



Kentucky

JAIL PROGRAMS

Fulton County Detention Center
Grant County Detention Center
Hardin County Detention Center
Powell County Detention Center
Louisville Metro Department of Corrections

CONTINUING CARE/REIMIGRATION PROGRAM

Chrysalis House

Jail Programs



Fulton County Detention Center FY2024 RSAT Funded Program

OVERVIEW OF PROGRAM

The RSAT funded program at the Fulton County Detention Center is called the Fulton County Supporting Others in Active Recovery (SOAR) Program. The program first began operations in October of 2020, and serves incarcerated individuals with substance use disorder (SUD).

ELIGIBILITY CRITERIA, SCREENING/ASSESSMENT, AND TREATMENT PLANNING

SOAR Program eligibility is determined by the department of corrections. Participants must have completed a substance abuse program prior to entering the SOAR Program, or the participant must have completed Moral Reconciliation Therapy (MRT) without any substance use program recommendation. All clients are screened for SUD prior to entering the program. Treatment plans are created through one-on-one interactions and/or intakes between clients and staff, and the treatment plans take into account client reported areas for growth.

MODALITY OF RSAT PROGRAM

The average length to complete the SOAR Program is six months. The program operates as a therapeutic community with all clients living in the same area, apart from the general population. The program's daily schedule includes client work during the day, classes in the afternoon, and weekly process groups as well as AA meetings.

Peer mentors are utilized in the program, and they offer guidance to peers in the program that are newer or that need general guidance. Mentors assist staff in various ways that are permitted without the violation of any rules. The SOAR program supports individuals with co-occurring disorders through offering the Hazelden Series materials, and the staff supports clients through in-depth discussions.

Staff members are trained on trauma informed practices with continuing education hours. Staff members are mindful of clients that may have suffered trauma so as to not retraumatize those clients. The clients are also offered Moral Reconciliation Therapy (MRT) as a class during their time in the program.

MAT PROGRAMMING

Vivitrol is available to SOAR participants. Narcan is provided to clients upon release from the program.

CONTINUING CARE/REINTEGRATION

The SOAR Program at Fulton County is focused on aftercare for MRT or the substance abuse program, and thus addresses any barriers that clients may face upon release. Continuity of care for medications is ensured for clients through conversations with counselors, as well as the program's re-entry coordinator who assists with this process upon release.

PROGRAM CONTACT INFORMATION

Zach Norris, Program Administrator
Zach.fcdc.sap@gmail.com
207-236-2405

Information updated 8/13/2024



Grant County Detention Center

FY2024 RSAT Funded Program

OVERVIEW OF PROGRAM

The RSAT funded program at the Grant County Detention Center is called the Grant County Substance Abuse Program. The program first began operations in 2020 and serves incarcerated men and women with substance use disorder (SUD). The average length of time for a participant to complete the Substance Abuse Program is 6 months.

ELIGIBILITY CRITERIA, SCREENING/ASSESSMENT, AND TREATMENT PLANNING

Eligibility for the Substance Abuse Program is determined by the Kentucky Department of Corrections (DOC). The DOC assesses the client and approves them for admission. The client must have a diagnosis of SUD and be free of major write ups or disciplinarys. The program utilizes the Diagnostic and Statistical Manual of Mental Disorders 5th Edition (DSM-V) in order to assess clients for SUD. All clients entering the Substance Abuse Program receive a psychosocial assessment. This assessment is used to build a comprehensive, individualized treatment plan using evidence-based goals, objectives, and interventions.

MODALITY OF RSAT PROGRAM

The average length of time for a participant to complete the Substance Abuse Program is 6 months. The program operates as a modified therapeutic community. As such, practices consist of curriculum classes, group therapy, a phase system built on progress, and a hierarchy system that is peer driven. The program's daily schedule includes group therapy, Hazelden's A New Direction class, psychoeducational classes, and accountability groups.

Program staff utilize motivational interviewing, group counseling, and individual counseling as interventions throughout the client's time in the program. Peer mentors are also utilized to facilitate recovery support meetings, and to meet with clients individually to provide support.

In order to support individuals with co-occurring disorders in the Substance Abuse Program, clients attend a group with curriculum designed specifically for those with co-occurring disorders. Clients are additionally referred to medical for psychological care when needed. Counselors receive training in trauma informed care to ensure they are best supporting their clients in the program.

