program description is coming soon.

PROGRAM CONTACT INFORMATION

Nichol Rivers

Chief, Corrections Program Research

New York State Department of Corrections and Community Supervision

Nichol.Rivers@dccs.ny.gov

518-408-0285

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Prison Program



Marcy Correctional Facility

Current FY2023 RSAT funded program

OVERVIEW OF PROGRAM

The RSAT Program at Marcy Correctional Facility is a 6- to 12-month program in a separate unit designed to assist 118 men in meeting individualized treatment plan goals needed to achieve and maintain an alcohol- and drug-free lifestyle. The program uses a variety of evidence-based

treatment components and strategies, including Motivational Interviewing (MI), cognitive behavioral therapy (CBT), didactic seminars, small-group activities, and individual counseling, to provide inmates with a comprehensive treatment experience. RSAT is based on a person-centered continuum of recovery treatment model.

PROGRAM HIGHLIGHT

The RSAT Program at Marcy was first funded in approximately 1996. At this point, it is one of the only programs in New York.

ELIGIBILITY CRITERIA, SCREENING/ASSESSMENT, AND TREATMENT PLANNING

Men who are admitted to the RSAT Program must have both an identified substance use disorder (SUD) and sufficient time to address treatment plan goals prior to release. Men are screened at reception and throughout their incarceration for SUD treatment needs with the Michigan Alcoholism Screening Test (MAST), Simple Screening Inventory, computerized record and guidance record review for documented substance use and treatment history, and biopsychosocial interviews. Once SUD treatment needs are established, the individual is placed on a required program list (RPL), which is prioritized by proximity to earliest release date (ERD). When his name is reached on the RPL, he is added to the RSAT Program. Prior to placement, each prospective RSAT participant completes a pre-treatment rapid toxicology screen and, if applicable, a confirmatory urinalysis screen.

After completion of an admission and comprehensive evaluation (ACE), each participant collaborates on an individualized person-centered comprehensive treatment plan, based on information gathered during the ACE. The treatment plan takes into account cultural and social factors, as well as each individual's particular characteristics, conditions, and circumstances, and is developed to meet his identified needs in relevant life areas. At a minimum, these include alcohol and substance use and any other pertinent issues that may be related to or affected by the RSAT participant's alcohol and/or drug use. Established goals support the treatment of the identified diagnostic impression or deferred diagnostic impression, address the master problem list, and identify short- and long-term goals that can be reasonably addressed during the identified treatment service.

MODALITY OF RSAT PROGRAM

The RSAT Program in Marcy Correctional Center is a therapeutic community (TC). There are three stages; each has clear milestones. Some are treatment plan based and some are RSAT community participation based. The expectation is that the further one progresses, the more is expected in terms of responsibility for oneself and for others within the community. There are community meetings that include pull-ups and push-ups, incentives for progress, and sanctions for those who fail to live up to community standards. Most sanctions include learning experiences within the RSAT Program, treatment plan review/revision, or referral for counseling.

The RSAT Program schedule includes education and counseling groups, small-group counseling and process groups, audio/visual presentations, lecture and discussion groups, topic groups, individual counseling, and community meetings. Curricula utilized may include *Stop the Chaos*, *The Change Companies' Corrective Actions*, and Hazelden's *Living in Balance*.

CONTINUING CARE/REINTEGRATION

An RSAT participant is discharged when he has satisfactorily achieved the goals and objectives identified in the comprehensive treatment plan and subsequent treatment plan updates, has an approved relapse prevention and continuing recovery plan, and has participated in substance use treatment for a cumulative duration of between 6 and 12 months. This assumes direct treatment services are provided 12 hours per week.

Transitional services programming is made available to the general population facility, including Transitional Services III, which assists individuals preparing for re-entry and release. In addition, re-entry and aftercare needs are addressed in the development of the continuing recovery plan (CRP). At a minimum, the CRP includes an individualized relapse prevention plan, identification of pre- and post-release recommendations that identify unaddressed items from the master problem list as developed during the ACE and suggested follow-up, and a summary of the course of treatment that specifies the person's progress, or lack thereof, on identified comprehensive treatment plan goals. Assigned offender rehabilitation coordinators prepare parole board prep and discharge planning. Community supervision staff ensure the conditions of release are met. That most often includes participation in SUD treatment assessment and prescribed community-based services.

PROGRAM CONTACT INFORMATION

Nichol Rivers

Chief, Corrections Program Research
New York State Department of Corrections and Community Supervision
Nichol.Rivers@doccs.ny.gov
518-408-0285

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Prison Program



Wallkill Correctional Facility

Current FY2023 RSAT funded program

OVERVIEW OF PROGRAM

Wallkill Correctional Facility is a medium security level state prison for men within the New York Department of Corrections. It is located north of Wallkill, New York. It houses adult men. The RSAT Program at Wallkill Correctional Facility is a 6-month long community within a separate unit of the facility. The program uses a variety of evidence-based treatment components.

ELIGIBILITY CRITERIA, SCREENING/ASSESSMENT, AND TREATMENT PLANNING

Substance use disorder is assessed through use of the Michigan Alcohol Screening Test (MAST) and the Simple Screening instrument (SSI). As stated in the ASAT Policy and Procedures, the major criterion for eligibility is presence of substance use disorder. For a biopsychosocial assessment, the program utilizes the Substance Abuse Treatment Admission and Comprehensive Evaluation (ACE) to gather additional information. Program staff reported utilizing the results of this assessment and interviews to appropriately inform treatment planning.

