# RSAT Promising Practices Guidelines: 2025 Learning Community Series

Wednesday, April 9, 2025

Bureau of Justice Assistance (BJA)

Residential Substance Abuse Treatment (RSAT)

Program for State Prisoners

Training and Technical Assistance Resource

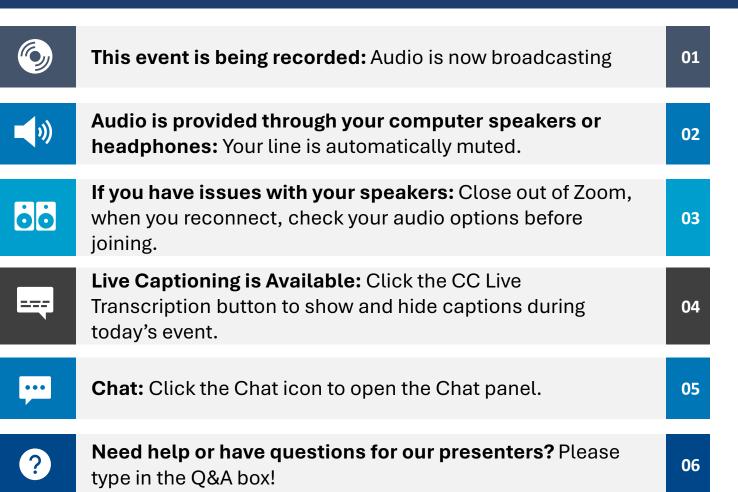
Screening & Assessment

This project was supported by grant No.15PBJA-22-GK-01132-RSAT awarded by the Bureau of Justice Assistance. The Bureau of Justice Assistance is a component of the Office of Justice Programs, which also includes the Bureau of Justice Statistics, the National Institute of Justice, the Office of Juvenile Justice and Delinquency Prevention, the SMART Office, and the Office for Victims of Crime. Point of view or opinions in this document are those of the author and do not represent the official position or policies of the United States Department of Justice.





## Housekeeping







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### Learning Objectives

Upon completion of this webinar, the participant will be able to:

1

Name three differences between assessment and screening.

2

Provide examples of responsivity factors and how to address them.

3

Locate validated screening and assessment tools that respond to local needs and conditions.



### Today's Agenda

- Promising Practices Overview Screening and Assessment
- Best Practice Highlight
  - Washington County, GA
  - Northeast Correctional Facility, MO DOC
- Breakout Discussion
- Open Q&A



### **RSAT-TTA Presenter**



Samatha Kossow, M.P.P.
Research Associate

Advocates for Human Potential, Inc.



# Today's Topic



## Screening vs. Assessment

### **Screening**

Brief; used with every person entering a facility in an intake setting

Identifies individuals who might have a specific need (e.g., mental health or substance use disorder)

Helps "triage" individuals for immediate attention for an assessment

Often requires little to no training to administer – can be completed by non-clinical staff, including security

#### **Assessment**

Longer and more comprehensive; results give a multi-dimensional perspective of the person

Help to develop specific recommendations for treatment and case planning

Identifies needs that may require specialized services

Often requires training to administer and interpret the results – completed by clinical staff



# Why is screening and assessment important for RSAT programs?

- Identify immediate needs
- Inform program eligibility
- Develop treatment plans