MAT PROGRAMMING

Naltrexone (Vivitrol) and buprenorphine (Suboxone) are available to participants, both for continuation and induction. Narcan is provided to clients upon release from the program, and individuals are provided with overdose education training.

CONTINUING CARE/REINTEGRATION

The Substance Abuse Program includes housing, employment, transportation, and recovery support as part of their continuing care and reintegration programming. To ensure a continuity of care for medications for opioid use disorder (OUD), clients are scheduled to meet with a community clinician who then coordinates any required appointments and resources. Clients can also attend an aftercare program called Supporting Others in Active Recovery (SOAR), which consists of evidence-based curriculum focused on aftercare/ reentry. The program provides self-help meetings and a work program.

PROGRAM CONTACT INFORMATION

Sean Schomp, Director of Operations
sschomp@shepherdshouseinc.com
859-618-5151

Information updated 8/14/2024



Hardin County Detention Center

FY2024 RSAT Funded Program

OVERVIEW OF PROGRAM

The RSAT funded program at the Hardin County Detention Center is called the New Beginnings Substance Abuse Program (SAP). The program first began operations between 2014-2015 and served as one of the first correctional substance abuse programs in the state of Kentucky. The program serves incarcerated individuals with substance use disorder (SUD) over the course of a 6 month-long program.

ELIGIBILITY CRITERIA, SCREENING/ASSESSMENT, AND TREATMENT PLANNING

Eligibility for the New Beginnings SAP is determined by the Kentucky Department of Corrections through the Kentucky Risk Assessment, as well as the mention of any type of drug abuse through a presentence investigation (PSI). The client is diagnosed when entering the program through the Criminal Justice Kentucky Treatment Outcome Study (CJKTOS), and the diagnosis is confirmed with treatment staff.

The assessment and screening tools are utilized by the program include: the Adverse Childhood Experience (ACE) Survey, the University of Rhode Island Change Assessment, the Alcohol Use Disorders Identification Test (AUDIT), the Drug Abuse Screening Tool (DAST), and the World Health Organization Disability Assessment Schedule.

Treatment plans are then developed for program participants through conversations between individual clients and staff members in which the client identifies their desired areas of growth. Following this agreement between staff and client, progress towards the mutually agreed upon goal is monitored through weekly reports as well as monthly reporting.

MODALITY OF RSAT PROGRAM

The average length of time for a participant to complete the New Beginnings Substance Abuse Program is six months. The program operates as a therapeutic community. As such, the community philosophy reflects the idea that the group is stronger than the individual for helping to recognize and hold accountability for those who have come to the program to change. The structure is developed to respect individual needs, and the entire community is held to the same standard.

The major parts of the participant's daily schedule include:

- Hazelden's A New Direction curriculums: Introduction to Treatment
- Alcohol & Drug Education

- Socialization
- Criminal and Addictive Thinking workbooks
- Relapse Prevention
- Co-Occurring Disorders education
- Preparing for Release
- Moral Reconciliation Therapy options
- Evidence-based supplemental material including Managing Emotions, Relationships, Anger Management

Staff are trained to use Cognitive Behavioral Therapy with clients, focusing on challenging the client's irrational beliefs and replacing those beliefs with those the client chooses, ultimately leading the client into a healthier state of living.

The program utilizes peer mentors and is currently looking to hire a new Adult Peer Support Specialist. The Adult Peer Support Specialist would share their own strengths and hopes during groups, as well as in one-on-one interventions.

In order to support individuals with co-occurring disorders, the program staff maintain close contact with the Hardin County Detention Center Medical program. Staff speaks about symptoms and issues that are occurring on each side to better help each individual. They also include any symptom reduction as part of individualized treatment plans.

Each staff member is trained in trauma-informed care. Staff empathize with the client's past to see how it is contributing to current issues and symptoms. Staff members also learn how to help the client empathize with others in the community, as well as learn how to cope with their own reactions that might be heightened due to the reminder of a previous traumatic encounter.

