

RSAT Programs and Harm Reduction

What's on the Horizon?

Bureau of Justice Assistance (BJA)

Residential Substance Abuse Treatment (RSAT)
Program for State Prisoners

Training and Technical Assistance Resource

This project was supported by grant No. 2019-J2-BX-K001 awarded by the Bureau of Justice Assistance. The Bureau of Justice Assistance is a component of the Office of Justice Programs, which also includes the Bureau of Justice Statistics, the National Institute of Justice, the Office of Juvenile Justice and Delinquency Prevention, the SMART Office, and the Office for Victims of Crime. Point of view or opinions in this document are those of the author and do not represent the official position or policies of the United States Department of Justice.



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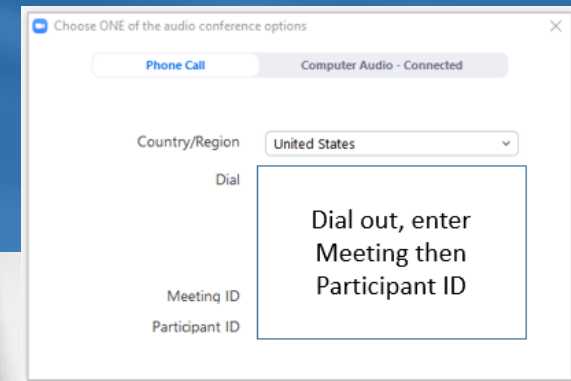