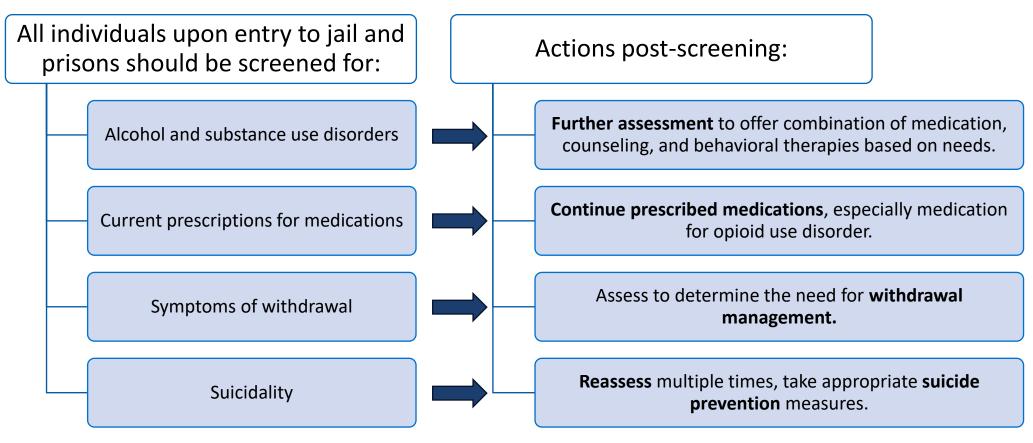




### Screening and Assessment

PPG Section Reference Section II.B. pg. 8

### **Identify Immediate Needs**





### Screening and Assessment

PPG Section Reference Section II.A. pg. 7

### **Inform Program Eligibility**

# Primary criteria for admission into an RSAT program should be based on:

- Presence of moderate to severe substance use disorder (SUD)
- Screening for co-occurring mental health disorders
- Medium to high criminogenic risk/needs
- Logistic fit (time left on sentence, security concerns, associates, etc.)

These determinations should be made using evidence-based or validated screening and assessment tools.



### **Share in the Chat**

 What should admission into an RSAT program NOT be based upon?

- Admission should NOT be based upon:
  - Perceived or assessed motivation levels
  - If someone "really wants recovery" or is "serious about treatment"

**PPG Section Reference** 

Section II.D.

pg. 10





Section II.C. & II.D. pg. 9 & 10

### **Treatment and Continuing Care Plans**

- After initial screening for admission, a more comprehensive assessment should take place that includes:
  - Substance use disorder
  - Mental health disorders
  - · Criminogenic risk and need
  - Responsivity factors

# Responsivity factors include:

- Trauma
- Physical health
- Literacy
- Motivation levels
- Primary language



## Screening and Assessment

**PPG Section Reference** 

Section II.C. & II.D. pg. 9 & 10

# **Treatment and Continuing Care Plans**

 Programs should have policies and procedures on what is included in the comprehensive assessment.

#### The ASAM Criteria Dimensions and Subdimensions

### Dimension 1 – Intoxication, Withdrawal, and Addiction Medications

- Intoxication and associated risks
- · Withdrawal and associated risks
- Addiction medication needs

#### **Dimension 2 - Biomedical Conditions**

- Physical health concerns
- · Pregnancy-related concerns
- Sleep problems

#### Dimension 3 – Psychiatric and Cognitive Conditions

- Active psychiatric concerns
- · Persistent Disability
- · Cognitive Functioning
- · Trauma exposure and related needs
- · Psychiatric and cognitive history

### Dimension 4 – Substance Use Related Risks

- · Likelihood of risky substance use
- Likelihood of risky SUD-related behaviors

#### Dimension 5 – Recovery Environment Interactions

- Ability to function in current environment
- · Safety in current environment
- Support in current environment
- Cultural perceptions of substance use

### Dimension 6 – Person-Centered Considerations

- · Patient preferences
- Barriers to care
- · Need for motivational enhancement





# Screen for immediate needs

- Substance use disorder
- Current prescriptions for medications
- Symptoms of withdrawal
- Suicidality

2

# Screen or assess for program eligibility

- Substance use disorder
- Co-occurring mental health disorders
- Criminogenic risk/needs
- Logistic fit

3

# Assess for treatment planning

- Substance use disorder
- Mental health disorders
- Criminogenic risk and need
- Responsivity factors

Review



### **Share In The Chat**

- What assessment or screening tools does your facility use for:
  - Substance use disorder
  - Mental health and trauma
  - Criminogenic risk and need
  - What else?





# Screening and Assessment – In Practice

#### **Evidence-Based or Validated Tools**



Use pre-made resources to find evidence-based or validated tools.



Match the tool to your needs and capacity.



Look for partnership opportunities when possible.



### Resources – SUD Screening in Jails

# Screening for Substance Use Disorders in Jails - from BJA's COSSUP



https://www.cossup.org/Content/Documents/Articles/AHP\_Screening\_for\_Substance\_Use\_Disorders\_in\_Jails.pdf

# Screening for Substance Use Disorders: An eLearning Resource for Jail Staff - from BJA's COSSUP



 $\underline{https://www.cossup.org/Learn/SelfDirected/JailResources/ScreeningDisor}\underline{ders}$ 



# Public Safety Risk Assessment CLEARINGHOUSE

Level of Service / Case Management Inventory (LS/CMI)

# BJA's Public Safety Risk Assessment Clearinghouse

#### **Tool Selector**

 A repository for tools designed to predict the risk of general recidivism, sexual recidivism, violent recidivism, or pretrial misconduct.

 https://bja.ojp.gov/ program/psrac/ selection/tool-selector



Type of outcomes predicted: General Recidivism

Service population: Adults 16+

Time to complete: 20-30 minutes

Interview required?

