

# RESIDENTIAL SUBSTANCE ABUSE TREATMENT (RSAT)

*Family Reunification in Corrections*  
*April 17, 2019*

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*Tennessee Department of Corrections*

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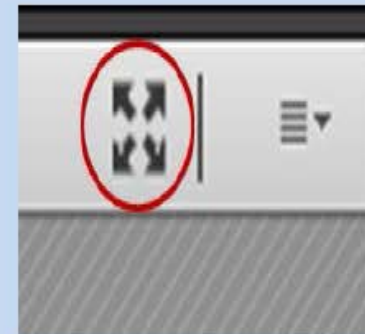
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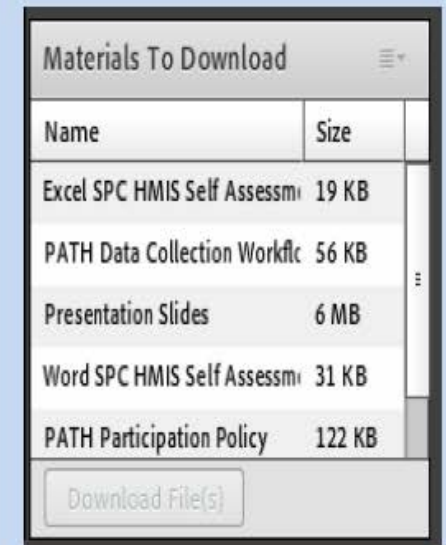
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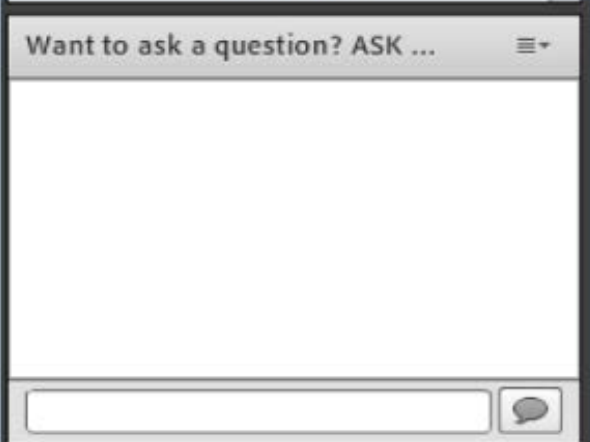


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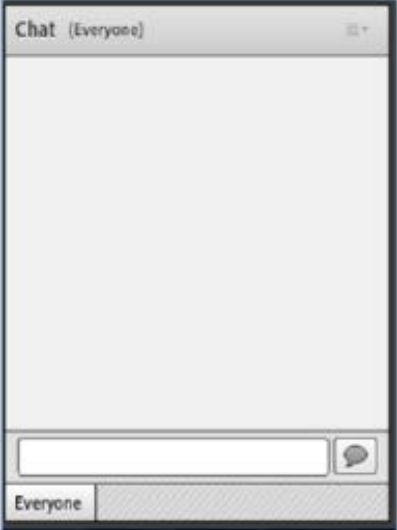
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Our support staff will assist you with your technical issues, and our moderator will present as many questions as possible to the presenter.



## Chat with us!

If you have general comments, please post them in the participant chat box.





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## Learning Objectives:

- Describe the benefits of family reunification as part of re-entry planning.
- Identify best practices for developing a comprehensive program that encompasses family visits, employment and recovery
- Understand the importance of peer recovery specialists and the impact it they have in therapeutic communities

# Family Reunification in Corrections

***Michelle R. Cole, LADAC II, QCS  
Director of Addiction Treatment and  
Recovery Services***

***Tennessee Department of Correction***

# Tennessee Department of Correction

## Tennessee Department of Correction



### Mission

To operate safe and secure prisons and provide effective community supervision in order to enhance public safety.



### Vision

To be recognized as the best correctional agency in the nation.

### Guiding Principles

We...

*believe in and support the mission of our agency and our team.*

*will treat all people fairly.*

*will not purposely compromise public safety.*

*will stand behind our word.*

*will protect each other but not at the expense of compromising our integrity.*

*will always accomplish our mission.*

*January 2013*



# Rehabilitative Services



The best way to protect the public is by providing effective, evidenced-based programming to give offenders the fundamental skills needed to re-enter into society.



# Offender Health Care



The Tennessee Department of Correction (TDOC) Substance Use Disorder programs are based on the idea that the participant is ultimately responsible for his/her recovery. Participants work closely with treatment staff to develop individual treatment goals and strategies.

# West Tennessee State Penitentiary



- The Women's Therapeutic Residential Center (WTRC) is operated at the West Tennessee State Penitentiary, Site 1. It is a modified women's therapeutic residential community behavioral model program.
- West Tennessee State Penitentiary (WTSP) Site 2 is the Men's Rehabilitative Center (MRC) for the treatment of offenders with an opioid diagnoses.

