

RSAT Promising Practices Guidelines: 2025 Learning Community Series

Series Introduction

Wednesday, March 19, 2025

Bureau of Justice Assistance (BJA)







Residential Substance Abuse Treatment (RSAT)
Program for State Prisoners

Training and Technical Assistance Resource

This project was supported by grant No.15PBJA-22-GK-01132-RSAT awarded by the Bureau of Justice Assistance. The Bureau of Justice Assistance is a component of the Office of Justice Programs, which also includes the Bureau of Justice Statistics, the National Institute of Justice, the Office of Juvenile Justice and Delinquency Prevention, the SMART Office, and the Office for Victims of Crime. Point of view or opinions in this document are those of the author and do not represent the official position or policies of the United States Department of Justice.



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	Need help or have questions for our presenters? Please type in the Q&A box!	06



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Today's Agenda

- What is RSAT and RSAT-TTA?
- Types of RSAT Programs and (Federal) Statutory Guidelines
- Series Overview
- Discussion
- Open Q&A

What is RSAT and RSAT-TTA?

What is RSAT?

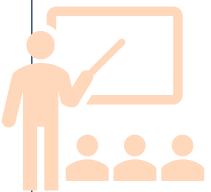
RSAT Program Goals



Enhance the **capabilities** of state, local, and tribal governments to initiate or continue **evidence-based** substance use disorder (SUD) or co-occurring substance use and mental health disorder treatment programs in the nation's prisons and jails.



Increase the **number** of prisons and jails offering FDA-approved **medications** to incarcerated individuals with opioid use disorders (OUD).



Prepare individuals for **reintegration** into communities, including supporting continuity of care for OUD treatment and recovery supports prior to release.



Assist individuals **through the reentry process** by delivering community-based treatment, recovery, and other broad-based aftercare services to support successful reentry and continuity of care.

What is RSAT-TTA?

- RSAT-TTA provides **technical assistance and training** to ensure RSAT programs meet **contemporary standards** of care and conform to the **promising practice guidelines** established by the Bureau of Justice Assistance.
- What does that look like?



Compendium



Fidelity
Assessments



Monthly
Webinars



Host Site Visits



Toolkits/Curricula

- *Individualized* training and technical assistance

RSAT-TTA Team Introductions

Meet your RSAT-TTA Team



Erin Allain, M.S.



Becky Berkebile, M.A.



Sam Kossow, M.P.P.



Lisa Lundrigan, M.A.

RSAT Program Types and Requirements

Program Types

1

Residential SUD treatment programs

- In prisons
- In jails

2

Jail-based SUD treatment programs

3

Aftercare services

Program Requirements

Residential SUD treatment programs

In Prisons

- Program length of **6 to 12 months**
- Periodic/random drug testing (at entry, throughout program, post-program while remaining in custody)
- Program participants are set apart from the general population (BJA uses term “therapeutic community”)
- Provide aftercare services

In Jails

- Program length of at least **3 months**
- Periodic/random drug testing (at entry, throughout program, post-program while remaining in custody)
- **Make every effort** for program participants to be set apart from the general population
- Provide aftercare services

Program Requirements

Jail-based SUD treatment programs

Must initiate or continue evidence-based SUD treatment programs, including medication-assisted treatment

Emphasis on pretrial populations

Periodic/random drug testing (at entry, throughout program, post-program while remaining in custody)

Program Requirements

Aftercare

Case management and the full continuum of recovery and aftercare services to support people released from a residential SUD treatment program which may include human service and rehabilitation programs:

- education and job training
- parole supervision
- recovery or transitional housing
- peer support programs
- other recovery support services.

Series Overview

Evidence-Based Practices

Knowing what to do starts with knowing what works, and what hasn't worked.

A program or practice is considered "evidence-based" if it has been found to produce its intended results based on rigorous social science evaluation.

Many other notable lines of activity associated with terms like "data-driven" or "research-based" may sound the same, but programs and practices that have not been subjected to rigorous evaluation cannot be called evidence-based.

