



# Kentucky

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## JAIL PROGRAMS

Fulton County Detention Center  
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Louisville Metro Department of Corrections

## CONTINUING CARE/REMIGRATION PROGRAM

Chrysalis House

## Jail Programs



### Fulton County Detention Center FY2024 RSAT Funded Program

#### OVERVIEW OF PROGRAM

The RSAT funded program at the Fulton County Detention Center is called the Fulton County Supporting Others in Active Recovery (SOAR) Program. The program first began operations in October of 2020, and serves incarcerated individuals with substance use disorder (SUD).

#### ELIGIBILITY CRITERIA, SCREENING/ASSESSMENT, AND TREATMENT PLANNING

SOAR Program eligibility is determined by the department of corrections. Participants must have completed a Substance Abuse Program (SAP) or Moral Reconciliation Therapy (MRT) prior to entering the SOAR Program. All clients are screened for SUD prior to entering the program. Treatment plans are created through one-on-one interactions and/or intakes between clients and staff, and the treatment plans take into account client reported areas for growth.

#### MODALITY OF RSAT PROGRAM

The average length to complete the SOAR Program is six months. The program operates as a therapeutic community with all clients living in the same area, apart from the general population. The program's daily schedule includes independent client work during the day, classes in the afternoon, weekly process groups, and AA meetings.

Peer mentors are utilized in the program to offer guidance to new participants in the program or those that need ongoing peer support. The SOAR program supports individuals with co-occurring mental health and substance use disorders by using the Hazelden curricula materials, along with the staff supporting clients through in-depth discussions.

Staff members are trained in trauma-informed practices with continuing education hours. Staff members are mindful of clients that may have suffered trauma so as to not retraumatize those clients. The clients are also offered MRT as a class.

## **MAT PROGRAMMING**

Naltrexone in the form of Vivitrol is available to SOAR participants. Buprenorphine is offered for continuation if a participant enters the program while prescribed the medication. Naloxone is provided to clients upon release from the program.

## **CONTINUING CARE/REINTEGRATION**

The SOAR Program at Fulton County is focused on aftercare for MRT or the Substance Abuse Program and addresses any barriers that clients may face upon release. Continuity of care for medications is ensured for clients through collaborations with counselors and the program's re-entry coordinator.

All clients participate in education centering around overdose prevention, access to naloxone, and other community resources available throughout the state. It is possible that clients in Fulton County and other detention centers may have clients that will be released to various counties across the state. Therefore, as a part of the discharge and aftercare planning all clients are provided with the Find Help Now website (<https://findhelpnow.org/ky>) which has linkages for access to treatment, recovery housing, and naloxone access sites.

Each detention center with a Substance Abuse Program (SAP) also has a specialized reentry coordinator that will assist the clients with in home placements, accessing a state ID, and other needs the client may have that fall outside of their SUD treatment needs. Upon release, any client that is prescribed medication or is an SAP graduate will have a meeting with a community-based social service clinician at the probation and parole office. They will assist them in scheduling appointments, follow up with any aftercare needs, and continue monthly check-ins to provide support during this high-risk time of being newly released.

## **PROGRAM CONTACT INFORMATION**

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*Information updated 6/23/2025*



## Grant County Detention Center

### FY2024 RSAT Funded Program

## OVERVIEW OF PROGRAM

The RSAT funded program at the Grant County Detention Center is the Grant County Substance Abuse Program. The program first began operations in 2020 and serves incarcerated men and women with substance use disorder (SUD). The average length of time for a participant to complete the Substance Abuse Program is 6 months.

## ELIGIBILITY CRITERIA, SCREENING/ASSESSMENT, AND TREATMENT PLANNING

Eligibility for the Substance Abuse Program is determined by the Kentucky Department of Corrections (DOC). The DOC assesses the client and approves them for admission. The client must have a diagnosis of SUD and be free of major write ups or disciplinarys. The program utilizes the Diagnostic and Statistical Manual of Mental Disorders 5<sup>th</sup> Edition (DSM-V) in order to assess clients for SUD. All clients entering the Substance Abuse Program receive a psychosocial assessment. This assessment is used to build a comprehensive, individualized treatment plan using evidence-based goals, objectives, and interventions.