MODALITY OF RSAT PROGRAM

The ASAT program is 6 months in length and located within its own unit in the facility. The program utilizes 12 of 12 evidence-based practices. The treatment program uses Hazelden's "A New Direction" curricula which is based on cognitive behavioral therapy (CBT).

Treatment plans are produced collaboratively with participants and are reviewed every 60 days. Additionally, pro-social programming accounts for the majority of the participants' day. Program staff have one on one conversations with individuals and describe the use of "pull ups" by community members to address non-compliant behaviors.

MAT PROGRAM

All program participants have access to continuation or induction of all FDA approved medications for opioid use disorder: methadone, buprenorphine, and naltrexone. Methadone patients are managed via contract by opioid treatment programs in the community. For psychiatric medications, all individuals are assessed upon arrival by mental health staff for medication continuation and evaluation. Overdose education, naloxone use education, and naloxone is provided for all releasing individuals.

CONTINUING CARE/REINTEGRATION

Reentry planning assists participants with continuing medical care, housing, continued treatment, and signing up for public assistance benefits. The program and NY DOC as a whole have strong connections to post-release supervision as participants are assigned a probation officer four months prior to release from the facility so that a relationship can be established. There are many linkages in place with community-based organizations, including the Ready Willing Able Program to help prevent homelessness.

Collaborative discharge planning is completed with all clients prescribed medications for alcohol and opioid use disorder, which includes linkage to community providers. Medical services reported that methadone patients have discharge planning to prevent a gap in the dosing and buprenorphine patients are provided with enough medication to cover until their scheduled appointment at a community provider's office. All other medications are given in a 30-day supply upon release.

There is one peer specialist in the program. Participants also have access to mutual self-help support groups such as AA and NA.

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Nichol Rivers

Chief, Corrections Program Research
New York State Department of Corrections and Community Supervision
Nichol.Rivers@dccs.ny.gov
518-408-0285

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County Jail Program



Niagara County Correctional Facility

Current FY2022 RSAT funded program

OVERVIEW OF PROGRAM

The RSAT Program at the Niagara County Correctional Facility is called The Best Self Recovery Transition Program and is administered through Best Self Behavioral Health. Best Self provides education, peer support and discharge planning post release to individuals with substance use disorders, as well as education on options for medication assisted treatment (MAT) if there is a need. The goal of the Best Self Recovery Transition Jail Service is to provide incarcerated individuals with supportive services to live a substance free life, providing education about substance use disorders, teaching coping skills, meditation, and evidence-based curricula. Additionally, Best Self provides individuals with alternatives to obtaining vocational/educational opportunities post-release leading to self-sufficiency, independence, and an overall enhanced quality of life. While incarcerated, individuals are identified through screening or self-reporting, as suffering from opiate/substance use disorder. These individuals are then housed together in the same physical environment to promote participation in services provided.

The Best Self Recovery Transition program was first funded in February 2020 and began admitting participants in October of that year. The program is currently serving 19 participants.

MAT/Vivitrol is currently offered to clients upon request.

ELIGIBILITY CRITERIA, SCREENING/ASSESSMENT, AND TREATMENT PLANNING

Participants are initially screened by Prime Care Medical during intake and then referred to the Recovery Transitions team for additional screening/assessments to determine RSAT eligibility based on substance use disorder to include cocaine, marijuana & alcohol. Eligibility criteria for RSAT is determined using a diagnostic review process utilizing the DSM V to identify substances of abuse. Treatment plans are developed with the participants based on the needs, goals and challenges identified during completion of CCBHC assessment and individual sessions.

MODALITY OF RSAT PROGRAM

The modality of the RSAT program is based on co-occurring disorder and trauma informed evidence-based curriculums. This 90-day program includes multiple activities including Interactive journaling and the use of evidence-based curricula Seeking Safety and Living in Balance. Typically, RSAT participants attend their scheduled group either in the AM or PM session and meet with their counselor for individual therapy weekly.

The phases/ stages of modules include Getting Started, Responsible Thinking, Social Values, Self-Control, Family Ties and Peer Relationships.

RSAT program completion/graduation occurs after active participation in groups twice a week for 90 days and completion of identified Interactive journaling assignments.

CONTINUING CARE/REINTEGRATION

Prior to re-integrating back into the community, individuals are linked with a discharge planner who facilitates contact with medication assisted treatment, resources for employment, educational opportunities, care coordination and housing post-release. Identified individuals are encouraged to engage in treatment beyond incarceration utilizing these resources. Linkages to community resources include referrals to both inpatient and outpatient behavioral health and substance use care, Adult Career and Continuing Education Services-Vocational Rehabilitation through ACCESS-VR and Buffalo Employment & Training a community-based housing services. In addition, participants are offered Narcan kits and Fentanyl strips upon release.

PROGRAM CONTACT INFORMATION:

Valarie Guthrie-Potts, B.S., CASAC
Assistant Program Director of Jail Services
Recovery Transitions Jails Team
Best Self Behavioral Health, Inc.
262 Woodward Avenue
Buffalo, New York 14217
Office: 716-566-7771 ext 1936
Cell: 716-346-4108
Fax: 716-873-0564
Email: Vguthriepotts@bestselfwny.org

Shirley L. Radford, M.S. LMHC-P, CASAC-T
Program Director of Recovery Transitions
BestSelf Behavioral Health
262 Woodward Ave.
Kenmore, NY 14217
Office (716) 566-7771 ext. 2125
Cell (716) 374-3968
Email: Sradford@bestselfwny.org

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