Opioid Use Disorder Treatment and Reentry Best Practices with Short Jail Stays

Pew Charitable Trusts and

Hudson County, NJ Department of Housing & Community Reintegration

Bureau of Justice Assistance (BJA)

Residential Substance Abuse Treatment (RSAT) Program for State Prisoners Training and Technical Assistance Resource

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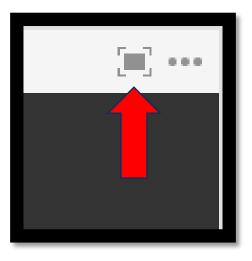
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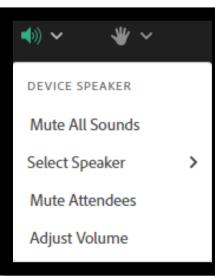
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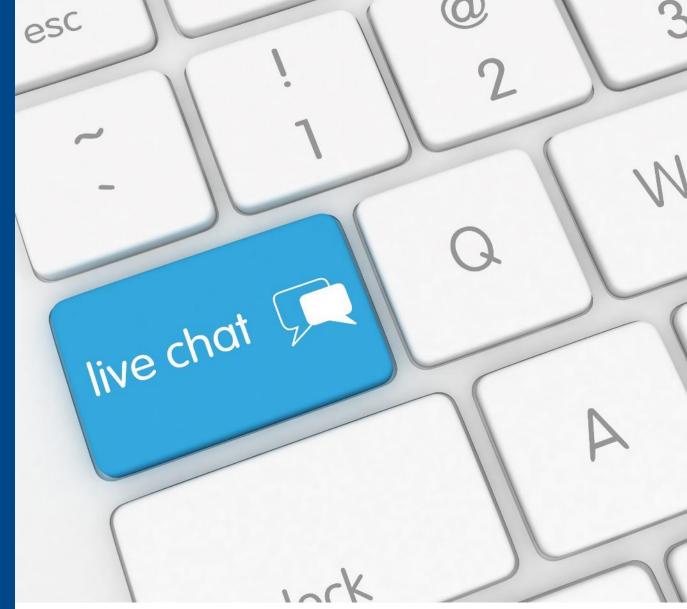


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Opioid use disorder treatment and reentry best practices with short jail stays

Alexandra Duncan, Frank Mazza & Oscar Aviles | April 7, 2021

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Disclosures

We have no conflicts of interest



Learning Objectives

After this session, participants should be able to:

- 1. Define characteristics of successful jail MOUD programs
- 2. Describe why continuity of care is important
- 3. List components of a comprehensive reentry program
- Identify ways to incorporate aspects of Hudson County, NJ's reentry program into their facility's reentry program



Today's Topics

Characteristics of successful MOUD
programs

Comprehensive reentry program characteristics

Spotlight on Hudson County, NJ

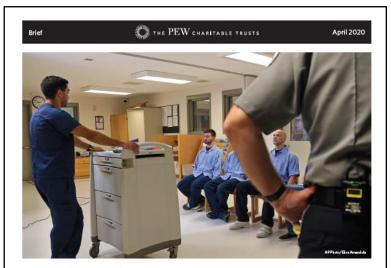




Through its Substance Use Prevention and Treatment Initiative, Pew works to advance state and federal policies that address the toll of substance misuse, including expanded access to evidence-based treatment.



Pew Resources



Opioid Use Disorder Treatment in Jails and Prisons

Medication provided to incarcerated populations saves lives

Overview

The most effective therapy for people with opioid use disorder (OUD) involves the use of Food and Drug Administration-approved medications—methadone, buprenorphine, and naltrexone. Despite evidence that this approach, known as medications for opioid use disorder (MOUD), reduces relapse and saves lives, the vast majority of jails and prisons do not offer this treatment. This brief examines what policymakers should consider when exploring how to best manage OUD in incarcerated populations.

It helps to first answer this question: How common is OUD in incarcerated populations? Data from 2007-2009 (the most recent available) showed that more than half of individuals in state prisons or those with jail sentences met the criteria for a non-alcohol and nicotine-related substance use disorder (SUD), meaning a problematic pattern of using a drug that results in impairment in daily life or noticeable distress, compared with only 5 percent of adults in the general population.