WHAT WE CAN LEARN FROM THIS RSAT PROGRAM

The New Beginnings SAP features a structure that allows others to step up and take initiative. For example, the program partners with community collaborators for funding to support certifications for Adult Peer Support Specialists. This allows clients to begin working on changing their own narratives and to support others who are struggling in similar ways, all while they are incarcerated.

MAT PROGRAMMING

Naltrexone (Vivitrol) is available to participants. Overdose education training is provided by the Lincoln Trail Health Department as an in-depth presentation. Narcan is provided to participants upon release when requested.

CONTINUING CARE/REINTEGRATION

The New Beginnings SAP focuses on preparing clients for release through offering consistent frameworks that are grounded in reentry throughout each of the curriculums. The reentry coordinator through the Kentucky DOC also meets with clients weekly. To ensure the continuity of care for

medications for clients with opioid use disorder, medical gives referrals for clients when they are booked out. Counseling staff also help clients understand resources and places they can go to receive the help that they need to continue with their care. The aftercare portion of the program includes the ultimate relapse prevention plan as well as preparing for release. Clients are met with individually to see if any more needs should be addressed.

PROGRAM CONTACT INFORMATION

Heather Oldham, Program Manager

hdoldham@communicare.org

270-234-9867

Information updated 8/16/2024



Powell County Detention Center

FY2024 RSAT Funded Program

OVERVIEW OF PROGRAM

The RSAT funded program at the Powell County Detention Center is called the Powell County Substance Abuse Program (SAP). The program first began in August of 2010, and serves incarcerated individuals with a history of substance use and a current diagnosis of a substance use disorder (SUD).

ELIGIBILITY CRITERIA, SCREENING/ASSESSMENT, AND TREATMENT PLANNING

Eligibility for the Substance Abuse Program is determined by the participant having a history of substance use, as well as a current substance use disorder (SUD) diagnosis as outlined by the Diagnostic and Statistical Manual of Mental Disorders 5th Edition (DSM-V). The SAP utilizes the Criminal Justice Kentucky Treatment Outcome Study (CJKTOS) to collect baseline information about clients as they enter the treatment program. A treatment plan is then developed for clients utilizing information gathered from a DSM-V questionnaire, reviewing the client's Presentence Investigation Report (PSI) and the completed CJKTOS, and finally through meeting with the clients.

MODALITY OF RSAT PROGRAM

The average length of time for a participant to complete the Substance Abuse Program is 6 months. The program operates as a modified therapeutic community, and as such, practices are based on the community, including staff, participants, and peer self-help. The program is flexible and is more personalized and less intensive than a true therapeutic community. Program staff is sure to acknowledge achievements, as well as to provide more rewards while diminishing sanctions and confrontations within the community. In addition, individualized treatment plans set goals, objectives, and targets for clients to reach during each phase of treatment.

The major parts of the SAP's daily schedule include educational classes using Hazelden's A New Direction curriculum, process groups, and treatment intervention process groups. Program staff employ cognitive behavioral therapy, motivational interviewing, group therapy, guided journaling, trauma informed care, and monthly treatment plan reviews as treatments and interventions throughout the program.

The Substance Abuse Program at the Powell County Detention Center utilizes peer mentors within the program. The peer mentors oversee specific jobs in the community and are responsible for those areas. They are the first point of contact for new participants and provide orientation guidelines. They also work with participants that may need a tutor or extra help with their assigned work. Peer

mentors are to set an example demonstrating positive behaviors within the community, and they offer help to staff for the facilitation of certain groups or classes.

In order to support individuals with co-occurring disorders, the SAP utilizes Hazelden's curriculum on co-occurring disorders. All participants must take an introduction to the class, and some participants complete the entire workbook based the information that is gathered during intake.

Staff members approach the care of clients from a trauma informed lens. Staff use assessments and gathered information to determine what may have happened to a client that may play a pivotal role in their recovery.

MAT PROGRAMMING

Naltrexone (Vivitrol) and buprenorphine are available to SAP participants. Both medications are available for continuation, and Vivitrol is also available for induction. The medical department also offers overdose education training. Narcan is available to clients for release upon request.

