## Specialized Programming and Treatment Issues for Veterans in Jails and Prisons

May 19, 2021

#### Bureau of Justice Assistance (BJA)

Residential Substance Abuse Treatment (RSAT) Program for State Prisoners Training and Technical Assistance Resource





This project was supported by grant No. 2019-J2-BX-K001 awarded by the Bureau of Justice Assistance. The Bureau of Justice Assistance is a component of the Office of Justice Programs, which also includes the Bureau of Justice Statistics, the National Institute of Justice, the Office of Juvenile Justice and Delinquency Prevention, the SMART Office, and the Office for Victims of Crime. Point of view or opinions in this document are those of the author and do not represent the official position or policies of the United States Department of Justice.



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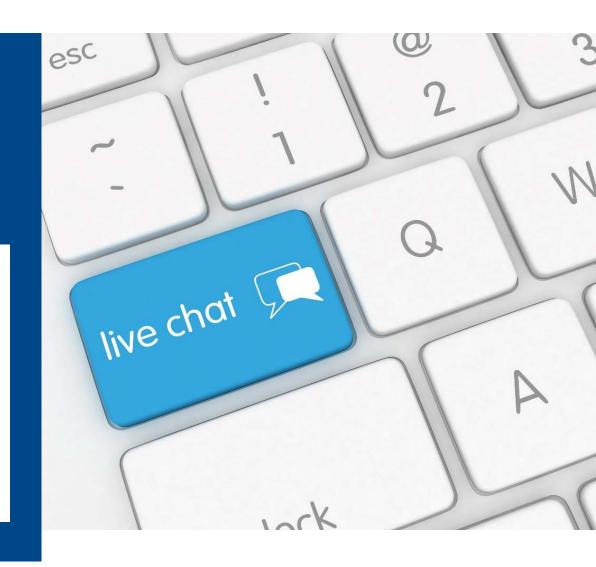
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## **Today's Speakers**



Michelle N. Cleary Senior Program Associate Advocates for Human Potential



Vincenzo Barone Deputy Warden Suffolk County Sheriff's Office



Sarah Sullivan-Kersey Correction Unit Supervisor Stafford Creek Corrections Center



## Agenda

- Introductions
- What to consider when planning programming for veterans
  - Common veteran health issues
  - Strengths
  - Tools and resources
- Discussion Stafford Creek Corrections Center and Yaphank Correction Facility
- Q&A
- Wrap-up

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## Poll # 1:

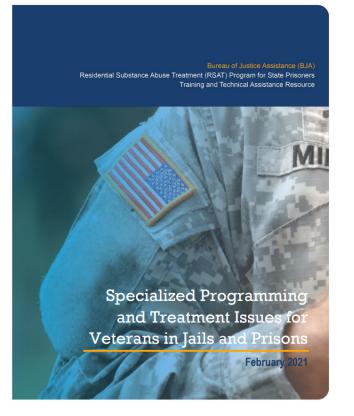
Do you have specialized veterans programming in your jail/prison?

- a. Yes
- b. No
- c. It's being considered





## New RSAT Manual



### Includes:

- Common veterans health issues
- Military culture strengths
- Veteran treatment programming
- Post incarceration transition services
- Case examples
- Resources and tools



## Learning Objectives

### After completing this webinar, participants will be able to:

- . Cite common health issues many veterans face
- . Identify strengths of military culture
- . Name 3-5 tools and/or resources to support veterans



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## Who are our veterans?

The nation's 18,830,450 of the total population.	veterans make	e up 7.6 percer	nt
THEIR GENDER			
Male veterans	17,254,563	91.6%	
Female veterans	1,575,887	8.3%	
HOW OLD THEY ARE			
65 years and over	9.315,829	49.5%	
35 to 54 years	4,470,020	23.75%	
55 to 64 years	3.405,348	18.0%	
18 to 34 years	1,639,253	8.7%	
WHEN THEY SERVED			
Vietnam Era	6,251,257	33.2%	
Peacetime	4,338,296	23.0%	
Gulf War	4,191,649	22.2%	
More than one War	1,682,931	9.0%	
Korean War	1,539,875	8.1%	
World War II	835,442	4.4%	

Approximately 8% of the people who are incarcerated served in the military.