***Lene' S. Brown LADAC I, NCAC I  
Program Manager***

***Women's Therapeutic Residential  
Center (WTRC)***

# Women's Therapeutic Substance Abuse Program

## A Residential Substance Abuse Treatment Program

- Recently expanded from 96 to 128 beds
- Staff includes one (1) Program Director and five (5) Counselors
- Participants are enrolled nine (9) to twelve (12) months
- Program consist of three (3) phases
- Treatment Team includes security, mental health and medical staff that provides a comprehensive client centered approach to treatment.

# Certified Peer Support

**Certified Peer Recovery Specialist (CPRS)**: individuals currently in recovery from a mental health diagnosis and/or a substance use disorder, who are willing to use their personal recovery experiences to help others find HOPE.

Role:

- Facilitate HOPE Group Meetings
- Respond to crises until seen by behavioral health staff
- Provides 1on1 support by using coaching skills and achievable goals
- Provide education on substance abuse, relapse prevention, conflict resolution, anger management, problem solving, setting attainable goals, and crisis intervention
- ***Mandated Reporters***- MUST report to supervisor suspected child or elder abuse, reports to harm self or others, reports of sexual activity (PREA), active drug use, crime on premises

# How does a resident become a CPRS?

- No Class A and/or B disciplinary for 1 year
- No Class C disciplinary for 6 months
- Two years of recovery from substances use or mental health
- Complete TNDMHSAS Application 1
- Approved applicants:
  - Complete 40 hours of intensive training
  - Complete 75 hours of client contact interaction
  - Complete 3 hours of supervision by a licensed behavioral health professional
- Complete TNDMHSAS Application 2 for certification.



# HOPE Group

**HOPE Group= Helping      Ourselves      Positively      Evolve**

## **What is the HOPE Group?**

Facilitated by a Peer Recovery Specialist (PRS), this group will meet on a regular basis and allow residents to have a safe, supportive place to learn about, begin, or maintain the recovery process.

## **Our Mission**

As peers, we will strive to challenge and support each other as we put recovery tools into action and evolve into the capable women we are destined to be.

## **The Process**

The recovery journey is a process of active change. Through sharing our experiences, with our peers in a safe place, we can create a positive environment offering education and support. Residents can improve their health and wellness; live a life of hope filled with recovery and strive to reach their potential.

# Hope Group cont'd

**HOPE Group= Helping      Ourselves      Positively      Evolve**

**HOPE Will Transform Our Lives!!**

## **Safety**

The HOPE recovery group is a safe place to share. Confidentiality among our peers is critical to the group's success. Information shared or heard will not be discussed outside of the group. The residents in the group will respect each other's boundaries and rights. Profanity is discouraged.

## **Meetings**

Residents can share their experiences, struggles, success, and concerns with each other. Use "I" statements and do not mention any other resident's names when sharing. Active drug use and war stories that glorify drug use will not be permitted. We will focus on solutions. Rather than give advice, the PRS will create a collaborative, self-directed environment. The PRS will lead the group in an open discussion, or may lead an informative group about addiction.

# Child Visitation Program

Gwendolyn Purnell  
Executive Secretary

Women's Therapeutic Residential Center  
WTRC

# Women's Therapeutic Residential Center

- In December 2016, TDOC expanded its overnight child visitation capacity with the opening of the new Child Visitation Building at the Women's Therapeutic Residential Center (WTRC) for children between three months and ten years of age.
- This innovative program helps offenders keep positive family ties strong throughout their incarceration.
- This not only curbs generational criminal behavior, but it also assists with family reunification post incarceration.
- The National Institute of Corrections (NIC) research shows children who are allowed to bond with the parent, during the parent's period of incarceration, have a better chance of breaking the generational cycle of criminal behavior.

# Child Visitation

The Family Reunification Program is designed to promote appropriate mother/child bonding, relationship building and communication in order to successfully reintegrate back into the family system.

The program offers many structured services and elements that include:

- parenting classes
- collaboration with other state agencies
- therapeutic activities



# Criteria for Child Visitation

**In order for an offender, a mother or grandmother to be eligible to participate in the program, she must meet the following criteria:**

- Complete an institutional parenting skill class
- Classified as medium or minimum custody
- Cannot participate if convicted of child abuse or neglect or any sex offense
- Disciplinary free for at least 3-9 months
- Proper documents showing relationship
- Child must be on visitation list
- Child must be between the ages of 3 months-10 years of age
- Child must be in good health at the time of visit (no medication permitted on compound)
- Request visits 2 weeks in advance
- Grandmothers may request once per quarter (March, June, September and December)
- Grandmothers must show relationship to child by providing birth certificate of child's parents.



# Child Visitation

- Here is the link to the fully video:  
<https://www.youtube.com/watch?v=951ukvE2aW0>
- Our clip takes place during the times 7:42 and end @ 8:59

# Men's Rehabilitative Center

Nicova Bursey, MSSW  
Senior Behavioral Health Administrator

West Tennessee State Penitentiary  
WTSP

# Men's Rehabilitation Center



The Men's Rehabilitation Center (MRC) at WTSP represents a new era in the therapeutic treatment of people with opioid addiction disorders in a correctional environment.