Year developed: 2004

Developer:

Don Andrews, James Bonta, Stephen Wormith; available through Multi-Health Systems (MHS). Inc.

Proprietary? Yes

Related tools: YLS/CMI, LSI-R. LSI-R:SV Training available:

Ye

Cost: \$400 for a complete kit for 25 assessments

Number of items: 124

Included domains:

Victimization
Personality/attitudes
Behavior
Criminal history
Substance use

Family
Employment/education
Physical health
Mental health
Relationships
Living situation
Responsivity
Antisociality

Recreation



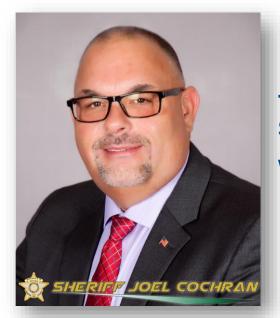
# Facility Best Practice Highlight



# RSAT Community Best Practice Experts



Corey King
Major
Washington County Sheriff's Office



Joel Cochran
Sheriff
Washington County, GA



# About the Facility

### **Washington County Sheriff's Office**

- Serves Washington County and the counties of the Eighth Judicial District in Georgia
- Capacity: 192
- Average daily population: 151
- 1310 individuals booked in 2024
  - 1127 men
  - 183 women





### Washington County Sheriff's Office

### **RSAT** at Washington County Jail

- Accommodates 12 participants per cohort
- 3-phase model over 6+ months
- Treatment and Interventions:
  - Moral Reconation Therapy (MRT)
  - Seeking Safety
  - Anger Management (SAMHSA)
  - Soft skills, communication, interview skills, workforce development

- Screening and Assessment
  - Ohio Risk Assessment System (ORAS)
  - Biopsychosocial interview (including substance use severity and history)
  - Mental health screening
  - Test of Adult Basic Education (TABE)
- Participants are referred to the program via classification, selfreferral, or court mandate.



# RSAT Community Best Practice Expert



Diana Harris, MA, CRAADC

**Area Treatment Coordinator** 

State of Missouri Department of Corrections, Northeast Correctional



## About the Facility

### Northeast Correctional Center, Bowling Green, Missouri

 The RSAT Program within the Northeast Correctional Center supports individuals with substance use disorder (SUD) and other special needs, characterized by a mental health assessment score of 3 to 4 (i.e., high), reduced cognitive abilities, a history of trauma, or a diagnosed medical condition that requires placement in a disability unit that includes a bottom bunk and "lower walk" institution.





### Northeast Correctional Center

### **RSAT Program at Northeast Correctional Center**

- Program Capacity: 62
- Northeast Correctional is the only institution in the state that is a flat camp with accommodations for disabilities including high medical and mental health needs
- Major Challenges:
  - Dedicated unit separate from General Population
  - Buy in from Division of Adult Institutions
  - "Everybody wants space"
  - Successfully screen residents that are appropriate for the program, prior to transferring them for services.

- Screening and Assessment
  - Ohio Risk Assessment System (ORAS)
  - Texas Christian University Drug Screen (TCU-DS)
  - Texas Christian University Criminal Justice - Client Evaluation of Self and Treatment (TCU CJ CEST)
  - Addiction Severity Index (ASI)
  - Mental health
  - Suicidal ideation
  - History of trauma
  - Education



# Missouri DOC – TCU Assessment Schedule

ADMINISTRATION SCHEDULE FOR MISSOURI						
Gateway Foundation Corrections Division Internal Evaluation Protocol						
ASSESSMENTS INCLUDED	FORMS	ADMIN 1 (Intake)	ADMIN 2 (30 days)	ADMIN 3 (mid point) (IPASS Report)	ADMIN 4 (Discharge)	ADMIN 5 (Continued Care only at Release/Discharge)
TCU DRUG SCREEN V	TCUDSV	Χ	-	-	-	-
TCU CRIMINAL HISTORY FORM	CRHSFORM	Χ	-	-	-	-
TCU CJ-CLIENT EVALUATION OF SELF AND TREATMENT FORMS (CEST)	MOTFORM	Χ	Х	X	X	X
	PSYFORM	Х	Х	X	X	X
	SOCFORM	X	Х	X	X	X
	ENGFORM	-	Х	X	X	X
TCU CRIMINAL THINKING SCALE	CTSFORM	Χ	Х	X	X	X
TCU HEALTH FORM	HLTHFORM	Χ	-	-	-	-
TCU TRAUMA FORM	TRMAFORM	Х	-	-	X	-



# **Breakout Session**



### **Breakout Session**

### Different group areas (Prisons and Jails, for example)

- Two breakout rooms Jails and Prisons
- ~15 minutes of discussion
- Report back to the group after

#### Discussion Questions

- Prisons: How do you get access to screening/assessment information and how do you use it during the program intake process? What additional information do you need?
- Jails: What is your process for identifying who is appropriate for your program? Who is involved in the decision?