## MODALITY OF RSAT PROGRAM

The average length of time for a participant to complete the Substance Abuse Program (SAP) is 6 months. The program operates as a modified therapeutic community. As such, practices consist of curriculum classes, group therapy, a phase system built on progress, and a hierarchy system that is peer driven. The program's daily schedule includes group therapy, Hazelden's A New Direction class, psychoeducational classes, and accountability groups.

Participants are also offered a variety of classes to take during the program, including:

- Moral Reconation Therapy (MRT)
- Parenting
- GED classes
- Anger management
- Trauma for Men and Trauma for Women

Program staff utilize motivational interviewing, group counseling, and individual counseling as interventions throughout the client's time in the program. Peer mentors are also utilized to facilitate recovery support meetings, and to meet with clients individually to provide support.

To support individuals with co-occurring disorders in the SAP, clients attend a group with curriculum designed specifically for those with co-occurring disorders. Clients are referred to medical for psychological care when needed. Counselors receive training in trauma informed care to ensure they are best supporting their clients in the program.

### **MAT PROGRAMMING**

Naltrexone (Vivitrol) and buprenorphine (Suboxone only) are available to participants, both for continuation and induction. Naloxone is provided to clients upon release from the program, and individuals are provided with overdose education training.

### **CONTINUING CARE/REINTEGRATION**

The Substance Abuse Program includes housing, employment, transportation, and recovery support as part of their continuing care and reintegration programming. To ensure a continuity of care for medications for opioid use disorder (OUD), clients are scheduled to meet with a community clinician who then coordinates any required appointments and resources.

Clients can also attend an aftercare program called Supporting Others in Active Recovery (SOAR), which consists of evidence-based curriculum focused on aftercare/reentry. The program provides self-help meetings and a work program.

All clients participate in education centering around overdose prevention, access to naloxone, and other community resources available throughout the state. Clients in Grant County and other detention centers may have clients that will be released to any county in the state. Therefore, as a part of the discharge and aftercare planning all clients are provided with the Find Help Now website (<https://findhelpnow.org/ky>) which has linkages for access to treatment, recovery housing, and naloxone access sites.

Each detention center with a Substance Abuse Program (SAP) also has a specialized reentry coordinator that will assist the clients in home placements, accessing a state ID, and other needs the client may have that fall outside of their SUD treatment needs.

Upon release, any client that is prescribed medication or is an SAP graduate will have a meeting with a community-based social service clinician at the probation and parole office. They will assist them in scheduling appointments, follow up with any aftercare needs and continue monthly check-ins to provide support for the clients during this high-risk time of being newly released.

### PROGRAM CONTACT INFORMATION

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*Information updated 6/9/2025*



## Hardin County Detention Center

### FY2024 RSAT Funded Program

## OVERVIEW OF PROGRAM

The RSAT funded program at the Hardin County Detention Center is called the New Beginnings Substance Abuse Program (SAP). The program first began operations between 2014-2015 and served as one of the first correctional substance abuse programs in the state of Kentucky. The program serves incarcerated individuals with substance use disorder (SUD) over the course of a 6 month-long program.

## ELIGIBILITY CRITERIA, SCREENING/ASSESSMENT, AND TREATMENT PLANNING

Eligibility for the New Beginnings SAP is determined by the Kentucky Department of Corrections through the Kentucky Risk Assessment, as well as the mention of any type of drug abuse through a presentence investigation (PSI). The client is diagnosed when entering the program through the Criminal Justice Kentucky Treatment Outcome Study (CJKTOS), and the diagnosis is confirmed with treatment staff.

The assessment and screening tools utilized by the program include:

- Adverse Childhood Experience (ACE) Survey
- University of Rhode Island Change Assessment
- Alcohol Use Disorders Identification Test (AUDIT)
- Drug Abuse Screening Tool (DAST)
- World Health Organization Disability Assessment Schedule.

Treatment plans are developed for program participants through conversations between individual clients and staff members in which the client identifies their desired areas of growth. Following this agreement between staff and client, progress towards the mutually agreed upon goal is monitored through weekly and monthly reports.