CONTINUING CARE/REINTEGRATION

As a part of reentry planning, the Substance Abuse Program informs clients of any resources available to them in the area, as well as the contact information for their parole office. Program staff also ensure clients have their SSC, a home placement, their ID's, and any additional forms they may need upon release. To ensure the continuity of care for medications for clients with opioid use disorder, the local Social Service Clinician finds a local provider and makes a referral for that client. The Social Service Clinician also determines any other needs the client may have.

PROGRAM CONTACT INFORMATION

David C. Howard, Program Director
Dch1965@gmail.com
506-663-2788

Information updated 8/16/2024



Louisville Metro Department of Corrections

Formerly Funded RSAT Program

OVERVIEW OF PROGRAM

The Louisville Metro Department of Corrections (DOC) provides two separate RSAT units for men and women within their facility. The men's unit has 48 beds and the women's unit has 16 beds. At the time of this writing both units were full and had waiting lists. Both programs specialize in detoxification services as part of the RSAT Program.

The DOC was first awarded RSAT funds for this program in 2012. Both programs had already been operating as substance use disorder (SUD) programs since 2008. In 2014, other funding became available to offer all eligible individuals within the facility medication assisted treatment (MAT) in the form of naltrexone (Vivitrol).

PROGRAM HIGHLIGHT

The Louisville Metro DOC's reintegration and mental health initiatives were highlighted in a "Best Practice" [case study](#) by the Substance Abuse and Mental Health Services Administration (SAMHSA) in 2018.

ELIGIBILITY CRITERIA, SCREENING/ASSESSMENT, AND TREATMENT PLANNING

RSAT-funded beds for women and men are open to anyone in DOC custody. RSAT staff meet with anyone who expresses interest. They first complete a form for the state's database that connects criminal justice, law enforcement, parole/probation, and the courts. Questions within this form act a biopsychosocial assessment and include information about a person's substance use. The interviewer also rates the RSAT applicant's motivation during this time.

Licensed and clinically trained mental health professionals diagnose any mental illnesses participants may be experiencing. These participants can receive additional services both within the facility and the community.

Low motivation for change can make an individual ineligible for the RSAT Program, even if they have a court order to complete the program. Pregnant women who wish to continue methadone throughout the pregnancy rather than detox are also ineligible.

MODALITY OF RSAT PROGRAM

The DOC RSAT programs are 90 days long and are based on therapeutic community principles. Programs are recovery-based with an emphasis on the importance of abstaining from substances.

After an orientation period, RSAT participants move through three phases of treatment. Participants who are in Phase 3 or later can become peer mentors to newer RSAT members. All staff are trained in moral reconnection therapy (MRT), cognitive behavioral theory, and motivational interviewing skills. MRT and SAMHSA curricula are utilized. Groups include:

- Criminal thinking;
- Thinking errors;
- Relapse prevention;
- Job skills;
- Parenting (for women only); and
- Narcotics Anonymous/Alcoholics Anonymous (NA/AA) via community volunteers.

The completion rate of the male RSAT Program is approximately 95%. (Data on the women's program was unavailable at the time of this writing.)

MAT PROGRAMMING

Vivitrol is available to RSAT participants.

CONTINUING CARE/REINTEGRATION

Continuing care/reintegration services begin while a participant is still engaged in the RSAT Program. Every individual is assigned a caseworker/social worker who helps to develop a reentry treatment plan that follows the participant into the community. Community-based providers meet with participants prior to release to address job skills, parenting, and housing needs.

PROGRAM CONTACT INFORMATION

Ken Wright, Substance Abuse Program Coordinator
400 South 6th Street
Louisville, KY 40202
502.574.8864

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Continuing Care/Aftercare Program



Chrysalis House

FY2024 RSAT Funded Program

OVERVIEW OF PROGRAM

Chrysalis House is a community-based program in Lexington, KY, that serves women post-release, on probation/ parole, as well as other justice involved referrals. RSAT funding within Chrysalis House is utilized to pay for case management, job readiness programming, and peer services, as well as medical services for women with a substance use disorder. The program maintains relationships with county jails, prisons, and other DOC facilities that are instrumental in the referral process for women entering Chrysalis House's RSAT Aftercare program.

Beginning operations in 1983, Chrysalis House is Kentucky's oldest and largest residential treatment program for women with a substance uses disorder. Chrysalis House prioritizes pregnant and parenting women, allowing child(ren) to live with their mother while she is receiving treatment in the program. Chrysalis House in a national model for integrated care for women, providing behavioral health and primary health services within their residential treatment model.