# Breakout Session – Report Back



# **Open Q&A**

What questions do you have for:

- RSAT-TTA staff
- Facility practice highlight presenter
  - Larger RSAT community





### Resources & References

- US Department of Veteran Affairs National Center for PTSD
- National Center for State Courts Screening and Assessment
- <u>Texas Christian University Institute for Behavioral Research</u>
- American Society of Addiction Medicine ASAM Criteria
- Treatment Improvement Protocol (TIP) Series, No. 24. Center for Substance Abuse
   Treatment. Rockville (MD): <u>Substance Abuse and Mental Health Services Administration</u>
   (US); 1997.



# **Contact Information**

#### **Sam Kossow**

Research Associate

Advocates for Human Potential, Inc.

skossow@ahpnet.com

#### **Diana Harris**

Area Treatment Coordinator

Missouri Department of Corrections

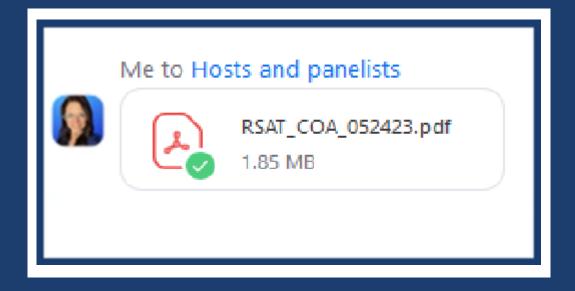
diana.harris@doc.mo.gov

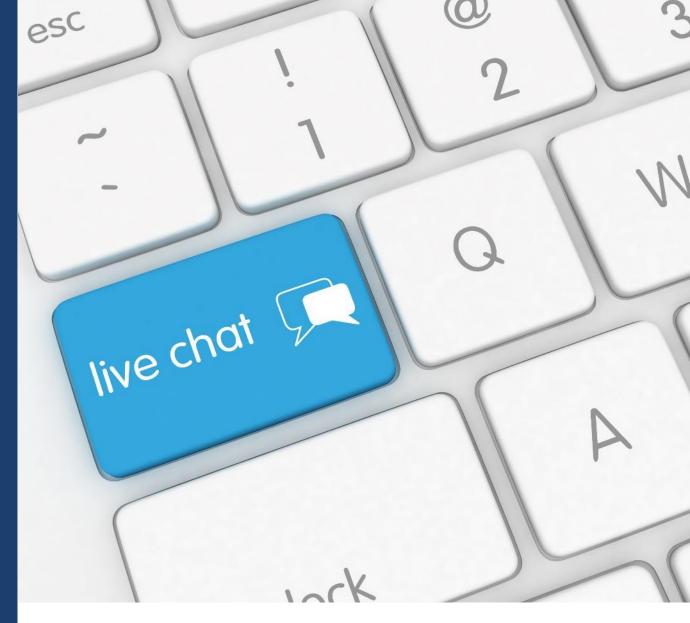
#### **Major Corey King**

Jail Division Commander
Washington County Sheriff's Office, GA
<a href="mailto:cnking@washingtoncountyga.gov">cnking@washingtoncountyga.gov</a>



You can download the certificate of attendance from the chat.









# CERTIFICATE OF CONTINUING EDUCATION



1 Continuing Education Hour (CEH) approved by NAADAC, the Association of Addiction Professionals



Pass 10-question quiz with 7 correct answers



Download certificate upon completion of the quiz

### **April 9, 2025** RSAT Webinar CEH quiz link:

https://survey.alchemer.com/s3/8268133/April-9-2025-RSAT-Webinar-CEF



### Upcoming in this Series

Program Design

Treatment Principles

Treatment Interventions

Continuing Care and Reintegration

Program Administration

Facility-Level Interventions

Wednesday, April 23

Wednesday, May 14

Wednesday, May 28

Wednesday, June 11

Wednesday, June 25

Wednesday, July 9



# CONTACT



http://www.rsat-tta.com



rsattta@ahpnet.com

