



Idaho

PRISON PROGRAM
South Boise Women's Correctional Center

COUNTY JAIL PROGRAM
Twin Falls County Jail

Prison Program



South Boise Women's Correctional Center FY2018 RSAT funded program

OVERVIEW OF PROGRAM

The South Boise Women's Correctional Center (SBWCC) is a treatment and transition facility for "retained jurisdiction" individuals (i.e., "riders"). SBWCC has an operating capacity of 306 people residing in two separate units. Residents are provided evidence-based services and trauma-informed care. RSAT programming is based on cognitive and behavioral change through intensive treatment, education, and accountability.

The therapeutic community at SBWCC currently uses RSAT funds to pay a full-time contract provider to work with individuals on their reentry plan. RSAT coordinators meet individually with individuals to work on their release plans, track progress in the prerelease class, and discuss transitional funding, parole strategies, and Medicaid enrollment.

MODALITY OF RSAT PROGRAM¹

SBWCC is a therapeutic community. Case management services are provided to all women in the general population. RSAT staff work with women individually to help address their needs. Case managers meet with residents upon their arrival and continue to meet with them on an as needed basis until their release or as requested.

Case management services include:

- An initial intake,
- Individualized counseling and treatment plans,
- Problem solving,
- Parole plans,
- Transitional funds,

¹ This program is not specifically funded by BJA.

- Continuing care/reintegration plans,
- Financial planning,
- Assistance with community resources,
- Classroom facilitation, and
- Program delivery.

Evidence-based therapies include Cognitive-Behavioral Interventions for Substance Abuse (CBI-SA) [University of Cincinnati Corrections Institute] —designed for individuals who are moderate to high need; *Thinking for a Change* (T4C) [National Institute for Corrections]; and the *Beyond Trauma* curriculum [Stephanie Covington Ph.D.]. In addition, Residents are offered classes in mindfulness, grief and loss, and stress management.

The core Idaho Department of Corrections (IDOC) programming for individuals sentenced to a retained jurisdiction includes:

- Aggression replacement training (ART), [Evidence-based Prevention and Intervention Support – EPIS],
- CBI-SA,
- Cognitive behavioral therapy for sexual offending (CBI-SO), and/or
- T4C.

Individuals who have completed IDOC programming are placed in an advanced practices (AP) group, which provides structured assistance in practicing the skills learned in the core programming in a progressively more challenging way. These open-ended groups allow participants to practice cognitive restructuring, emotional regulation, social skills, and problem-solving in increasingly complex and challenging scenarios. Once the learning objectives are achieved, individuals graduate from the group.

CONTINUING CARE/REINTEGRATION

RSAT staff work with individuals prior to release to their assess needs and develop reentry plans that may include finding suitable housing, obtaining and retaining employment, and identifying and accessing physical, mental health, and substance use resources when needed.

Additionally, the IDOC contracts with Easter Seals-Goodwill to provide prerelease services, which links participants with local

PROGRAM HIGHLIGHT

RSAT programming includes a 40- to 60-hour prerelease program, designed to increase understanding of the rules and expectations of community supervision and restorative justice principles. Individuals are required to complete a computer literacy course, a personal portfolio, and the prerelease workbook, as well as attend several short, standardized group sessions related to education and career planning. The prerelease curriculum includes information and training on job search skills, money management, goal setting, education, employment, communication, housing, transportation, health, relationships, and supervision.

community resources including employment, housing, social services, transportation, education, and mental health and substance use services.

CONTINUING CARE PROVIDERS

Easter Seals Goodwill Northern
Rocky Mountain inc.

406-761-3680

PROGRAM CONTACT INFORMATION

Nason Hoyt-Program Manager
13200 Pleasant Valley Road
Kuna, ID 83634
208-334-2731 Ext 6304

Information updated 6/9/2020

County Jail Program



Twin Falls County Jail

Current FY2022 RSAT funded program

OVERVIEW OF PROGRAM

The RSAT Program within the Twin Falls County Jail is known as Twin Falls County Treatment and Recovery Clinic (TARC). TARC uses the American Society of Addiction Medicine (ASAM) Level of Care model when assessing participants and delivers a strong cognitive-behavioral based treatment program that utilizes Moral Reconciliation Therapy and Dialectical Behavioral Therapy.