## MODALITY OF RSAT PROGRAM

The average length of time for a participant to complete the New Beginnings Substance Abuse Program is six months. The program operates as a therapeutic community. As such, the community philosophy reflects the idea that the group is stronger than the individual for helping to recognize and hold accountability for those who have come to

the program to change their behaviors. The structure is developed to respect individual needs, and the entire community is held to the same standard.

The major parts of the participant's daily schedule include:

- Hazelden's New Direction curricula: Introduction to Treatment, Alcohol & Drug Education, Socialization, and Criminal and Addictive Thinking workbooks
- Relapse Prevention
- Co-Occurring Disorders education
- Preparing for Release
- Moral Reconation Therapy options
- Evidence-based supplemental material including Managing Emotions, Relationships, Anger Management

Staff are trained to use Cognitive Behavioral Therapy with clients, focusing on challenging the client's irrational beliefs and replacing those beliefs with those the client chooses, ultimately leading the client into a healthier state of living.

The program utilizes peer mentors. They presently have an Adult Peer Specialist; however, due to funding, they will be discontinuing that part of the program.

To support individuals with co-occurring disorders, the program staff maintain close contact with the Hardin County Detention Center Medical program. Staff speak about both SUD and mental health symptoms and concerns that are occurring to better help everyone. They also include any symptom reduction as part of individualized treatment plans.

Each staff member is trained in trauma-informed care. Staff use empathy and acknowledge the client's past to identify how it may be contributing to current issues and symptoms. Staff are trained to help clients develop empathy toward others in their community, while also supporting clients in managing their own heightened reactions triggered by reminders of past trauma.

### **WHAT WE CAN LEARN FROM THIS RSAT PROGRAM**

The New Beginnings SAP features a structure that allows others to step up and take initiative. For example, the program partners with community collaborators for funding to support certifications for Adult Peer Support Specialists. This allows clients to begin working on changing their own narratives and to support others who are struggling in similar ways, all while they are incarcerated.



## MAT PROGRAMMING

Naltrexone is available to participants upon release from the facility. Overdose education training is provided by the Lincoln Trail Health Department. Narcan is provided to participants upon release when requested.

## CONTINUING CARE/REINTEGRATION

The New Beginnings SAP helps clients prepare for release by using consistent, reentry-focused frameworks across all curricula. In addition, the Kentucky DOC reentry coordinator meets with clients weekly. To ensure the continuity of care for medications for clients with opioid use disorder, the medical department provides referrals for clients when at release. Counseling staff also help clients understand the available resources to receive the help that they need to continue with their care. The aftercare portion of the program includes the ultimate relapse prevention plan as well as preparing for release. Clients meet individually with counseling staff to identify if any more needs should be addressed.

## PROGRAM CONTACT INFORMATION

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*Information updated 6/20/2025*



## Powell County Detention Center

### FY2024 RSAT Funded Program

## OVERVIEW OF PROGRAM

The RSAT funded program at the Powell County Detention Center is called the Powell County Substance Abuse Program (SAP). The program first began in August of 2010, and serves incarcerated individuals with a history of substance use and a current diagnosis of a substance use disorder (SUD).

## ELIGIBILITY CRITERIA, SCREENING/ASSESSMENT, AND TREATMENT PLANNING

Eligibility for the Substance Abuse Program (SAP) is determined by the participant having a history of substance use, as well as a current substance use disorder (SUD) diagnosis as outlined by the Diagnostic and Statistical Manual of Mental Disorders 5<sup>th</sup> Edition (DSM-V).

The SAP utilizes the Criminal Justice Kentucky Treatment Outcome Study (CJKTOS) to collect baseline information about clients as they enter the treatment program. A treatment plan is then developed for clients utilizing information gathered from a DSM-V questionnaire, results from the client's Presentence Investigation Report (PSI) and the completed CJKTOS, along with individual client meetings.

## MODALITY OF RSAT PROGRAM

The average length of time for a participant to complete the SAP is 6 months. The program operates as a modified therapeutic community, meaning that all practices are grounded in the community. This includes staff, participants, and peer self-help. The program is flexible, more personalized, and less intensive. Program staff acknowledge achievements and emphasize rewards while diminishing sanctions and confrontations within the community. Individualized treatment plans set goals, objectives, and targets for clients to reach during each phase of treatment.

