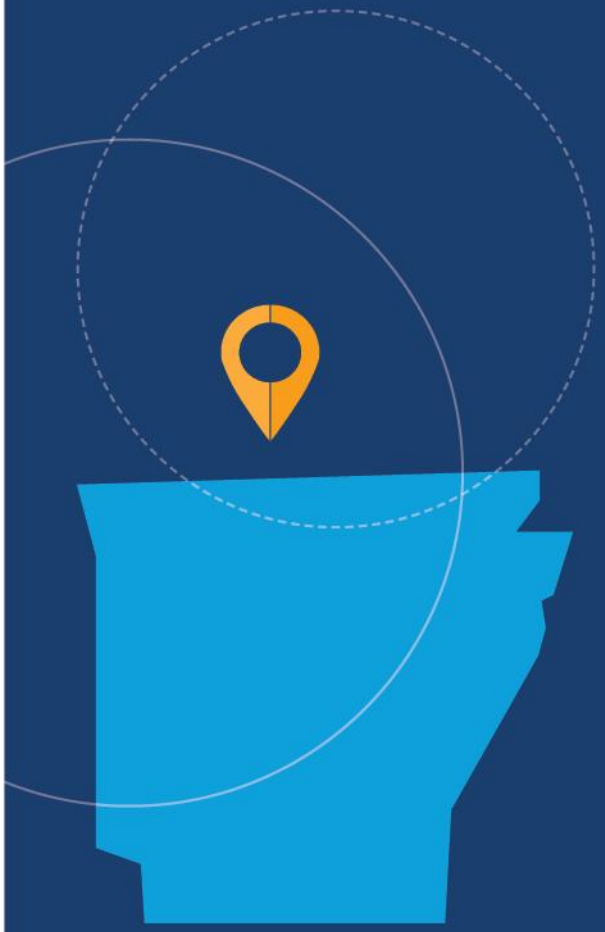


Arkansas

Prison Program
East Central Arkansas Community Correction Center
Arkansas Community Correction

County Jail Program
Sevier County Jail

Prison Program

East Central Arkansas Community Correction Center

Fiscal Year 2018 RSAT-Funded Program

OVERVIEW OF PROGRAM

The Residential Substance Abuse Treatment (RSAT) program within the East Central Arkansas Community Correction Center (EC CCC) is a separate 94-bed unit at a facility that houses 350 women.

The EC CCC was first funded around 2005 at another location in Arkansas. It moved to its current location in West Memphis and began operating in April 2016. There are five other RSAT-funded Community Correction Centers in Arkansas and one in the Sevier County Jail.

PROGRAM HIGHLIGHT

The RSAT Special Needs Program provides services for women with co-occurring disorders (i.e., substance use disorders [SUDs], mental health disorders, and physical disabilities or limitations). The residents receive evidence-based services and trauma-informed care, use tablet technology, and are offered medication-assisted treatment (MAT) with naltrexone (Vivitrol).

ELIGIBILITY CRITERIA, SCREENING/ASSESSMENT, AND TREATMENT PLANNING

Women who enter the Arkansas Department of Corrections (DOC) receive a mental health screening, an Arkansas-based risk/need instrument, the Addiction Severity Index, the Rapid Opioid Dependence Screen, a mental health diagnosis based on the Diagnostic and Statistical Manual of Mental Disorders, Fifth Edition (DSM-5), and educational testing. Based on those results, women who have co-occurring disorders (i.e., SUD and mental illness and/or physical disability or limitations) are transferred to the RSAT program at the EC CCC. Women with sex-related or violent offenses are excluded.

Once women are admitted to the RSAT program, program staff obtain more information about their mental health issues including post-traumatic stress disorder, SUD, and physical disability (if any). Staff develop a master treatment plan for each woman and review it monthly.

Treatment plans are developed with measurable behavioral change in mind. All women must show changes in thinking and behavior before moving through treatment phases and, ultimately, program

completion. RSAT staff and others review a woman's treatment plan and discuss her case before she moves to the next phase of the program.

The program lasts 6 to 12 months, depending on each woman's needs, progress through the program, and achievement of treatment goals. Some women may complete the program sooner if they are doing well and showing observed and measurable behavioral change.