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Today's Speaker



Niki Miller, M.S., CPS

Senior Research Associate

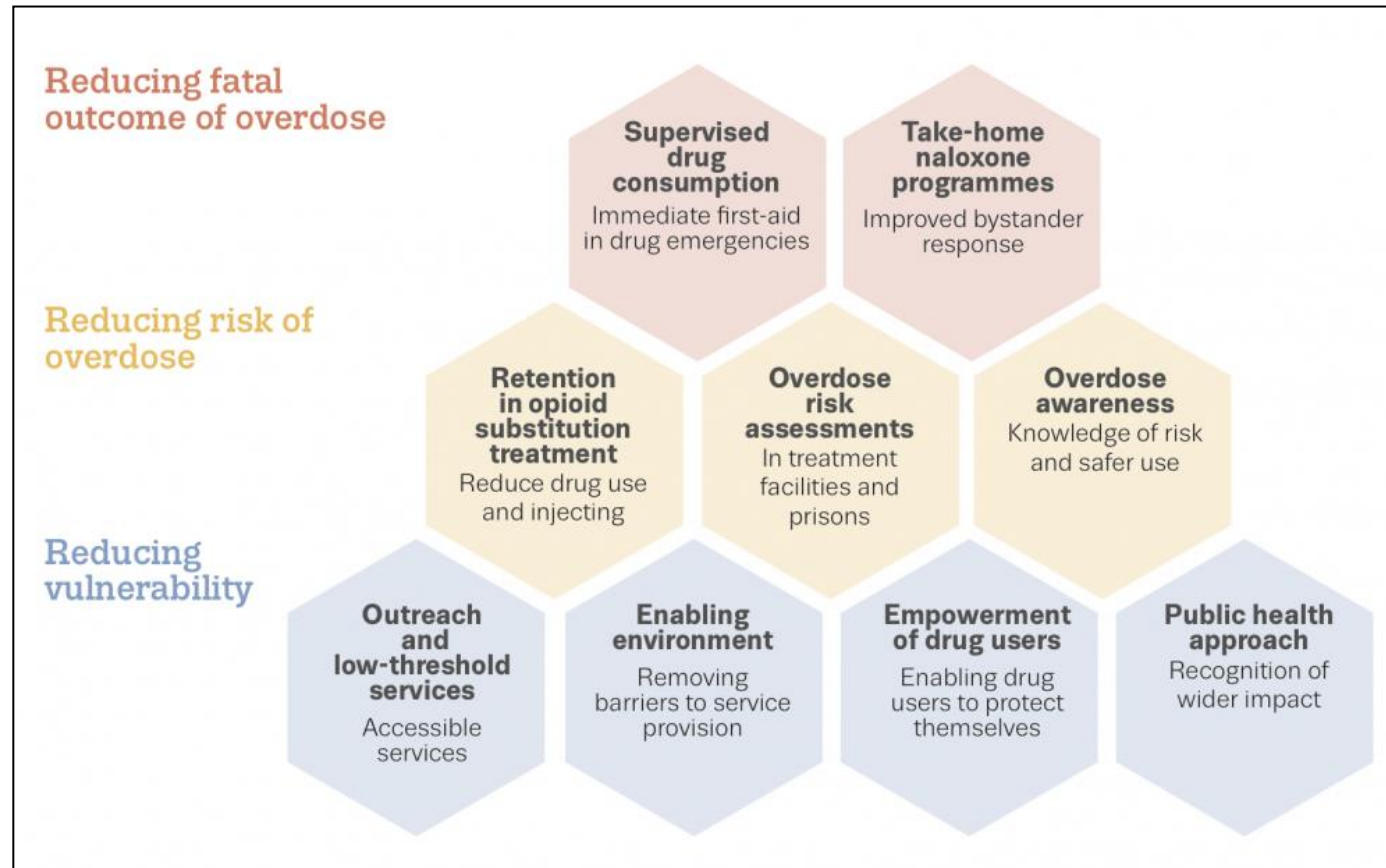
Advocates for Human Potential (AHP),