The major parts of the SAP's daily schedule include educational classes using Hazelden's A New Direction curriculum, process groups, and treatment intervention role play groups. Throughout the program, staff employ various treatments and interventions like cognitive behavioral therapy, motivational interviewing, group therapy, guided journaling, trauma informed care, and monthly treatment plan reviews.

The SAP at the Powell County Detention Center utilizes peer mentors within the program. Peer mentors oversee specific jobs in the community and are responsible for maintaining those areas. They are the first point of contact for new participants and provide orientation guidelines. They also work with participants that may need a tutor or extra help with their assigned work. Peer mentors set an example to others by demonstrating positive behaviors within the community as well as assisting staff in the facilitation of certain groups or classes.

In order to support individuals with co-occurring disorders, the SAP utilizes Hazelden's curriculum on co-occurring disorders. All participants must take an introduction to the class, while some participants complete the entire workbook based on the information that is gathered during intake. Staff members approach the care of clients from a trauma informed lens. Staff use assessments and other information gathering tools to understand clients' personal history and to determine experiences that may influence their recovery.

### **MAT PROGRAMMING**

Naltrexone (Vivitrol) and buprenorphine are available to SAP participants. Vivitrol is available for induction, and both medications are available for continuation. The medical department also offers overdose education training. Narcan is available to clients for release upon request.

### **CONTINUING CARE/REINTEGRATION**

As a part of reentry planning, the Substance Abuse Program informs clients of any resources available to them in the area, as well as the contact information for their parole office. Program staff also ensure clients have their social security cards, state identification, home placement, and any additional forms they may need upon release. To ensure the continuity of care for medications for clients with opioid use disorder, the local Social Service Clinician will refer clients to a local provider and assess for any other needs the client may have.

### **PROGRAM CONTACT INFORMATION**

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*Information updated 8/16/2024*



## Mason County Detention Center

### FY2024 RSAT funded program

## OVERVIEW OF PROGRAM

The Mason County Detention Center's RSAT funded Substance Abuse Program (SAP) is a jail-based program that serves both sentenced and pre-trial individuals. The program serves 20 clients at a time, which provides ample opportunity for individualized treatment experiences. It takes an average of 6 months to complete the program.

Mason County opened SAP in 2007, and it has continued to grow and evolve over the years to best support clients in their recovery. For example, the SAP director is seeking licensure and has been certified in SMART Recovery.

## ELIGIBILITY CRITERIA, SCREENING/ASSESSMENT, AND TREATMENT PLANNING

The Kentucky Department of Corrections determines eligibility by reviewing each client's history using the Kentucky Risk Assessment (KRAS), presentence investigation (PSI), prior and current treatment records, and relevant assessments and screening tools.

If there is a client history of substance use, staff use the Diagnostic and Statistical Manual of Mental Disorders 5th Edition (DSM-V) to determine whether the client meets the criteria for a substance use disorder (SUD). The client is further assessed when entering the program through use of the Criminal Justice Kentucky Treatment Outcome Study (CJKTOS), and the diagnosis is ultimately confirmed with treatment staff.

## MODALITY OF RSAT PROGRAM

Once admitted into the program, participants work with their counselor to develop an individualized treatment plan focusing on areas of need. Once engaged in treatment, each client's progress towards individual goals is monitored through weekly and monthly assessments.

Participants are offered treatment services such as educational classes using Hazelden's A New Direction curriculum, process groups, cognitive behavioral therapy (CBT), group therapy, SMART Recovery, monthly treatment plan reviews, and behavioral incentives and interventions. Mason County Jail SAP also utilizes peer mentors within the therapeutic community to offer support and guidance to other clients.

and to the program in general. Clients are connected with community resources including services from the County Extension Office and Health Department, counseling classes through Comprehend, parenting and nutrition classes, and recovery-focused poetry and art contests. Mason County Jail SAP utilizes Hazelden's specialized curriculum to offer support to clients who demonstrate issues related to mental health.

## **MAT PROGRAMMING**

Naltrexone and buprenorphine are available to all program participants for continuation and naltrexone is also available for induction. All participants are provided with overdose prevention education, access to naloxone (Narcan), and information about resources available throughout the state.