MODALITY OF RSAT PROGRAM

The RSAT program in the EC CCC is a therapeutic community. There are three phases:

1. Orientation
2. Main Phase
3. Relapse Prevention Phase

When a woman is ready to "phase up," RSAT counselors, the warden, and the assistant warden meet to discuss her individual case and review treatment plan progress. Sometimes they decide that another 30 days in the same phase is best to allow more time for growth and healing.

As women progress through the phases, they gain more responsibility. They may be expected to get jobs within the facility and mentor the new "sisters" just entering the program. Participants attend a weekly encounter group that participants attend to practice new behaviors with each other in a safe, supportive atmosphere.

Classes and groups include:

- *Seeking Safety* [Treatment Innovations—Lisa Najavits],
- Domestic Violence,
- Release and Reintegration,
- Housing and Budget Skills,
- Art Therapy, and
- *Living in Balance* [Hazelden Publishing].

Peer Alcoholics Anonymous and Narcotics Anonymous groups and community-based commitments occur regularly. Vocational certifications classes are offered in welding, boiler room, and ServSafe® (food and beverage safety). The EC CCC will use Second Chance Act grant funds to set up college courses.

The RSAT program provides tablets that enable participants to:

- Study for their high school equivalency test (HiSET),
- Take Khan Academy online courses,
- Take lessons on art history and other areas, and
- Play games.

According to anecdotal reports, the program has a high completion rate. Most disciplinary problems are managed within the program, but more serious behaviors can lead to transfer back to a DOC facility. When this occurs, women are welcomed back to the CCC to complete the RSAT program after serving their DOC-sanctioned sentences.

RSAT participants meet with a private vendor approximately 30 to 45 days prior to release to apply for health insurance, and to obtain a Social Security card and a new birth certificate, if needed. Once a woman is ready to complete the program, she may be approved for parole supervision or return to probation supervision. Those who were on drug court supervision return to that arrangement. CCC staff work with the courts to help find transitional housing and continued treatment, as necessary.

MAT PROGRAM INFORMATION

Women with opioid use disorder receive medication-assisted treatment (MAT) such as naltrexone. Medical staff talk to interested women about the risks and benefits of MAT several months before their scheduled release. If blood tests show that a woman will be able to tolerate naltrexone, she tries an oral dose several days before her release to ensure she is not allergic. She then receives an injection 24 to 48 hours prior to release and leaves with an already-scheduled appointment with a provider in the community.

CONTINUING CARE PROVIDERS

MAT Providers

Counseling Associates, Inc.–Conway
350 Salem Road, Suite 1
Conway, AR 72034
501-336-8300
Point of Contact: Rhomie King
rking@caiinc.org

Ozark Guidance–Bentonville
2003 SE Walton Boulevard
Bentonville, AR 72712
479-725-6000
Point of Contact: Libby Bier
479-418-3869
Libby.Bier@ozarkguidance.org
MAT.Recovery@ozarkguidance.org

Arcare–Little Rock
11219 Financial Centre Parkway, Suite 200
Little Rock, AR 72211
501-455-2712
Point of Contact: Jae Hargro
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Western Arkansas Counseling and Guidance Center, Inc.
3111 South 70th Street
Fort Smith, AR 72903
479-.452-6650
Point of Contact: Karen McGrew
karen.mcgrew@wacgc.org

Mental Health Services

Passion Unlimited Counseling & Consulting LLC
16609 Cantrell Road, Suite 14
Little Rock, AR 72223
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Point of Contact: Christina Allen, LPC
www.PassionUnlimitedllc.com

Conway Counseling & Wellness, PLLC
855 S. German Lane #1
Conway, AR 72034
501-358-6606
Point of Contact Dr. Ayisha Canant
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Transitional Housing

Hope House of Recovery
3517 W. 25th Street
Little Rock, AR 72204
Point of Contact: Tacha Ramos
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Phoenix Recovery, Inc.
1224 Jersey Street
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PROGRAM CONTACT INFORMATION

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Information updated 4/2/2019

Arkansas Community Correction

Fiscal Year 2018 RSAT-Funded Program

OVERVIEW OF PROGRAM

Residential Substance Abuse Treatment (RSAT) funding is distributed among the Community Correction Center (CCC) locations and one jail, the Sevier County Jail. This is the first time in several years that a jail in Arkansas has received RSAT funding; the state hopes to provide RSAT funding for a second jail during the next funding cycle. The RSAT program was first funded around 2005.