RSAT National Training and Technical Assistance Center

Components of a Comprehensive Harm Reduction Approach

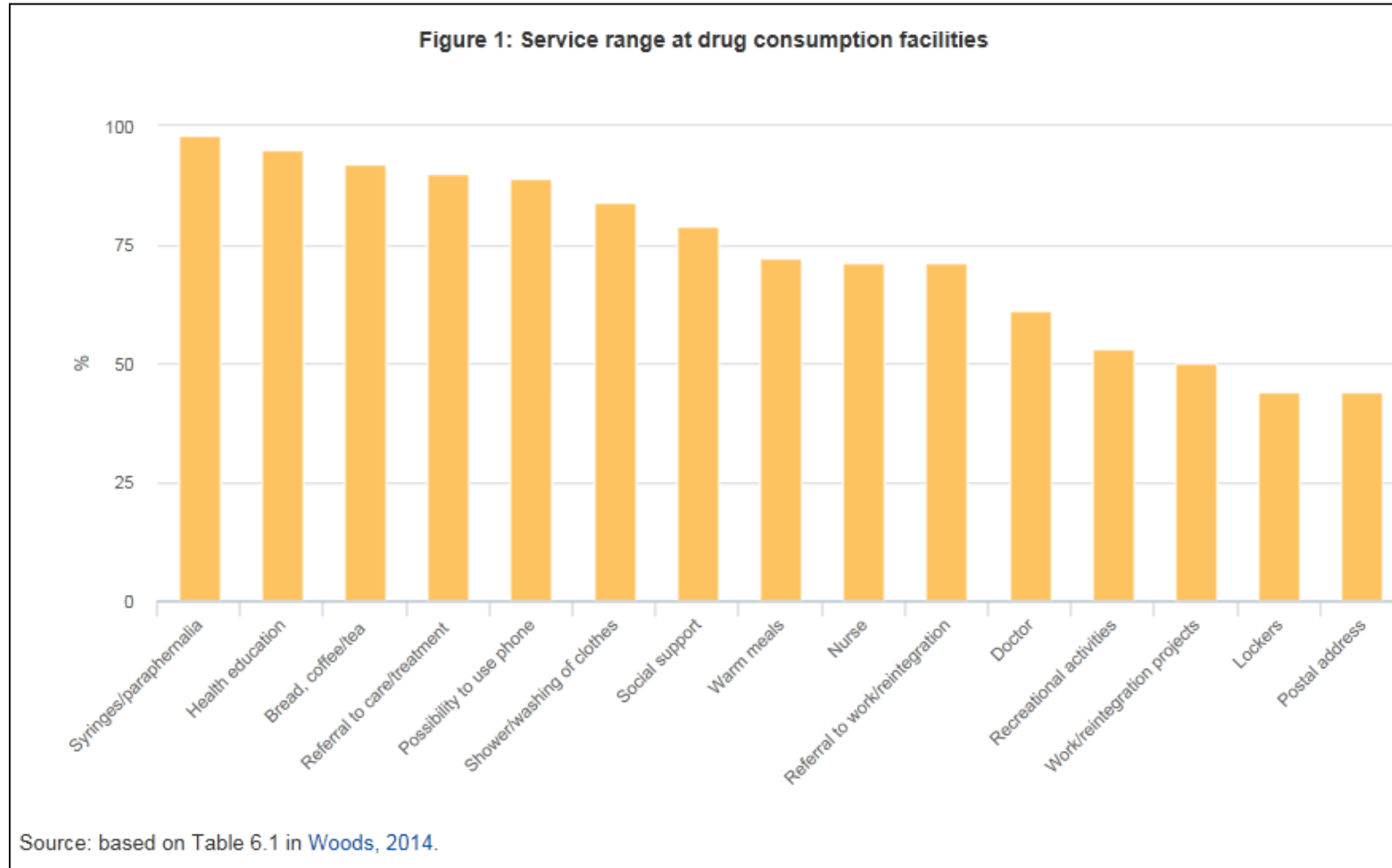
From: European Monitoring Centre for Drugs and Drug Addiction (EMCDDA)