Evidence-based programs know the risk and needs of their clients because they use validated screening and assessment tools; they address these issues using the best research and evidence available; they use data to guide decisions and continually improve their services.

Discussion Question

- Your supervisor tells you they heard about a new program that does underwater basket weaving for substance use disorder. How would you determine if this practice is a good fit your program?
- What resources do you use to find evidence-based practice?



Promising Practices Guidelines

The Promising Practices Guidelines were created to:



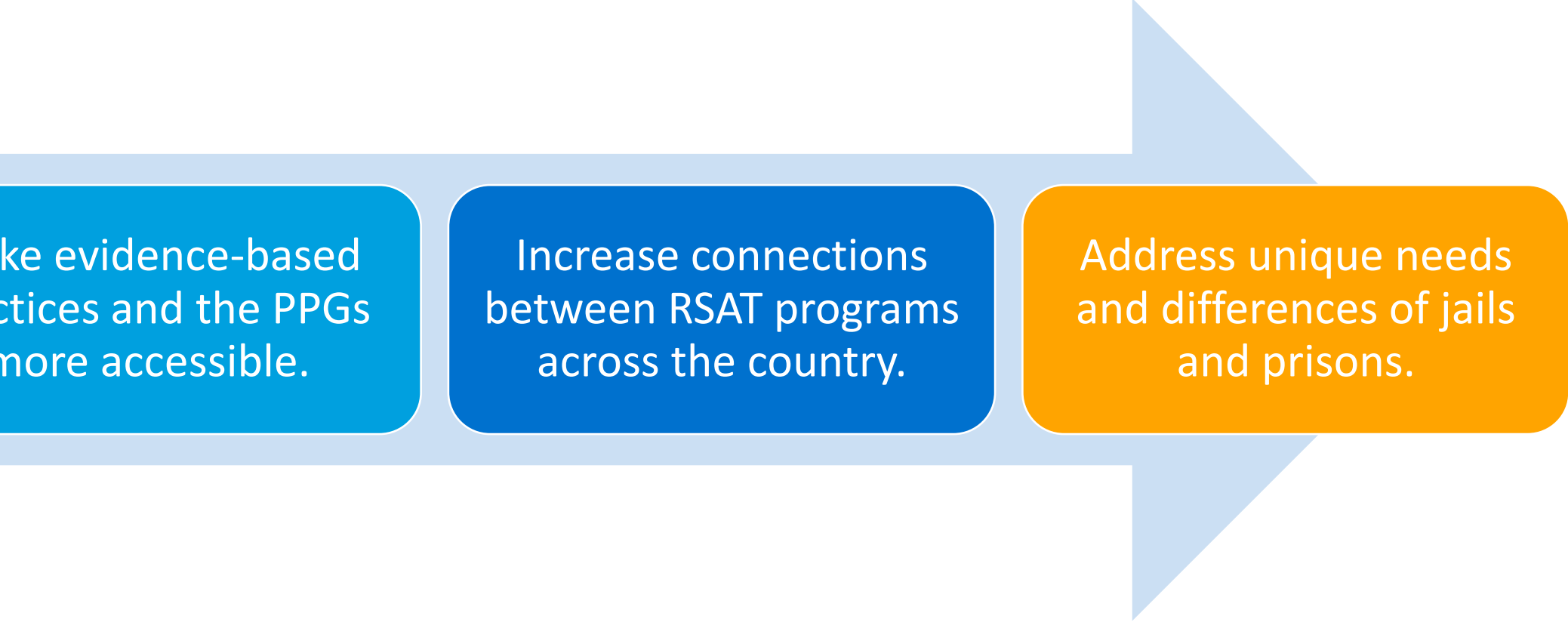
Give practitioners access to social science evidence that is otherwise difficult to obtain and compile.

Help justice and corrections professionals better understand and identify practices that address the unique needs of RSAT Programs.

Assist correctional administrators and practitioners with establishing and maintaining RSAT-funded programs in prisons and jails.

Goals and Structure

Goals of this Learning Community Series



Make evidence-based practices and the PPGs more accessible.