## **CONTINUING CARE/REINTEGRATION**

As part of reentry planning, program staff advise clients on what resources are available to them in the area of their release, as well as contact information for their designated parole office. SAP and reentry staff also ensure that clients have information about aftercare services, home placements, copies of identification, and any other forms or information they may need upon release into the community.

To ensure continuity of care, the Social Service Clinician (SSC) will find a local medication provider for the client and make a referral. The SSC also determines other areas of need to remove as many barriers to recovery as possible. Once released, the client will meet with an Aftercare SSC regularly to assess needs, provide support, and link the client to community resources for approximately 6 months to help build recovery capital.

## **PROGRAM CONTACT INFORMATION**

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*Information updated 6/26/2025*



## Louisville Metro Department of Corrections

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### Formerly Funded RSAT Program

## OVERVIEW OF PROGRAM

The Louisville Metro Department of Corrections (DOC) provides two separate RSAT units for men and women within their facility. The men's unit has 48 beds and the women's unit has 16 beds. Both programs specialize in detoxification services as part of the RSAT Program.

The DOC first received RSAT funding for this program in 2012, while the initiative had already been operating as a substance use disorder (SUD) program since 2008. In 2014, additional funding enabled the program to offer medication-assisted treatment (MAT) with naltrexone (Vivitrol) to all eligible individuals before release.

### PROGRAM HIGHLIGHT

The Louisville Metro DOC's reintegration and mental health initiatives were highlighted in a "Best Practice" [case study](#) by the Substance Abuse and Mental Health Services Administration (SAMHSA) in 2018.

## ELIGIBILITY CRITERIA, SCREENING/ASSESSMENT, AND TREATMENT PLANNING

RSAT-funded beds for women and men were open to anyone in DOC custody. Potential program participants first completed a form for the state's database that connected criminal justice, law enforcement, parole/probation, and the courts. Questions within this form acted as a biopsychosocial assessment and include information about a person's substance use. An RSAT staff interviewer rated the applicant's motivation during this time.

Licensed and clinically trained mental health professionals diagnosed any mental illnesses participants were experiencing. Participants could receive additional mental health services both within the facility and the community upon release.

## MODALITY OF RSAT PROGRAM

The DOC RSAT programs were 90 days long and were based on therapeutic community principles. Programs were recovery-based with an emphasis on abstaining from substances. After an orientation period, RSAT participants moved through three

phases of treatment. Participants who were in Phase 3 or higher could become peer mentors to newer RSAT members. All staff were trained in Moral Reconation Therapy (MRT), Cognitive Behavioral Theory (CBT), and motivational interviewing skills. MRT and SAMHSA curricula were utilized during group facilitation.

Other group topics included:

- Criminal thinking
- Thinking errors
- Relapse prevention
- Job skills
- Parenting (for women only)
- Narcotics Anonymous/Alcoholics Anonymous (NA/AA) via community volunteers

## **MAT PROGRAMMING**

Naltrexone (Vivitrol) was available to RSAT participants.

## **CONTINUING CARE/REINTEGRATION**

Continuing care/reintegration services began while a participant was still engaged in the RSAT Program. Every individual was assigned a caseworker or social worker who helped to develop a reentry treatment plan that followed the participant into the community upon release. Community-based providers meet with participants prior to release to address job skills, parenting, and housing needs.

## **PROGRAM CONTACT INFORMATION**

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*Information updated 12/20/2018*

## Continuing Care/Aftercare Program



**Chrysalis House**

**FY2024 RSAT Funded Program**

### OVERVIEW OF PROGRAM

Chrysalis House is a community-based program in Lexington, KY, that serves women post-release, on probation or parole, as well as other justice involved referrals. RSAT funding within Chrysalis House is utilized to pay for case management, job readiness programming, and peer services, as well as medical services for women with a substance use disorder (SUD). The program maintains relationships with county jails, prisons, and other DOC facilities that are instrumental in the referral process for women entering Chrysalis House's RSAT Aftercare program.