<http://www.emcdda.europa.eu/topics/harm-reduction>



Broad Range of Harm Reduction Services

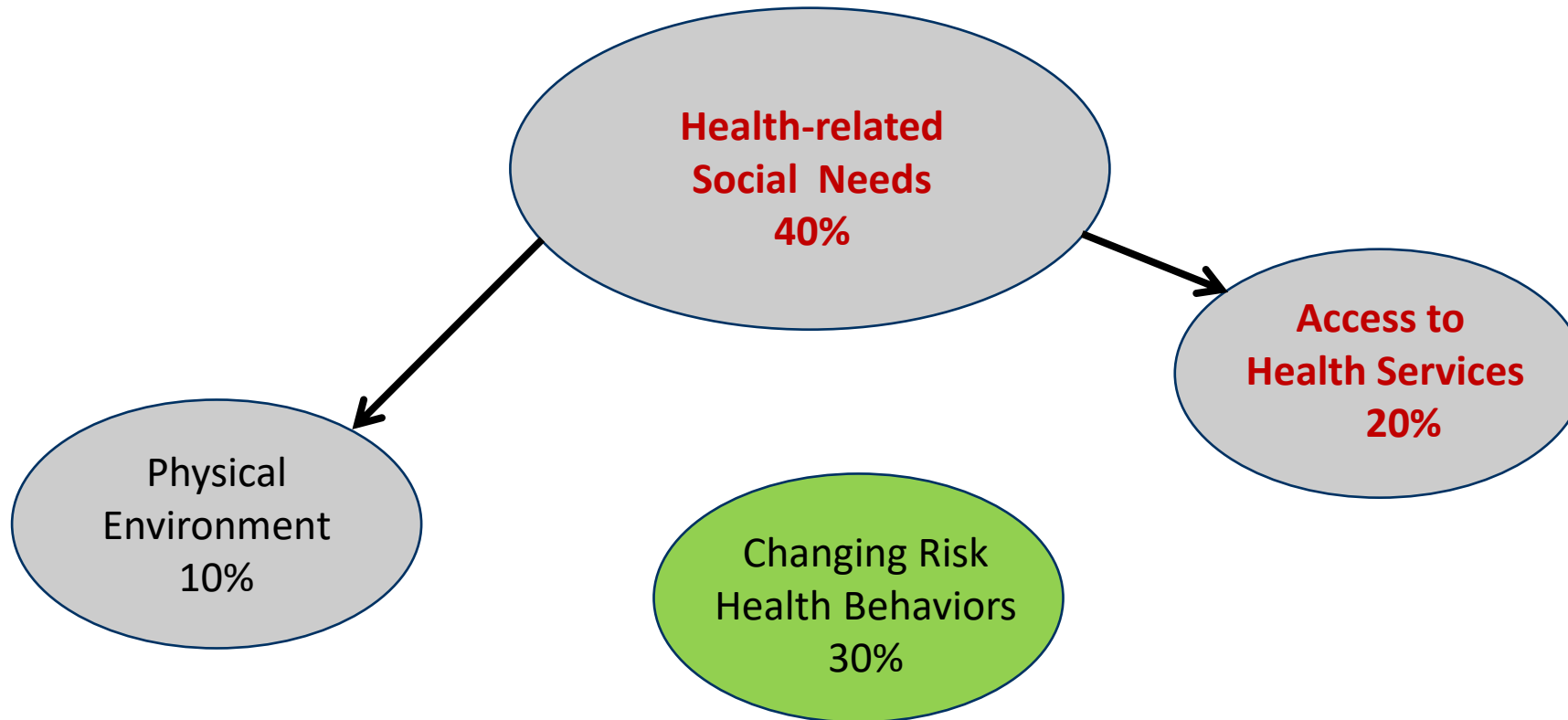
Services with International Utilization Data