Increase connections between RSAT programs across the country.

Address unique needs and differences of jails and prisons.

Goals and Structure

Structure

- **Presentation by RSAT-TTA staff:** Highlighting guidelines and evidence-based practices.
- **Best Practice Highlights:** Contributions from facilities who are currently implementing best practices in the featured topic, showcasing how they implement the guidelines.
- **Peer Learning:** Discussions and guided exercises to share experiences and ideas.
- **Breakout Discussions:** Separate sub-group discussions to address specific challenges and needs.



Breakout Session

Breakout Session

Community Collaboration Session

- Two breakout rooms – Jails and Prisons
- 10-15 minutes of discussion
- Report back to the group after
- **Discussion topics:**
 - **What are you hoping to gain from this Learning Community Webinar Series?**
 - I want to learn more about ...
 - My program is seeking assistance with ...
 - I want to hear from an RSAT program that ...

Breakout Session – Report Back

Open Q&A

What questions do you have for:

- RSAT-TTA staff
- Larger RSAT community

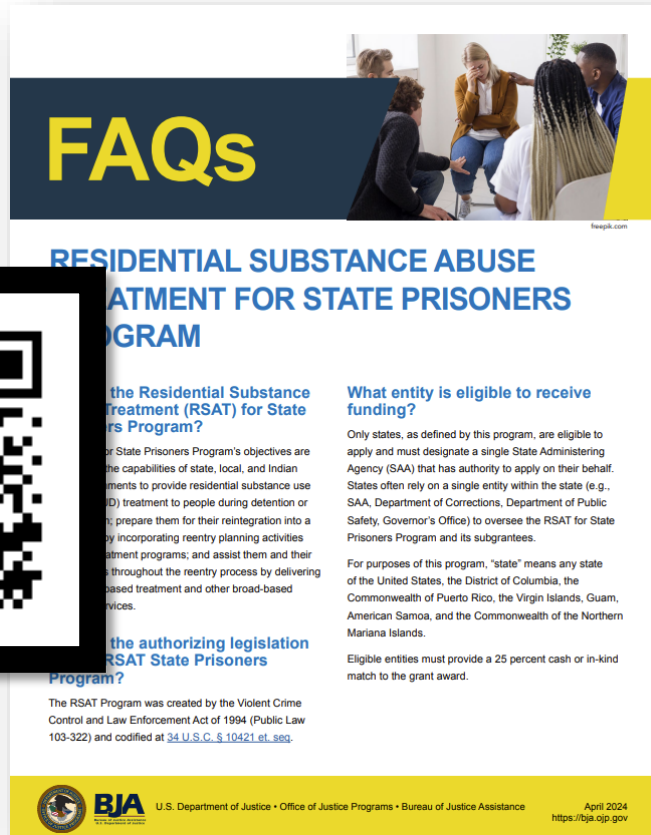


Upcoming in this Series

- | | |
|-------------------------------------|---------------------|
| • Screening and Assessment | Wednesday, April 9 |
| • Program Design | Wednesday, April 23 |
| • Treatment Interventions | Wednesday, May 14 |
| • Treatment Principles | Wednesday, May 28 |
| • Continuing Care and Reintegration | Wednesday, June 11 |
| • Program Administration | Wednesday, June 25 |
| • Facility-Level Interventions | Wednesday, July 9 |