Source: Schultz, Jennifer (2017). Veterans by the Numbers. The National Conference of State Legislatures Blog; https://www.ncsl.org/blog/2017/11/10/veterans-by-the-numbers.aspx



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## Veterans and the criminal justice system

 Higher rates of mental health disorders than civilian adults



Stress of reintegration



- Homelessness
  - Veterans in prisons 30% experienced homelessness
  - Veterans in jails 25% experienced homelessness
  - Female veterans, are 2-4 times more likely than male veterans to experience homelessness





## **Common Veteran Health Issues**



## Common Veteran Health Issues

### Chronic Pain

- More prevalent among younger veterans (post 2001)
- Traumatic Brain Injury (TBI)
  - Physical, cognitive, emotional symptoms
- Mental Health Challenges
  - Post-Traumatic Stress Disorder (PTSD)







## Common Veteran Health Issues (cont'd)

### Substance Use Disorders

- 50% in justice system
- Self medication

### • Suicide:

- Compounding factors:
  - Alcohol use
  - Depression
  - Chronic pain
  - Prescription opioids
  - Military sexual trauma





## Why Programming for Veterans?



## Why Establish Veterans' Specific Programming

- Public safety
- Reduction of recidivism
- Better outcomes
- Possible tie between military service that contributed to their involvement in the justice system



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## **Military Ethos**

### Syracuse University's Institute for Veterans and Military Families found:

- High levels of self-efficacy
- Quick decision-making and response time
- Resiliency
- Team-building skills
- Organizational commitment
- Leadership ability
- Loyalty





## Poll # 2:

True or false:

The question: 'Are you a veteran' is an effective way to determine veterans status.

- a. True
- b. False





## Identifying the population

## False!

"Have you ever served in the military?" OR
"Have you ever served in the US Armed Forces?"





### HAVE YOU SERVED?

LET US KNOW IF YOU SERVED IN THE UNITED STATES ARMED FORCES

The Suffolk County Correctional Facility has a special housing area for our United States Veterans. If you served in any branch of the military, tell a correction officer so that we can screen you for this special program.

\*\*\*We can help guide you so that your VA benefits are properly handled if you are convicted of a crime.

We can also help with mental health issues, vocational training, employment assistance, stress reduction, substance abuse treatment, post-release housing, and through volunteer mentors.

THE VETERANS RE-ENTRY POD AT THE SUIFOLK COUNTY CORRECTIONAL FACILITY

LEAVE NO VETERAN BEHIND



## **Tools and Resources – During Incarceration**

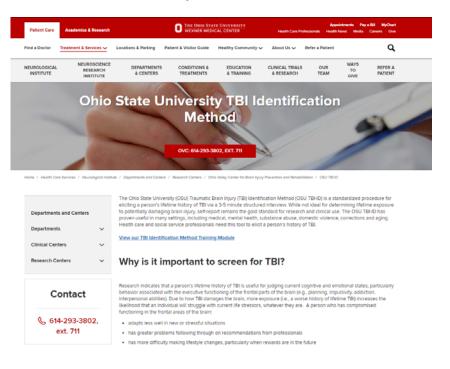


### **TBI Resources**

### US Department of Veterans Affairs



### Ohio State University TBI Identification Method





## Trauma Resources

### US Department of Veterans Affairs – National Center for PTSD



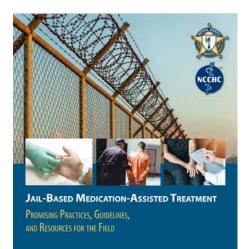
### Trauma-Informed Approaches in Correctional Settings