(Woods, 2014)

Health Equity & Social Determinates of Recovery

Biology & genetics also have a great influence, but are static...



Largest drivers of health costs & negative outcomes are related to food & housing security, access to quality care, and environmental stressors.

[\(Marmot & Allen, 2014](#) & [National Academies of Sciences, Engineering & Medicine, 2021\)](#)

Harm Reduction Continuum: Priorities, Policies, Perceptions

Goal: Shift from eliminating drug use to reducing mortality risks

Objectives: Evidence-based harm reduction: syringe services programs (SSP), fentanyl test strips (FTS), safer use supplies & information

Goal: Confront racial equity issues related to drug policy

Objectives: Low threshold services, reach into communities & reach out to groups, easy access, to care, screening, prevention education & relapse response



(Office of National Drug Control Policy, 2021)

Exclusions & Inclusions in SAMHSA-funded Programs

Includes

- ✓ Safer use/sex supplies!
 - Fentanyl test strips
 - Syringes, smoking supplies
- ✓ Wound care & naloxone
- ✓ Buprenorphine after overdose
- ✓ Can support mobile services
- ✓ Overdose Prevention Education and Naloxone Distribution (OEND)
- ✓ Peer support services
- ✓ Referrals to safety net services

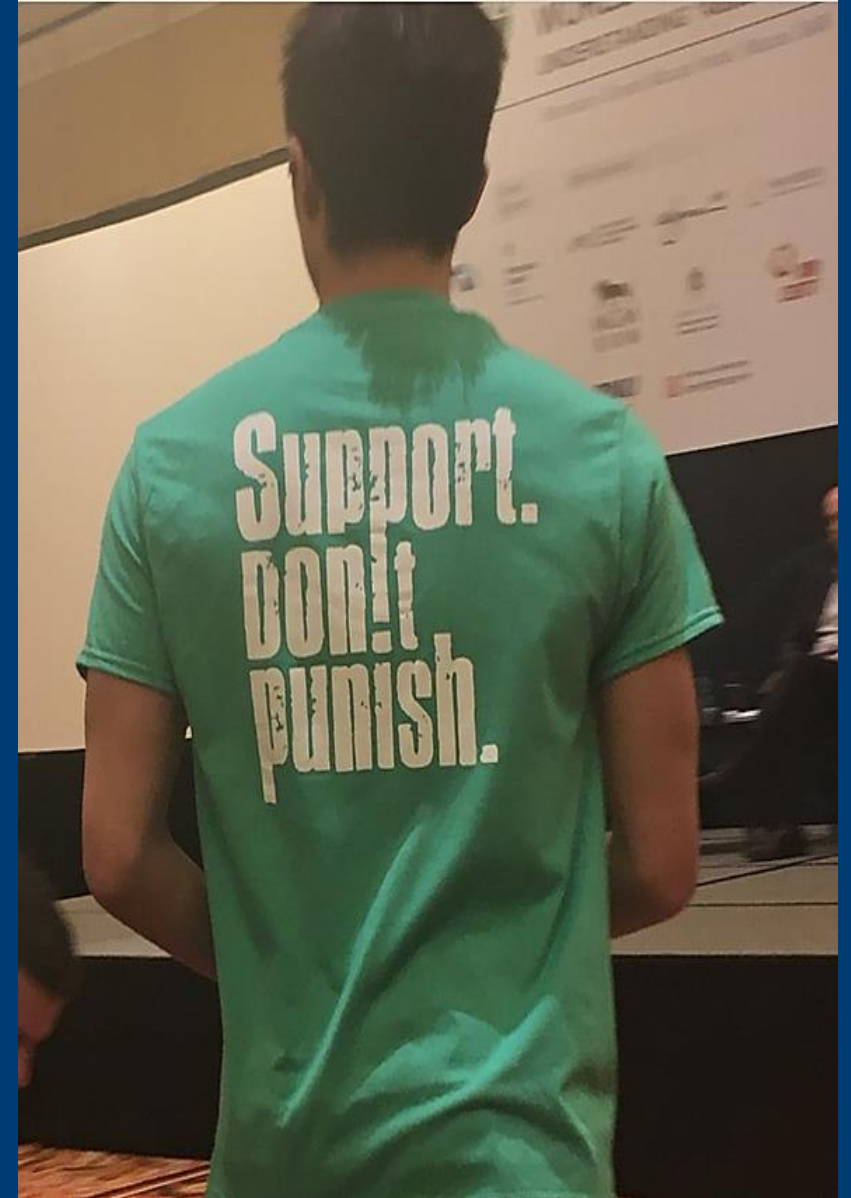
Excludes

- ❖ Safe consumption sites (SCS)
 - [NYC SCS are up & running](#)
 - [Rhode Island law permits them](#)
- ❖ Anything violating state laws
- ❖ Food & housing
- ❖ Cannabis
- ❖ Treatment Services
- ❖ Purchasing vans

(U.S. Department of Health and Human Services, 2022)

Low Threshold Model of Access to Care

- Abstinence not required
- Or commitment to treatment
- Promote safer use
- Trauma-informed, no cost
- Safer use supplies, syringes
- Testing for HIV and viral hepatitis, pre-exposure prophylaxis (PrEP)
- Immediate access to MOUDS
- Mobile & drop-in services, OEND
- Street outreach, peer staff
- In & by underserved communities
- Integrated into primary care



(Mofizul Islam, Topp, Conigrave and Day, 2013)

Safer Use Examples: Reducing Risk Behaviors

Especially important for those at high risk of relapse

1. *Never use alone.*
2. *Never use behind a locked door - seconds count.*
3. *Never mix substances (including alcohol).*
4. *Know your source - careful when you don't (a test shot or dose).*
5. *Mindful of tolerance - start low and go slow after periods of abstinence.*
6. *Locate overdose prevention emergency services near you.*
7. *Never share equipment: cookers, pipes, straws, cottons, tie-offs, or water.*
8. *Have naloxone on hand.*
9. *MAT can help you stay alive on the outside.*
10. *If you must share a syringe, rinse it twice with bleach then water*

Collaboration in the time of COVID

Resources for pre-release planning and post-release linkages to continuing care

- PreP, HCV testing, linkage to treatment & prevention
- Post release OEND
- Harm reduction vending machines w/free supplies
- Safer use education & supplies
- Lower post-release fentanyl death/FTS
- Low threshold relapse mitigation
- Peer recovery support services

Ask partners if they are submitting a proposal NOW!

Local Drug Threats Information

- ❑ Warnings about 'overdose outbreaks, local overdose prevention Overdose Detection Mapping Application Program (ODMAP) data.
- ❑ Closest HIDTA (High Intensity Drug Trafficking Area) office.
- ❑ Drug Enforcement Administration (DEA) National Drug Threat Assessment: information about most regions of the US.
- ❑ State and local law enforcement data on recent seizures available.
- ❑ Fatal / non-fatal overdose info including local and statewide overdose data dashboards.
- ❑ Warnings: counterfeit pills containing fentanyl or meth, adulterated illicit opioids and cocaine, and increased potency.
- ❑ Harm reduction programs that test local illicit drugs, provide testing supplies and information to people who use drugs.

