



New Mexico

PRISON PROGRAMS

New Mexico Corrections Department

JUVENILE AND YOUNG ADULT PROGRAM

The Second Judicial Court Young Adult Court Treatment Program

Prison Program



New Mexico Corrections Department

FY2024 RSAT funded program

OVERVIEW OF PROGRAM

The RSAT funded program at the New Mexico Corrections Department (NMCD), referred to as the the Residential Drug Abuse Program (RDAP), was established in 2012. This program operates at seven NMCD facilities: Northeast New Mexico Correctional Facility, Springer Correctional Facility, Penitentiary of New Mexico, Western New Mexico Correctional Facility - North, Roswell Correctional Facility, Leah County Correctional Facility, and Southern New Mexico Correctional Facility - Joe Silva Unit (JSU). The RDAP program is a 6-month intensive residential program designed to assist individuals with alcohol use disorder (AUD), substance use disorder (SUD), and antisocial behavioral patterns

ELIGIBILITY CRITERIA, SCREENING/ASSESSMENT, AND TREATMENT PLANNING

Applicants to the RDAP program must have between nine months and two years to serve on the current or consecutive sentence, including projected good time credits, at the time of admittance. Individuals that do not meet this two-year requirement are still encouraged to apply and will be selected on a case-by-case basis.

Clinical admission guidelines for RDAP are:

- a protracted history of substance abuse, associated criminal charges, and pose a danger to public safety (i.e. numerous DWI convictions and/or violence associated with substance abuse).
- severe substance abuse problems that are considered high risk and high need, as determined by the COMPAS (Correctional Offender Management Profiling for Alternative Sanctions) assessment.
- completed the interview phase of the selection process, signed a consent for treatment, and completed RDAP Contract.

- meet the diagnostic criteria of any of the Substance Related and Addictive Disorders as defined by the DSM-5 (Diagnostic and Statistical Manual of the Mental Disorders, Fifth Edition).

In addition to the clinical guidelines and criteria above, Behavioral Health Services Staff complete an RDAP Assessment, a TCU (Texas Christian University) Drug Screen V with the Opioid Screen Addendum, and a treatment plan for every RDAP member within 30 days of entering. All applicants must be over 18 years old at the time of admittance.

A standardized diagnostic needs assessment is administered to determine the extent of use, abuse dependency, and codependency. An individualized treatment plan is developed and implemented by a multidisciplinary clinical team that includes medical, mental health, and substance use professionals. The use treatment services may include substance abuse assessments and diagnosis, problem identification, and the development of individual treatment objectives and goals. The construction and use of treatment plans include drug education, individual counseling and relapse prevention/management.

MODALITY OF RSAT PROGRAM

The RDAP is a 500-hour, six-month, intensive residential program designed to assist individuals who are incarcerated within the New Mexico Corrections Department with AUD, SUD, and antisocial behavioral patterns. The length of the RDAP program can be extended to a longer length of time due to security/facility issues if approved by the Behavioral Health Bureau Chief or designee.

The RDAP operates as a therapeutic community that requires participants to commit to the program and focus on the pro-social self-change needed to move through the stages of change. The program has policies in place to allow individuals to complete the program, especially focused on those within 60 days of completing the RDAP program. Program participants are expected to actively engage in the program and all RDAP related activities, homework, meetings, groups, and work assignments.

A major part of the program's daily curriculum includes the Residential Drug Abuse Program Curriculum by The Change Companies. As additional treatment, program staff utilize a standardized evidence-based treatment program as approved by NMCD that employs ideologies of the social learning theory to target the development of pro-social behavior. Group therapy is the primary mode of intervention for RDAP participants. This includes intervention techniques such as interpersonal and cognitive problem solving, peer-oriented group therapy programs, role modeling, social skills training, psycho-dramatization, and cognitive behavioral techniques.

The RDAP peer support services allow program participants to volunteer to serve as program mentors following their graduation from RDAP. Treatment staff select potential mentors from the graduate volunteers. Mentors assist new RDAP residents in adjusting to the RDAP and assist RDAP participants that need help with writing and homework assignments due to language and/ or reading

WHAT WE CAN LEARN FROM THIS RSAT PROGRAM

The NMCD will be piloting a homegrown Certified Peer Support Worker (CPSW) program at Western New Mexico Correctional Facility (WNMCF) in partnership with Health Services Department/Behavioral Health Services Division Office of Peer Recovery. The CPSW tracks recidivism and success rates of the RDAP program and their partnerships.

difficulties. These peer RDAP graduates may continue as program mentors and are paid at the equivalent rate to education tutors or those in similar positions.

Individualized treatment plans are developed and implemented by a multidisciplinary clinical team that includes medical, mental health and substance abuse professionals to support individuals with co-occurring disorders. RDAP will refer clients that may require mental health services to the Behavioral Health Department. Trauma-informed care is incorporated into the men's programs through the use of Hazelden's Building Resilience programming.

The program also has gender-responsive services, including a gender specific trauma informed program for women. The program also utilizes outside resources and organizations to do capsule groups throughout the year that the women are able to attend. One example of this a group through the organization Women in Leadership. The group is run by former program participants that are now Certified Peer Support Workers under the supervision of the University of New Mexico.

