



Colorado

PRISON PROGRAM
Arrowhead Correctional Center

Prison Program



Arrowhead Correctional Center

FY2023 RSAT funded program

OVERVIEW OF PROGRAM

Arrowhead Correctional Center (ACC) is a minimum-security prison with a current capacity of approximately 520 male residents. The RSAT Program specializes in services for individuals with substance use disorders (SUD) or co-occurring disorders (COD) within a therapeutic community setting. At the time of the interview, this program served approximately 204 individuals. RSAT program participants reside together in separate units within the prison.

The RSAT Program was created for residents with extensive histories of substance misuse and mental health disorders in a long-term residential treatment setting. The center was first awarded RSAT funds in 1997.

PROGRAM HIGHLIGHT

Recovery, overall lifestyle changes, and community serve as key change agents within this therapeutic setting.

ELIGIBILITY CRITERIA, SCREENING/ASSESSMENT, AND TREATMENT PLANNING

For an individual to be eligible for the Arrowhead Correctional Center RSAT program, they must be prioritized by a statewide automated global referral system of those who are eligible for treatment. They must have five years or less to parole eligibility to be prioritized for treatment. They must be diagnosed with SUD or COD by a licensed and clinically trained mental health professional using DSM-5 criteria and undergo a thorough biopsychosocial assessment, including a Level of Service Inventory-Revised (LSI-R) assessment. Individuals must have a job within the prison to participate in the RSAT Program. Upon successfully completing the RSAT Program, individuals typically are paroled. Otherwise, the participant will return to the prison's general population.

MODALITY OF RSAT PROGRAM

Staff use cognitive behavioral therapy (CBT) interventions and integrate COD treatment into the therapeutic community program. Groups focus on accountability, such as maintaining a job within the prison during an individual's period of participation in the RSAT Program. Additionally, behavioral health groups are available for those who would like to participate. These groups are offered weekly over a period of twelve weeks. Individuals are provided with education on relapse and relapse triggers. Currently peer support services are not offered, but that is a future goal for the program. While there are no specific services for tribal community members within the RSAT program, the Arrowhead Correctional Center offers Sweat Lodge options for those interested.

CONTINUING CARE/REINTEGRATION

Some participants who successfully complete the program are typically paroled as others leave to Community Corrections residential facilities. If they have COD, they are sent to a facility that offers SUD and mental health treatment services. Staff work to match participants who are interested with medication-assisted treatment (MAT) services upon release.

MAT PROGRAM INFORMATION

Individuals have access to MAT services and are monitored on MAT medication such as Suboxone or Naltrexone. These are currently the only medications prescribed and continued as ACC. Staff work to connect participants to ongoing MAT services upon release for continuity of care. Additionally, naloxone (Narcan) is provided to participants upon release.

PROGRAM CONTACT INFORMATION

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