MRC has a 512 bed substance abuse program housed in 2 units.

The model, uses an empirical, evidence-based continuum of care model, and medically sound treatment methods.

# Screening and Intake Process for MRC

## Bledsoe Correctional Complex (BCCX) Diagnostics

- Screening: Texas Christian University Drug Screen 5 and Opioid Supplement
- Assessment/Intake: Bio/Psycho/Soc
- Risk Needs Assessment: Strong R

## Treatment Team at WTSP Site II

- Review BCCX referrals and accept or deny
- Review referrals from other facilities
- Treatment progress and continuum of care for the population on site



# A Look Into the Residential Treatment Program



# Residential and Outpatient Services

Treatment Programs available at the Men's Rehabilitation Center:

## Addiction Treatment

- Intensive Residential Treatment: Therapeutic Community
- Intensive Outpatient
- Outpatient

## Recovery Services

- Early Intervention Program: Substance Use and Recovery Education
- Aftercare
- Recovery Peer Support
- Family Reunification



# The Family Reunification Program

## The goal of the program is to...

- Orient the family about the types of treatment programs offered at the Men's Rehabilitation Center
- Educate the family about addiction, recovery, and support services
- Provide participants and family members with resources that will assist in the overall mental, physical, spiritual, and/ or social health of the family.



# The Family Reunification Program

## Eligibility Criteria

- Offenders must be a participant in good standing within the Therapeutic Community and/or Outpatient Services
- Family members must be on the offender's approved visitation list as outlined in *TDOC Policy 507.01*.



# The Family Reunification Program

## Components of the Program

- Participant Orientation
- Group Therapy for Participants
- Weekly Individual Therapy for Participants
- Individual Therapy for Family Members
- Family Therapy Sessions



# The Family Reunification Program

## Family Reunification Therapist's Other Key Responsibilities

- Evidence-based Treatment Modalities
- Multi-Disciplinary Collaboration
  - Re-Entry Meetings
  - Case Consultations (Behavioral Health & Substance Abuse Treatment Team)
- Continuity of Care
  - Networking
  - Community Resources



# Questions?

**Type your questions in the Q&A box on your screen**

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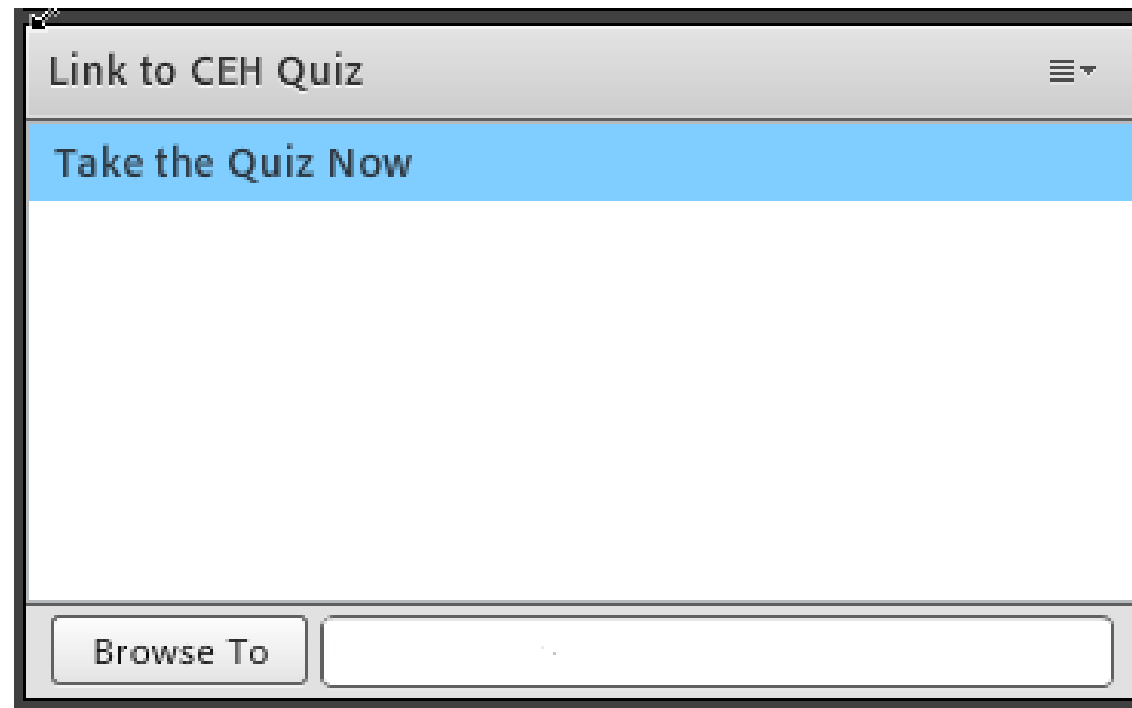
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