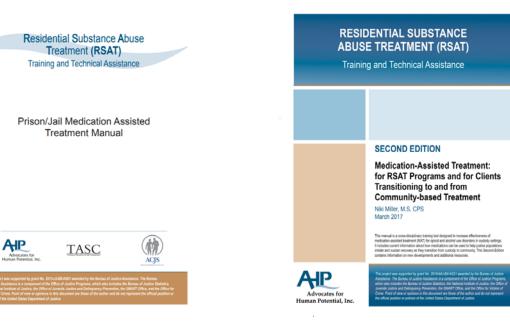
## RSAT Resources – SUD, MAT

Jail-based Medication-Assisted Treatment – Promising Practices, Guidelines, and Resources for the Field



October 20

Prison/Jail Medication Assisted Treatment Manual Medication-Assisted Treatment for RSAT Programs for Clients Transitioning to and from Community-based Treatment





### **Benefits**

#### About VA Health Benefits

An official website of the United Sta	tes government <u>Here's how you know</u> v	Aiii Talk to the Veterans Crisis Line now
VA   🐼 U.S. Depa of Veterar	urtment as Affairs	♀ Search ♀ Contact us Sign in
VA Benefits and Health Care	✓ About VA ✓ Find a VA Location	
COVID-19 vaccin	nes at VA	
We continue to offer CO	VID-19 vaccines to Veterans, spouses, caregivers, and C	CHAMPVA recipients as quickly and safely as we can.
Sign up to get a COVID-1	19 vaccine at VA	
ome > Health care > About \	VA health benefits	
and a present a product		
Health care	About VA health	1 benefits
Get benefits -	_	
		you'll receive coverage for the services
About VA health benefits		ay—healthy. Learn more about your
Your care team	health care benefits.	
Where you'll go for care		
Your health care costs	What care and services does V	A health care cover?
VA health care and other	Each Veteran's medical benefits package is un	sique. Yours will include care and services to help:
insurance	<ul> <li>Treat illnesses and injuries</li> </ul>	
Long-term care	<ul> <li>Prevent future health problems</li> </ul>	
Dental care	<ul> <li>Improve your ability to function</li> </ul>	
Dental care Vision care	Improve your ability to function     Enhance your quality of life	
Vision care	Improve your ability to function     Enhance your quality of life	d services, but only some will qualify for added overed benefits depends on:
Vision care Eligibility	Improve your ability to function     Enhance your quality of life All Veterans receive coverage for most care and	
Vision care Eligibility How to apply	Improve your ability to function     Enhance your quality of life     All Veterans receive coverage for most care an benefits like dental care. The full list of your co     Your priority group, and     The advice of your VA primary care provide	
Vision care Eligibility	Improve your ability to function     Enhance your quality of life     All Veterans receive coverage for most care an     benefits like dental care. The full list of your ce     Your priority group, and     The advice of your VA primary care provide     assistant), and	overed benefits depends on: er (your main doctor, nurse practitioner, or physician's
Vision care Eligibility How to apply	Improve your ability to function     Enhance your quality of life All Veterans receive coverage for most care an benefits like dental care. The full list of your co     Your priority group, and     The advice of your VA primary care provide     assistani, and     The medical standards for treating any bea	overed benefits depends on: er (your main doctor, nurse practitioner, or physician's
Vision care Eligibility How to apply Apply now	Improve your ability to function     Enhance your quality of life     All Veterans receive coverage for most care an     benefits like dental care. The full list of your co     Your priority group, and     The advice of your VA primary care provide     assistant), and     The medical standards for treating any hee     Learn more about priority groups	overed benefits depends on: er (your main doctor, nurse practitioner, or physician's alth conditions you may have
Vision care Eligibility How to apply Apply now After you apply Family health benefits	Improve your ability to function     Enhance your quality of life     All Veterna receive coverage for most care an     benefits like dental care. The full list of your co     Your priority group, and     The advice of your VL primary care provide     assistant), and     The medical standards for treating any he     Learn more about priority groups     You should also know that being signed up for	overed benefits depends on: er (your main doctor, nurse practitioner, or physician's alth conditions you may have r VA health care meets your Affordable Care Act (ACA)
Vision care Eligibility How to apply Apply now After you apply	Improve your ability to function     Enhance your quality of life     All Veterna receive coverage for most care an     benefits like dental care. The full list of your co     Your priority group, and     The advice of your VL primary care provide     assistant), and     The medical standards for treating any he     Learn more about priority groups     You should also know that being signed up for	overed benefits depends on: er (your main doctor, nurse practitioner, or physician's alth conditions you may have