The main RSAT program operated at the East Central Arkansas CCC (see the previous entry for additional details).

Community Correction Center Locations

- Central Arkansas CCC: Little Rock
- East Central Arkansas CCC: West Memphis
- Northeast Arkansas CCC: Osceola
- Northwest Arkansas CCC: Fayetteville
- Omega Supervision Sanction Center: Malvern
- Southwest Arkansas CCC: Texarkana

ELIGIBILITY CRITERIA, SCREENING/ASSESSMENT, AND TREATMENT PLANNING

Individuals with nonviolent, non-sex-related offenses may be ordered to a CCC in one of three ways:

1. **Judicial Transfer.** The individual is sentenced to the Arkansas Department of Corrections (DOC) with a transfer to incarceration at a CCC if the sentence is 4 years or less.
2. **Probation Plus Program.** A probationer who violates a condition of probation may be ordered by the judge to serve up to 365 days at a CCC.
3. **Drug Court Short-Term Treatment.** Participants in a drug court program may be sanctioned by their judge to 30, 60, or 90 days of intensive substance use disorder (SUD) treatment at a CCC. Drug court participants may also be sanctioned by their judge to incarceration at a CCC for up to 365 days. Treatment for the short-term program includes individual and group therapy, 12-step Alcoholics Anonymous (AA) and Narcotics Anonymous (NA), process/static group, prerelease, life skills group, cognitive intervention, parenting,

peer support, mental health referrals, relapse prevention, and anger management. Residents participate in 25 to 28 hours of treatment per week. Staff work closely with each resident to make sure that the resident has a plan to address individual needs, which strengthens the recovery process.

MODALITY OF RSAT PROGRAM

The goal of the CCCs is to facilitate development of permanent lifestyle changes so residents will become contributing, law-abiding citizens while in the center and upon return to the community. Emphasis is placed on resolution of personal issues, responsibility, and accountability for one's behavior. Both RSAT jail- and prison-based programs include multiple activities, such as group work and counseling sessions. Staff use cognitive behavioral therapy and interventions and integrate co-occurring disorder treatment into the therapeutic community. Treatment models and modalities include:

- *Seeking Safety* [Treatment Innovations —Lisa Najavits] a post-traumatic stress disorder and SUD treatment curriculum
- Medication-assisted treatment (MAT) pilot programs in East Central Arkansas CCC, Southwest Arkansas CCC, and Omega Supervision Sanction Center
- Domestic violence program (Southwest Arkansas CCC)
- *Parenting Inside Out* program (in one center for women only)

PROGRAM HIGHLIGHT

Participants who successfully complete the jail's program are typically paroled and phase into a 9-month continuing care program. This requires each person to attend at least three meetings with an assigned counselor and regularly attend some form of self-help group, such as AA, NA, or a faith-based group. Participants do not "graduate" from the entire RSAT program until they have completed the jail and continuing care programs.

Those who complete therapeutic programming may be released on parole, if approved by the Parole Board. Probation Plus participants remain under the authority of the court and return to probation once they have completed treatment. Drug court participants remain under the authority of the court and return to drug court supervision once they have completed treatment.

MAT PROGRAM INFORMATION

Three Arkansas CCCs are piloting MAT:

1. East Central Arkansas CCC
2. Southwest Arkansas CCC
3. Omega Supervision Sanction Center

CONTINUING CARE/REINTEGRATION

A special event is planned for graduates.