The DOC was first awarded RSAT funds and began admitting women to this program in 2012. The program expanded in 2017 to another residential treatment facility on the grounds of the Eastern State Hospital campus and opened an outpatient treatment program to serve the needs of women living in transitional supportive housing.

ELIGIBILITY CRITERIA, SCREENING/ASSESSMENT, AND TREATMENT PLANNING

Chrysalis House follows the American Society of Addiction Medicine (ASAM) Criteria, Treatment Criteria for Addictive, Substance Related, and Co-Occurring Conditions. According to the criteria, individuals must be assessed and meet the Dimensional Admission criteria for level of care placement. A multidimensional assessment will then be completed upon intake to determine the appropriate level of care. An individual must meet diagnostic criteria and have a primary diagnosis for a substance use disorder to be admitted for residential treatment.

WHAT WE CAN LEARN FROM THIS RSAT PROGRAM

Chrysalis House values a holistic model for the treatment of substance use and co-occurring disorders. This model is manifested by a multi-disciplinary, evidenced based and family-centered treatment approach.

Once a woman enters the Chrysalis House program, clinical treatment services include screening, crisis intervention, assessments, treatment planning, case management, SUD counseling and education, trauma services, medical care, pharmacotherapy/medication assisted treatment, mental health services, and toxicology monitoring. Clinical Support Services include a daily schedule, skill development and modeling, parenting and child development education, family days, life skills, educational remediation and support, and employment readiness services. Chrysalis House also offers housing support, advocacy, transportation, and recovery community support services.

MODALITY OF RSAT PROGRAM

The average length of the RSAT Program at Chrysalis House is 120 days. The program participant's daily schedule is an essential aspect of the therapeutic environment with residential treatment. The daily schedule seeks to maintain a balance between the activities while reinforcing positive habits and eventual success in maintaining sobriety post treatment. This includes setting daily goals, case management, chores, personal time, scheduled time for medications, lunch, Group meetings, individual sessions with therapists, positive skill development, job readiness training etc.

Chrysalis House believes it is critical for women to be supported in developing relationships with other women and persons in recovery who provide role models, support, friendships, and companionship in pursuing safe and sober leisure activities. Early in the treatment process, Chrysalis House helps women develop a gender-sensitive support network within the recovery community through their mentoring program.

Chrysalis House staff provide individual and group counseling, Cognitive Behavioral Therapy, Motivational Interviewing, Social Skills Training, 12-step facilitation and Contingency Management. In addition, Chrysalis House provides treatment in a trauma-informed environment. Staff members are trained to understand the multiple and complex links between violence, trauma, and addiction; to understand trauma-related symptoms as attempts to cope; to understand that violence and victimization play large and complex roles in the lives of most seeking substance use mental health services; and to behave in ways that are not re-traumatizing to the individual.

In order to support individuals with co-occurring disorders, Chrysalis House integrates treatment for mental health and substance use disorders. Psychiatric services are often needed, given the high prevalence of co-occurring psychiatric disorders. The program therapists provide mental health services for affective disorders, anxiety (including PTSD), and personality disorders as well as other severe mental illness such as bipolar disorder or major depressive disorders. Pharmacotherapy is sometimes part of mental health care, and the Chrysalis House Medical Director may prescribe medications, provide medication education and mentoring.

MAT PROGRAMMING

Medication-assisted treatment (MAT) is offered to participants, and includes access to naltrexone (Vivitrol), buprenorphine, and methadone. The Chrysalis House's Medical Director meets with individuals at intake to ensure necessary medications are continued throughout treatment, and the director may also initiate induction to MAT if appropriate. Overall, the Chrysalis House Medical Director may prescribe medication that support the maximum functioning of the program participants while reducing specific symptoms and minimizing the impact of side effects.

Chrysalis House Registered Nurses provide overdose education for individuals. This includes giving each participant Narcan and instruction on administration.

PROGRAM CONTACT INFORMATION

Kama Orr, Executive Director
Chrysalis House, Inc.
1589 Hill Rise Drive
Lexington, KY, 40504
859-977-2503
kamaorr@chrysalishouse.org

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