How States and Counties Can Help Individuals With Opioid Use Disorder Re-Enter Communities

People need access to proven treatment, consistent care post-incarceration

Overview

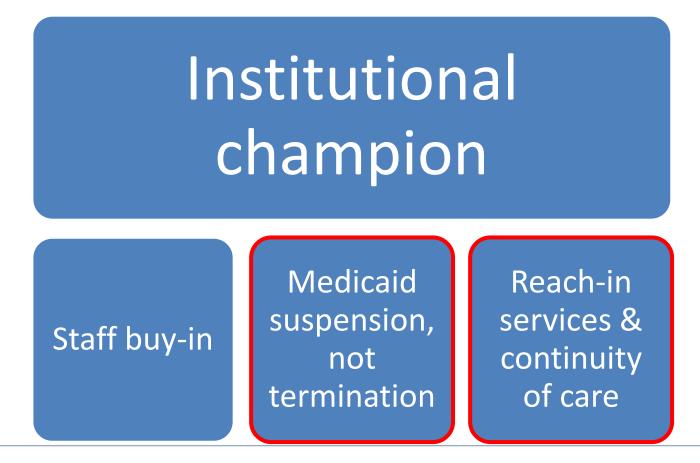
At least <u>95 percent</u> of individuals in state prisons will eventually return to communities. In fact, in a typical year more than <u>half a million</u> people do so, with <u>many more coming from iails</u>. A disproportionate share of these individuals have one or more chronic illnesses, including more than half who met the criteria for <u>a non-alcohol and nicotine-related substance use disorder (SUD)</u> from 2007 to 2009, according to the latest available data. The percentages are likely substantially higher now, however, because of what the Centers for Disease Control and Prevention has <u>described</u> as the current opioid epidemic.

The prospect for a successful re-entry by these individuals is strongly affected by their ability to access health care services post-release, particularly treatment for their SUD.¹ The ability to access care is critical, as the time immediately following release can be <u>particularly dangerous for overdose</u>. Individuals who have been relatively or completely opioid-free behind bars have a reduced tolerance to the drug, and therefore are at high risk of overdose if they resume use at their previous levels.





Successful jail MOUD programs





Reentry: Importance of Care Continuity

- At least 95 percent of individuals in state prisons will eventually return to communities,¹ with many more returning from jails.²
- Increased risk of overdose and death in the weeks post-release.³

1. <u>https://www.bjs.gov/content/pub/pdf/reentry.pdf</u> 2. <u>https://www.bjs.gov/content/pub/pdf/ji15.pdf</u> 3. <u>https://www.ncbi.nlm.nih.gov/pubmed/19237844</u>, <u>https://www.ncbi.nlm.nih.gov/pubmed/20579009</u>, <u>https://www.ncbi.nlm.nih.gov/pubmed/17215533</u>.



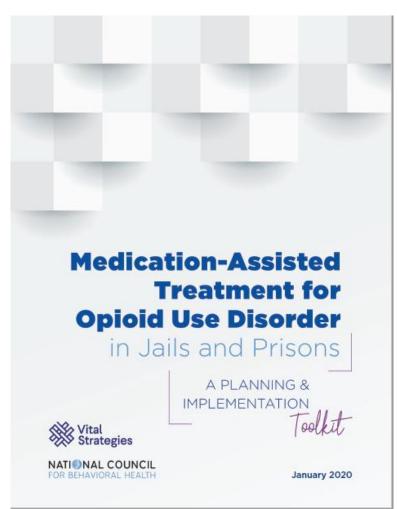
Reentry: Components of Comprehensive Programs

- 1. Access to affordable, on-going, widely accepted form of health insurance (usually Medicaid)
- 2. Comprehensive pre-release reentry planning
- 3. Physical access (proximity) to good quality, culturally competent, inter-linked treatment providers



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How to show success



Component 6: Data Monitoring and Evaluation Metrics

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Spotlight on Hudson County, NJ



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QUESTIONS

Type your questions in the Q&A box on your screen.

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