Poll # 1

Biggest Concerns

- a) Some people will hear it as permission to use
- b) Some types of harm reduction conflict with treatment approaches
- c) Not sure how to communicate harm reduction messages
- d) Definitely need to select the services our program can support



Poll # 2

Biggest Opportunities

- a) More community programs to help reduce post-release overdose
- b) Resources for HCV, HIV and overdose prevention education
- c) Harm reduction can help people who relapse get back on track
- d) Mobile services will help those released to areas without much else



Communicating without Condoning

Tools for RSAT Staff & Clients: Checklists, Information, Safety Planning

Educating Clients

[Good Samaritan Overdose Prevention Laws](#) – at least 27 states include protections from parole/probation violations

[Preventing Post Release Overdose](#) video, Center for Prisoner Health & Human Rights

[Staying Alive on the Outside](#) overdose prevention & naloxone video for people re-entering in New York State

[Syringe Services Programs Infographic](#)

Resources for Staff

[Primer-for-implementation-of-OEND-in-jails-and-prisons](#), (RTI, 2019)

[International Harm Reduction Journal](#) (hri.global) – Research, publications

[Overdose Prevention Enviro-Scan: People of color, Indigenous Americans](#)

[National Hepatitis Corrections Network](#) - Hep C Basics (hcvinprison.org)

[Behavioral Health Equity for Lesbian, Gay, Bisexual, and Transgender Individuals](#) - Substance Abuse and Mental Health Services Administration (SAMHSA)

Poll # 3

What will RSAT use and what do you need?

- a) I am more likely to make use of harm reduction resources
- b) I am less likely to make use of harm reduction resources
- c) I am onboard and glad these services are finally available
- d) I definitely need more information and more tools



Resources for RSAT Programs

- [National Harm Reduction Technical Assistance Center](#) (SAMHSA/CDC)
 - National Harm Reduction Coalition
 - University of Washington
 - National Alliance of State and Territorial AIDS Directors (NASTAD)
- [Harm reduction service locator](#) (HRC)
- [SEP Locations : North American Syringe Exchange Directory](#)
- [CDC's Harm Reduction Technical Assistance Program](#) (SSP)
- [Biden-Harris Administration Drug Policy Priorities](#)
- [SAMHSA Harm Reduction Funding, Activities & Outcomes](#)
- [US Department of Health & Human Services Harm Reduction Webpage](#)

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QUESTIONS

- ▶ Type your questions in the Q&A box on your screen.

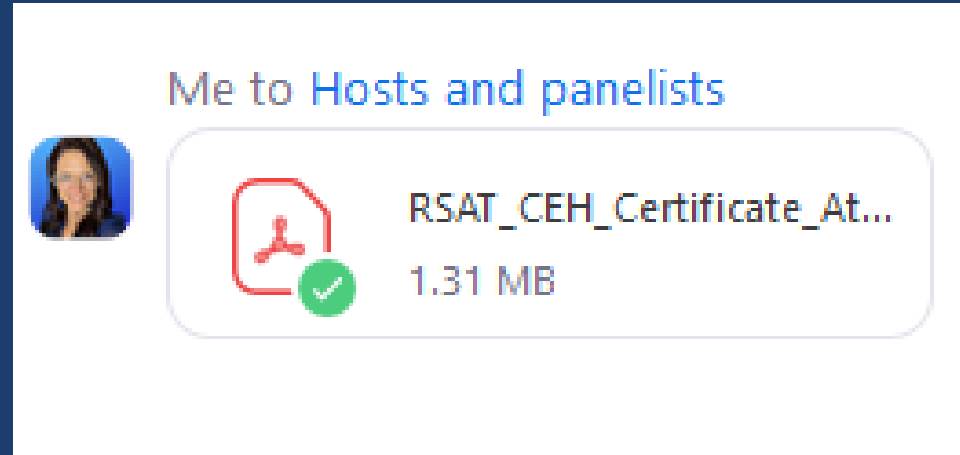


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from the chat
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CERTIFICATE OF CONTINUING EDUCATION



1 Continuing Education Hour (CEH) approved by NAADAC, the Association of Addiction Professionals



Pass 10-question quiz with 7 correct answers



Download certificate upon completion of the quiz

February 2, 2022 RSAT webinar CEH quiz link:

<https://survey.alchemer.com/s3/6706985/Feb-2-2022-RSAT-Webinar-CEH>

CONTACT



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