



Idaho

PRISON PROGRAM
South Boise Women's Correctional Center

COUNTY JAIL PROGRAM
Twin Falls County Jail

Prison Program



South Boise Women's Correctional Center

Formerly Funded - FY2018 RSAT funded program

OVERVIEW OF PROGRAM

The South Boise Women's Correctional Center (SBWCC) was a treatment and transition facility for "retained jurisdiction" individuals (i.e., "riders"). SBWCC had an operating capacity of 306 people residing in two separate units as of 2018. Residents were provided evidence-based services and trauma-informed care. RSAT programming was based on cognitive and behavioral change through intensive treatment, education, and accountability. As of 2023, the RSAT program is active, but is not receiving RSAT funds.

The therapeutic community at SBWCC used RSAT funds to pay a full-time contract provider to work with individuals on their reentry plan. RSAT coordinators met individually with individuals to work on their release plans, track progress in the prerelease class, and discuss transitional funding, parole strategies, and Medicaid enrollment.

MODALITY OF RSAT PROGRAM¹

SBWCC was a therapeutic community. Case management services were provided to all women in the general population. RSAT staff worked with women individually to help address their needs. Case managers met with residents upon their arrival and continued to meet with them on an as needed basis until their release or as requested.

Case management services included:

- An initial intake,
- Individualized counseling and treatment plans,
- Problem solving,

¹ This program is not specifically funded by BJA.

- Parole plans,
- Transitional funds,
- Continuing care/reintegration plans,
- Financial planning,
- Assistance with community resources,
- Classroom facilitation, and
- Program delivery.

Evidence-based therapies included Cognitive-Behavioral Interventions for Substance Abuse (CBI-SA) [University of Cincinnati Corrections Institute]

—designed for individuals who are moderate to high need; *Thinking for a Change* (T4C) [National Institute for Corrections]; and the *Beyond Trauma* curriculum [Stephanie Covington Ph.D.]. In addition, Residents are offered classes in mindfulness, grief and loss, and stress management.

The core Idaho Department of Corrections (IDOC) programming for individuals sentenced to a retained jurisdiction included aggression replacement training (ART), [Evidence-based Prevention and Intervention Support – EPIS], CBI-SA, cognitive behavioral therapy for sexual offending (CBI-SO), and/or T4C.

Individuals who completed IDOC programming were placed in an advanced practices (AP) group, which provided structured assistance in practicing the skills learned in the core programming in a progressively more challenging way. These open-ended groups allowed participants to practice cognitive restructuring, emotional regulation, social skills, and problem-solving in increasingly complex and challenging scenarios. Once the learning objectives were achieved, individuals graduated from the group.

CONTINUING CARE/REINTEGRATION

RSAT staff worked with individuals prior to release to their assess needs and develop reentry plans that may include finding suitable housing, obtaining and retaining employment, and identifying and accessing physical, mental health, and substance use resources when needed.

Additionally, the IDOC contracted with Easter Seals-Goodwill to provide prerelease services, which linked participants with local community resources including employment, housing, social services, transportation, education, and mental health and substance use services.

As of 2023, this aftercare is no longer provided due to the lack of RSAT funds.

PROGRAM HIGHLIGHT

RSAT programming included a 40- to 60-hour prerelease program, designed to increase understanding of the rules and expectations of community supervision and restorative justice principles. Individuals were required to complete a computer literacy course, a personal portfolio, and the prerelease workbook, as well as attend several short, standardized group sessions related to education and career planning. The prerelease curriculum included information and training on job search skills, money management, goal setting, education, employment, communication, housing, transportation, health, relationships, and supervision.

CONTINUING CARE PROVIDERS

Easter Seals Goodwill Northern
Rocky Mountain inc.

406-761-3680

PROGRAM CONTACT INFORMATION

Nason Hoyt-Program Manager
13200 Pleasant Valley Road
Kuna, ID 83634
208-334-2731 Ext 6304

Information updated 10/5/2023

County Jail Program



Twin Falls County Jail

FY2023 RSAT funded program

OVERVIEW OF PROGRAM

The RSAT Jail-Based Program is a voluntary, self-referral program, located at the Twin Falls County Jail, and provided by the Twin Falls County Treatment and Recovery Clinic (TARC). The program is aimed at addressing the substance use disorder (SUD) treatment needs of 20 individuals at a time, through gender specific treatment, with the goals of also providing transitional planning and reducing recidivism.

ELIGIBILITY CRITERIA, SCREENING/ASSESSMENT, AND TREATMENT PLANNING

Participants voluntarily request to attend the treatment program. Jail Administration then approves or denies the participant based on their classification/status. Approved participants are screened and assessed using the American Society of Addiction Medicine (ASAM) and the DSM-5 to determine diagnoses of a substance use disorder and participants' goals for treatment.

MODALITY OF RSAT PROGRAM

TARC utilizes evidence based and promising practices to guide treatment, such as but not limited to individual substance use counseling, group therapy, case management services, and random observed drug screening. There are no formal phases of treatment; rather

participants are met where they are at

in their readiness and stage of change. Thus, length of treatment will vary according to the needs of the individual, the length of stay, and continuing care needs. The program offers these services as long as a person is incarcerated at the facility. The group therapy provided includes the following:

- Moral Reconciliation Therapy/ Thinking for Good curriculum
- Early Recovery Skills/Straight Ahead curriculum
- Relapse Prevention/Dialectical Behavior Therapy (DBT)

PROGRAM HIGHLIGHT

Twin Falls County Jail has a separate grant for naloxone (NARCAN), which allows them to provide training and a naloxone kit to participants released to the community. This service is also available to individuals' informal supports.

- Recovery Management/Living in Balance curriculum
- Trauma Focused/ Men's Exploring Trauma and Women's Healing Trauma

MAT PROGRAM INFORMATION

The Twin Falls County Jail offers withdrawal management services while in custody and MAT services, if inaugurated prior to arrest and the inmate has the means to pay for the MAT services while in custody. TARC has begun discussion and collaboration of initiating MAT services to RSAT participants with the Twin Falls County Jail, County Medical Provider and Commissioners. Currently, TARC participants are provided education about different MAT treatment options and are linked with providers within the community upon release. Naloxone/Narcan kits and overdose training is provided to participants prior to release, and available to their family and friends if requested.

CONTINUING CARE/REINTEGRATION

Each participant works with a Case Manager to develop a transition plan and access needed services to coordinate reintegration needs. The Case Manager works diligently to ensure housing, continued treatment, linkages to MAT, medical/medication services, clothing, food, transportation, Medicaid, and identification needs are addressed with a participant prior to release. TARC also operates an Outpatient Behavioral Health Clinic within the community and is the provider for the Felony Drug Court in Twin Falls. Participants may transition to TARC Outpatient immediately upon release or they are assisted to obtain services with another provider of their choice.

CONTINUING CARE PROVIDERS

Twin Falls County

Treatment and Recovery Clinic
630 Addison Avenue West
Twin Falls, ID 83301
208-736-5048

ProActive Behavioral Health Services

562 Shoup Avenue West
Twin Falls, ID 83301
208-734-0407

KIMI Recovery

219 Gooding Street
Twin Falls, ID 83301
208-293-8846

Beard Family Services

264 Martin Street
Twin Falls, Idaho 83301
208-733-7187

PROGRAM CONTACT INFORMATION

Casey Thomson, LSW, CADIC
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Treatment and Recovery Clinic
630 Addison Avenue West Suite 1000
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