Beginning operations in 1983, Chrysalis House is Kentucky's oldest and largest residential treatment program for women with a SUD. Chrysalis House prioritizes pregnant and parenting women, allowing child(ren) to live with their mother while she is receiving treatment in the program. Chrysalis House is a national model for integrated care for women, providing behavioral health and primary health services within their residential treatment model.

The DOC was first awarded RSAT funds and began admitting women to this program in 2012. The program expanded in 2017 to an additional residential treatment facility on the grounds of the Eastern State Hospital campus and opened an outpatient treatment program to serve the needs of women living in transitional supportive housing. Chrysalis House added a third residential facility at Eastern State Hospital in 2022.



## ELIGIBILITY CRITERIA, SCREENING/ASSESSMENT, AND TREATMENT PLANNING

Chrysalis House follows the American Society of Addiction Medicine (ASAM) criteria which provides a framework of treatment standards for SUD and co-occurring conditions. A multidimensional assessment is completed upon intake to determine the appropriate level of care of each client. An individual must have a primary SUD diagnosis to be admitted for residential treatment.

## WHAT WE CAN LEARN FROM THIS RSAT PROGRAM

Chrysalis House values a holistic model for the treatment of substance use and co-occurring disorders. This model is manifested by a multi-disciplinary, evidenced based and family-centered treatment approach.

Upon admission to the Chrysalis House program, clinical treatment services include screening, crisis intervention, assessments, treatment planning, case management, SUD counseling and education, trauma services, medical care, pharmacotherapy and medication assisted treatment, mental health services, and toxicology monitoring. Additional clinical support services include a daily structured schedule, skill development and modeling, parenting and child development education, family days, life skills, educational remediation and support, and employment readiness services. Chrysalis House offers housing support, advocacy, transportation, and recovery community support services.

## MODALITY OF RSAT PROGRAM

The average length of the RSAT Program at Chrysalis House is 120 days. The program participant's daily schedule is an essential aspect of the therapeutic environment with residential treatment. The daily schedule seeks to maintain a balance between the activities while reinforcing positive habits and eventual success in maintaining sobriety post treatment. This includes setting daily goals, case management, chores, personal time, scheduled time for medications, lunch, group meetings, individual sessions with therapists, positive skill development, and job readiness training.

Early in treatment, Chrysalis House helps women develop a gender-sensitive support network within the recovery community through their mentoring program. The program emphasizes the importance of women building connections with other women and individuals in recovery. These relationships can offer positive role models, support, and help to foster companionship which can help to promote safe and sober leisure activities.

Chrysalis House staff provide individual and group counseling, cognitive behavioral therapy, motivational interviewing, social skills training, 12-step facilitation, and contingency management. In addition, Chrysalis House provides treatment in a trauma-

informed environment. Staff members are trained to behave in ways that are not re-traumatizing to the individual as well as to understand the multiple and complex links between violence, trauma, and addiction; the trauma-related symptoms as attempts to cope; and that violence and victimization play large and complex roles in the lives of most seeking substance use mental health services.

To support individuals with co-occurring disorders, Chrysalis House integrates treatment for mental health and substance use disorders. Program therapists provide mental health services for affective disorders, anxiety (including PTSD), and personality disorders as well as other severe mental illness such as bipolar disorder or major depressive disorders. Pharmacotherapy is sometimes part of mental health care, and the Chrysalis House Medical Director or Psychiatric Mental Health Nurse Practitioner may prescribe medications, provide medication education, and mentor clients.

## **MAT PROGRAMMING**

Medication assisted treatment (MAT) is offered to participants, and includes access to naltrexone, buprenorphine, and methadone. The Chrysalis House's Medical Director meets with individuals at intake to ensure necessary medications are continued throughout treatment, and may also initiate induction to MAT if appropriate.

The program has an "Addictions 101" class where participants learn about types of MAT, how each medication works and its effects, as well as the safe use of medication in recovery. Patients also review a list of safe versus unsafe medications (including over-the-counter medications) and learn about how medications and any other health conditions (comorbidities) might affect their treatment.

Chrysalis House nurses provide overdose education for patients. This includes giving each participant naloxone and instructions for use at multiple time periods including admission, during wellness groups, and at discharge. Staff receive overdose recognition and naloxone training during new employee orientation and again annually.

## **PROGRAM CONTACT INFORMATION**

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