MAT PROGRAMMING

MAT is available in the form of naltrexone (Vivitrol). Additionally, individuals in the program are provided with overdose education training and are provided with naloxone (Narcan) upon release.

CONTINUING CARE/REINTEGRATION

Reentry planning for RDAP includes recovery maintenance and transition (Reentry Phase). Residents advanced to the Reentry Phase of the RDAP process will be in Program III for a period not less than two months. Reentry is the phase in which the resident must strengthen skills for autonomous decision making and the capacity for self-management with less reliance on rational authorities or a well-formed peer network. Inmates in this phase of the program are required to complete the RDAP Recovery, Maintenance, and Transition RDAP journals.

The aftercare portion of the program includes pre-release relapse prevention education written into the treatment plan. The inmate is expected to be involved in aftercare discharge plans. The use of institutional self-help groups, prerelease/transitional services, and community aftercare services are also used to ensure the continuity of supervision and treatment. An inmate who has completed the RDAP can remain in the residential unit and may serve as program mentors with the authorization of the Behavioral Health Manager or designee. RDAP Mentors and RDAP Completers support the philosophy, purpose, and goals of RDAP during the entire time the inmate is a resident of RDAP and will follow the same guidelines as RDAP Participants.

PROGRAM CONTACT INFORMATION

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Juvenile and Young Adult Programs



The Second Judicial Court Young Adult Court Treatment Program FY2024 RSAT funded program

OVERVIEW OF PROGRAM

The RSAT Program at the Second Judicial Court is called The Young Adult Court Treatment Program. The program is a jail diversion program that provides trauma-informed services to young adults. The program is designed after the drug court model. There are currently 37 individuals enrolled in the program with additional people referred on a consistent basis. The RSAT Program is a distinct program within the Second Judicial Court, with individual staff and programming and an internal database that keeps RSAT participants separate from other court participants. The program provides and/or coordinates evidence-based services, trauma-informed care, and medication-assisted treatment (MAT).

The current grant was awarded at the beginning of 2020. The program has received two additional small grants for \$5,000 each from Bernalillo County. All other funding for the program comes from court resources.

ELIGIBILITY CRITERIA, SCREENING/ASSESSMENT, AND TREATMENT PLANNING

Eligible participants have a history of a substance use and/or co-occurring disorders (COD). Individuals that enter the program are 18 to 25 years old with an open felony case within the Second Judicial District Court. The program is voluntary, and an individual can opt out and return to the formal court process at any time. Screening includes a review of demographics, program criteria, and legal charges. Assessments include:

- Risk and needs screening (Risk and Needs Triage [RANT] assessment);
- Adverse childhood experience (ACE) screening;
- Stage of change;
- Willingness to engage;
- Basic needs and resources;
- Treatment needs; and
- Clinical diagnoses with treatment recommendations.

The treatment provider completes a clinical assessment with the client and obtains collateral information from staff. After biopsychosocial testing, the provider and client collaboratively develop a treatment plan that identifies goals, objectives, treatment regimen, frequency, and sometimes duration. Treatment recommendations are based on the American Society of Addiction Medicine (ASAM) level of care model and are not always linear, but rather determined by the level need and active diagnosis.

The typical length of treatment is 18 to 24 months. Treatment is based on individual needs and may include inpatient treatment, detoxification, social rehabilitation, intensive outpatient services, individual, group, family, and trauma work.

MODALITY OF RSAT PROGRAM

The Young Adult Treatment Program is based on the ASAM level of care model, a strength-based multidimensional assessment that considers an individual's needs, obstacles, and liabilities, as well as their strengths, assets, resources, and support structure. This information is used to determine the appropriate level of care across a continuum. Individuals are offered inpatient detoxification services, as well as intensive and regular outpatient individual, group, and family therapy.

Completion of the program and diversion from incarceration or referral to another court-mandated program is based on the individual remaining drug free for 90 days, no new charges, increased community engagement, and the completion of treatment goals.

Upon completion of the program, an individual's case may be dismissed, they may be placed on regular probation, or they may receive a reduced sentence (depending on the original charge). In some cases, if it is a first felony, a CR1 is filed to protect the individuals from future background checks. If the individual has mental health issues that make it impossible to complete the program, they may be referred to the County Mental Health Court. It is a priority in this program to keep youth "off paper" if possible.

MAT PROGRAMMING

MAT is available in the form of naltrexone (Vivitrol), methadone, and buprenorphine and naloxone (Suboxone).

CONTINUING CARE/REINTEGRATION

The Young Adult Court Treatment Program is the final intervention for youth before a prison sentence or referral to other court-mandated programs. In addition to in-house clinicians, the program employs the resources of community partners to assist with sober living and the encouragement of non-criminological behavior.

PROGRAM HIGHLIGHT

The Young Adult Court Treatment Program is using RSAT funding to train two in-house clinicians to become certified in dialectical behavioral therapy (DBT).

CONTINUING CARE PROVIDERS

UNM Jail Diversion Intense Case Management
505-925-4353

Perfectly Imperfect IOP
505-550-1306

Turquoise Lodge Hospital
505-841-8978

Four Winds Social Rehab
505-702-8547

Turning Point Men's Sober Living Home
505-217-1717

**Crossroads for Women, Community Living and
Scattered Site housing Services**
505-242-1010

Serenity Mesa
505-877-3644

PROGRAM CONTACT INFORMATION

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