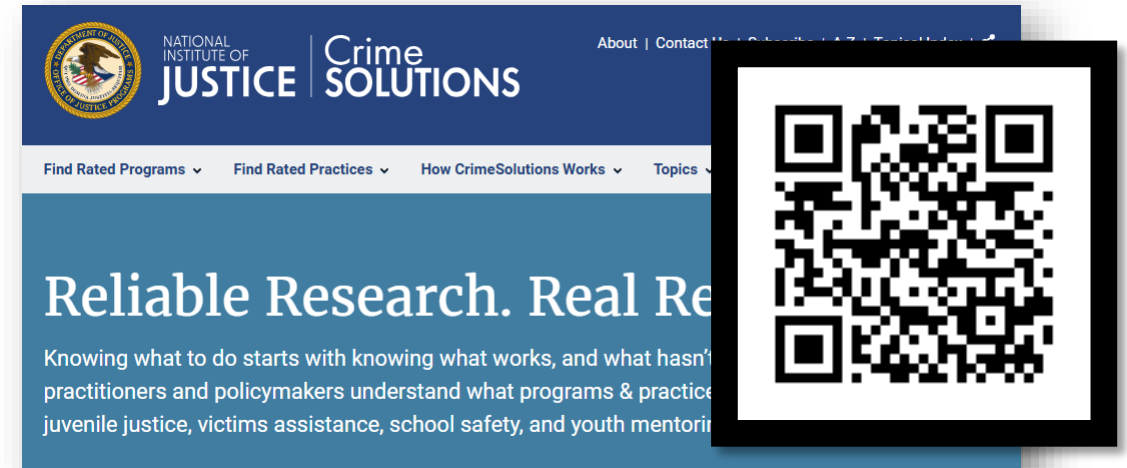
Resources

RSAT FAQ



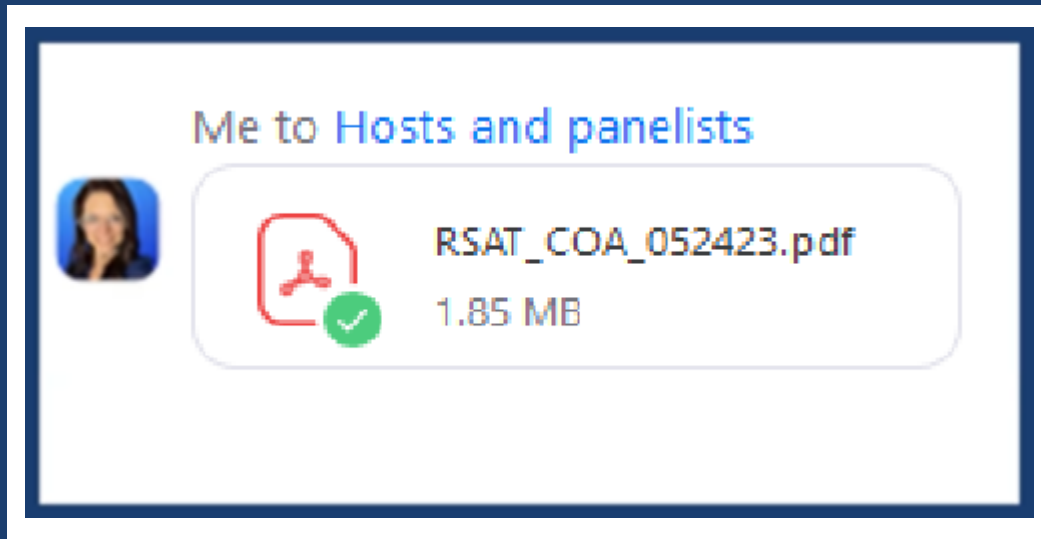
<https://bja.ojp.gov/doc/rsat-faq.pdf>

National Institute of Justice - CrimeSolutions



<https://crimesolutions.ojp.gov>

You can download the certificate of attendance from the chat.



References

- Bureau of Justice Assistance (2023). Promising Practices Guidelines for Residential Substance Use Disorder Treatment. https://www.rsat-tta.com/Files/Manuals-Curricula/RSAT-PPG_February2023
- Crime and Justice Institute at Community Resources for Justice, Kristy Pierce-Danford, & Meghan Guevara (2010). Commonwealth of Virginia: Roadmap for Evidence-Based Practices in Community Corrections.
- CrimeSolutions, Office of Justice Programs, National Institute of Justice. <https://crimesolutions.ojp.gov/how-crimesolutions-works>
- RSAT FAQ: <https://bja.ojp.gov/doc/rsat-faq.pdf>
- RSAT Program Overview: <https://bja.ojp.gov/program/rsat/overview>

CONTACT



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