CONTINUING CARE PROVIDERS

MAT Providers

Counseling Associates, Inc.–Conway
350 Salem Road, Suite 1
Conway, AR 72034
501-336-8300
Point of Contact: Rhomie King
rking@caiinc.org

Ozark Guidance–Bentonville
2003 SE Walton Boulevard
Bentonville, AR 72712
479.725.6000
Point of Contact: Libby Bier
479-418-3869
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Arcare–Little Rock
11219 Financial Centre Parkway, Suite 200
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501-455-2712
Point of Contact: Jae Hargro
jae.hargro@arcare.net

Western Arkansas Counseling and Guidance Center, Inc.
3111 South 70th Street
Fort Smith, AR 72903
479-452-6650
Point of Contact: Karen McGrew
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Mental Health Services

Passion Unlimited Counseling & Consulting LLC
16609 Cantrell Road, Suite 14
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www.PassionUnlimitedllc.com

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Dr. Ayisha Canant
Ayisha@conwaycps.com

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3517 W. 25th Street
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lnramos@ualr.edu

Phoenix Recovery, Inc.
1224 Jersey Street
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PROGRAM CONTACT INFORMATION

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Information updated 2/5/2019

County Jail Program

Sevier County Jail

Fiscal Year 2022 RSAT-Funded Program

OVERVIEW OF PROGRAM

The Residential Substance Abuse Treatment (RSAT) program at the Sevier County Jail is a 90-day intensive in-jail program coupled with a 9-month aftercare program that supports men and women through reentry. The program is currently serving 11 individuals in the 90-day intensive program and 34 individuals in the aftercare portion of the program. While incarcerated, program participants are housed in a dedicated unit. Program participants are offered evidence-based substance use treatment programming aimed at breaking the cycle of addiction.

The program first received RSAT funding in August 2017 and began admitting individuals that same year.

ELIGIBILITY CRITERIA, SCREENING/ASSESSMENT AND TREATMENT PLANNING

Admission to the RSAT program is guided by an objective inmate classification method using the Northpointe Decision Tree. Participants must have minimum-security classification and have no history of violent sexual offenses.

Potential participants are given a medical and mental health assessment upon intake by a third-party provider; however, no formal screening tools are used as a basis for admission to the program. Once the screening is complete, individuals interested in participating in the program can submit a formal application for admission, which is reviewed by the jail administrator and program coordinators. The prosecuting attorney then decides which individuals are admitted to the program based on the type of crime committed, criminal history, and the candidate's acknowledgement of a history of drug use.

MODALITY OF RSAT PROGRAM

The RSAT program at the Sevier County Jail is a therapeutic community that employs the evidence-based Matrix Model, which combines cognitive behavioral counseling and Motivational Interviewing, as well as a cognitive behavioral–based criminal thinking curriculum.

Other modalities include mindset training, “Bridges to Poverty” and “Getting Ahead While Getting Out” courses, and classroom sessions that focus on understanding four core vulnerabilities:

- Biological Vulnerability: Does your genetic makeup make you susceptible to addiction?
- Psychological Vulnerability: What is the real root of your addiction?
- Social Context: Are there situations to avoid that serve as triggers?
- Spiritual Emptiness: Is there something else missing that substances cannot fulfill?

Treatment planning is done collaboratively between counselors and participants.

Additional services and curricula include Narcotics Anonymous, Alcoholics Anonymous, Celebrate Recovery, Authentic Manhood, the U.S. Substance Abuse and Mental Health Services Administration's Anger Management, and a General Educational Development (GED) preparation course.

AFTERCARE/REINTEGRATION

The aftercare portion of the program lasts 9 months and includes three mandatory meetings per week as well as random drug testing. Individuals who complete the 90-day intensive program are paired with a peer recovery specialist who encourages them to attend mandatory meetings and helps them navigate possible triggers that might lead to relapse. Three peer specialists are currently assigned to the RSAT program, along with with several trainees that volunteer their time to earn training hours. At the end of the 9-month aftercare program, participants graduate at a banquet hosted by the First Baptist Church of De Queen, celebrating their courage, bravery, and behavior change.

PROGRAM HIGHLIGHT

The RSAT program has a 72 percent success rate and a 17 percent recidivism rate. A recent docuseries about this program, “The Program: Prison Detox,” can be viewed on Discovery+.

PROGRAM CONTACT INFORMATION

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Information updated 7/26/2022