### Veterans Justice Outreach Program



RSAT PROGRAM

## **Suicide Prevention**

### Beck Scale for Suicidal Ideation



### Suicide Screening: The Columbia Lighthouse Project



ASKING ABOUT SUICIDE IS VITAL FOR SUICIDE PREVENTION AT CORRECTIONAL FACILITIES

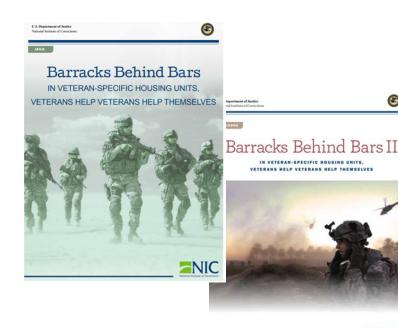
Suicide risk assessment is critical for saving the lives of both inmates and correctional officers (COs), who are at heightened risk for taking their own lives.

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RSAT PROGRAM

## **Other Resources**

#### Barracks Behind Bars I and II



**ZNIC** 

SAMHSA's Use of MAT for OUD in Criminal Justice Settings

#### EVIDENCE-BASED RESOURCE GUIDE SERIES

Use of Medication-Assisted Treatment for Opioid Use Disorder in Criminal Justice Settings



PsychArmor – 15 Things Veterans Want You to Know





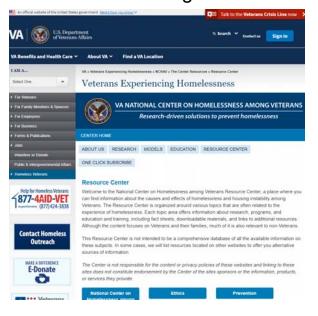


## Tools and Resources – Post-Incarceration



## **Post-Incarceration Resources**

### US Department of Veterans Affairs -Housing



Planning for Your Release – a Guide for Incarcerated Veterans

> Planning for Your Release A Guide for Incarcerated Veterans

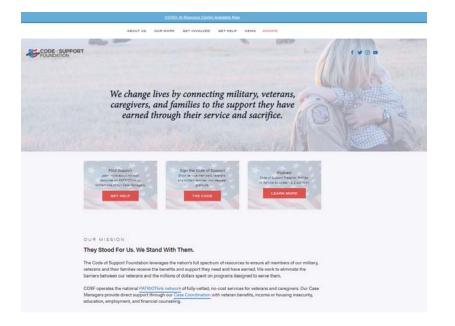




## Post-Incarceration Resources (cont'd)

### National Military Family Association





Code of Support Foundation



## Veterans Programming - Examples











## QUESTIONS

Type your questions in the Q&A box on your screen.

Speaker Contact Info: Michelle N. Cleary | mcleary@ahpnet.com



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## CERTIFICATE OF CONTINUING EDUCATION



1 Continuing Education Hour (CEH) approved by NAADAC, the Association of Addiction Professionals



Pass 10-question quiz with 7 correct answers



Download certificate upon completion of the quiz

### May 19, 2021 RSAT webinar CEH quiz link:

https://survey.alchemer.com/s3/6350464/May-19-2020-RSAT-Webinar-CEH





http://www.rsat-tta.com

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