ELIGIBILITY CRITERIA, SCREENING/ASSESSMENT, AND TREATMENT PLANNING

TARC staff assess participants utilizing an assessment based upon the American Society of Addiction Medicine (ASAM) and the DSM-5 to diagnose substance use disorders. County jail staff assess participants for additional mental health screening as needed. Probation and/or jail staff administer the Level of Service Inventory – Revised (LSI-R) to identify criminogenic risk and needs. Participants must have 30 days left prior to anticipated release in order to qualify for TARC. Referrals originate from the Classification Department within the jail and from self-referrals.

The results from initial intake and assessment include substance use and severity, trauma and mental health needs and criminogenic risk. The results of these assessments are the basis of participants' treatment plans. TARC uses the ASAM Level of Care model, with a focus on cognitive behavioral based therapy curriculums. There is a section on the ASAM based assessment that addresses readiness to change. TARC staff utilize evidence based motivational enhancements within the program that involve rewards for participation and completion, and also peer support.

MODALITY OF RSAT PROGRAM

TARC uses evidence based and promising practices from the assessment, treatment, and case management, and throughout re-entry planning into aftercare within the community. Classes and groups are based on CBT, utilize moral reconciliation therapy (MRT), and dialectical behavior therapy (DBT). Groups are observed by a Clinical Supervisor who provides feedback to ensure fidelity to the modalities used within the program. TARC staff also utilize Motivational Interviewing (MI) during groups, and during individual sessions with participants.

Although the program does not have a separate unit, all groups and services are provided within classrooms apart from other individuals not involved with TARC. The majority of individuals are able to participate in the program between 30 – 60 days.

TARC also operates a behavioral health clinic within the community and is the provider for the local Felony Treatment Court in Twin Falls. Between 50% - 75% of people who leave TARC within the Twin Falls County Jail continue treatment with TARC in the community, and another 10% are sentenced to Felony Drug Court where they continue treatment.

PROGRAM HIGHLIGHT

Twin Falls County Jail has a separate grant for naloxone (NARCAN), which allows them to provide training and a naloxone kit to participants released to the community. This service is also available to individuals' informal supports.

MAT PROGRAM INFORMATION

TARC participants do not have access to medication for opioid / alcohol used disorder within the Twin Falls County Jail. They are provided education about different treatment options and are linked with providers within the community upon release. Naloxone / Narcan and overdose training is provided by county jail staff and available to family and friends. TARC participants are supplied two doses (one kit) upon release.

CONTINUING CARE/REINTEGRATION

TARC staff, county jail personnel, contracted mental health providers within the jail, and Probation Officers work together to coordinate reintegration needs. Each TARC participant works with a Case Manager that follows them into the community. The TARC Case Manager meets with each individual at least weekly prior to release and reviews their treatment plan which includes re-entry goals. Housing, continued treatment, linkages to MAT, and other needs such as clothing and food are assessed with a participant prior to release. TARC also operates a behavioral health facility in Twin Falls where their services include education and guidance, transportation and case management, and mental health and substance use disorder counseling. Between $\frac{1}{2}$ - $\frac{3}{4}$ of TARC participants within the Twin Falls County Jail continue treatment at their community-based clinic using the same treatment / re-entry plan with little to no wait time for services. TARC participants are also encouraged to return to other providers they were comfortable with prior to being held and are assisted with resuming services at other community-based providers. Proper releases of Information aid in the continuum of care by sharing TARC program assessment, treatment and re-entry plans as well as progress. Individuals who are prescribed medications for mental health and medical issues are assisted by TARC staff with linkages to community-based providers to continue treatment.

Those TARC participants who have been in the program the longest and have shown progress towards treatment goals are considered mentors. They have the responsibility to help newcomers orient to the program, learn the rules and regulations, and review basic group concepts. Once released, TARC participants can be linked to Peer Support mentors and resume or start AA/NA meetings within the community.

CONTINUING CARE PROVIDERS

Twin Falls County

Treatment and Recovery Clinic
630 Addison Avenue West
Twin Falls, ID 83301
208-736-5048

ProActive Behavioral Health Services

562 Shoup Avenue West
Twin Falls, ID 83301
208-734-0407

KIMI Recovery

219 Gooding Street
Twin Falls, ID 83301
208-293-8846

Beard Family Services

264 Martin Street
Twin Falls, Idaho 83301
208-733-7187

PROGRAM CONTACT INFORMATION

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