RESIDENTIAL SUBSTANCE ABUSE TREATMENT (RSAT)

Family Reunification in Corrections
April 17, 2019

Michelle Cole, Lene Brown, Nicova Bursey & Gwendolyn Purnell
Tennessee Department of Corrections

This project was supported by grant No. 2016-MU-BX-K021 awarded by the Bureau of Justice Assistance. The Bureau of Justice Assistance is a component of the Office of Justice Programs, which also includes the Bureau of Justice Statistics, the National Institute of Justice, the Office of Juvenile Justice and Delinquency Prevention, the SMART Office, and the Office for Victims of Crime. Point of view or opinions in this document are those of the author and do not represent the official position or policies of the United States Department of Justice.
Housekeeping: Functions

Sound
This webinar will be broadcast through your computer. Please ensure your speakers are on. You can adjust the conference volume with the speaker icon at the top of your screen.

Would you like to enlarge the slide presentation?
You can make the slides larger with the full screen button in the upper right corner of the display pod. To exit full screen, just press the escape key on your keyboard.

Presentation materials!
You can download a PDF version of today’s presentation and additional resource materials from the “Materials To Download” box.

<table>
<thead>
<tr>
<th>Materials To Download</th>
<th>Size</th>
</tr>
</thead>
<tbody>
<tr>
<td>Excel SPC HIMS Self Assessm</td>
<td>19 KB</td>
</tr>
<tr>
<td>PATH Data Collection Workfl</td>
<td>56 KB</td>
</tr>
<tr>
<td>Presentation Slides</td>
<td>6 MB</td>
</tr>
<tr>
<td>Word SPC HIMS Self Assessm</td>
<td>31 KB</td>
</tr>
<tr>
<td>PATH Participation Policy</td>
<td>122 KB</td>
</tr>
</tbody>
</table>
Housekeeping: Communication

Q&A and Technical Issues
If you have questions for either the presenters or our Technical Support Staff, enter them in the Q&A box. Our support staff will assist you with your technical issues, and our moderator will present as many questions as possible to the presenter.

Chat with us!
If you have general comments, please post them in the participant chat box.

Want to ask a question? ASK...
Michelle Cole, LADAC II, QCS
Director of Addiction Treatment and Recovery Services

Lene’ Brown LADAC I, NCAC I
Program Manager

Nicova Bursey, MSSW
Senior Behavioral Health Administrator

Gwendolyn Purnell, Gwendolyn Purnell
Executive Secretary

Tennessee Department of Corrections
Learning Objectives:

• Describe the benefits of family reunification as part of re-entry planning.

• Identify best practices for developing a comprehensive program that encompasses family visits, employment and recovery.

• Understand the importance of peer recovery specialists and the impact they have in therapeutic communities.
Family Reunification in Corrections

Michelle R. Cole, LADAC II, QCS
Director of Addiction Treatment and Recovery Services

Tennessee Department of Correction
Tennessee Department of Correction

Mission
To operate safe and secure prisons and provide effective community supervision in order to enhance public safety.

Vision
To be recognized as the best correctional agency in the nation.

Guiding Principles
We...
believe in and support the mission of our agency and our team.
will treat all people fairly.
will not purposely compromise public safety.
will stand behind our word.
will protect each other but not at the expense of compromising our integrity.
will always accomplish our mission.

January 2013
The best way to protect the public is by providing effective, evidenced-based programming to give offenders the fundamental skills needed to re-enter into society.
The Tennessee Department of Correction (TDOC) Substance Use Disorder programs are based on the idea that the participant is ultimately responsible for his/her recovery. Participants work closely with treatment staff to develop individual treatment goals and strategies.
The Women's Therapeutic Residential Center (WTRC) is operated at the West Tennessee State Penitentiary, Site 1. It is a modified women's therapeutic residential community behavioral model program.

West Tennessee State Penitentiary (WTSP) Site 2 is the Men's Rehabilitative Center (MRC) for the treatment of offenders with an opioid diagnoses.
Lene' S. Brown LADAC I, NCAC I
Program Manager

Women's Therapeutic Residential Center (WTRC)
Women’s Therapeutic Substance Abuse Program

A Residential Substance Abuse Treatment Program

- Recently expanded from 96 to 128 beds
- Staff includes one (1) Program Director and five (5) Counselors
- Participants are enrolled nine (9) to twelve (12) months
- Program consist of three (3) phases
- Treatment Team includes security, mental health and medical staff that provides a comprehensive client centered approach to treatment.
Certified Peer Support

Certified Peer Recovery Specialist (CPRS): individuals currently in recovery from a mental health diagnosis and/or a substance use disorder, who are willing to use their personal recovery experiences to help others find HOPE.

Role:

- Facilitate HOPE Group Meetings
- Respond to crises until seen by behavioral health staff
- Provides 1on1 support by using coaching skills and achievable goals
- Provide education on substance abuse, relapse prevention, conflict resolution, anger management, problem solving, setting attainable goals, and crisis intervention
- **Mandated Reporters**- MUST report to supervisor suspected child or elder abuse, reports to harm self or others, reports of sexual activity (PREA), active drug use, crime on premises
How does a resident become a CPRS?

• No Class A and/or B disciplinary for 1 year
• No Class C disciplinary for 6 months
• Two years of recovery from substances use or mental health
• Complete TNDMHSAS Application 1

Approved applicants:
• Complete 40 hours of intensive training
• Complete 75 hours of client contact interaction
• Complete 3 hours of supervision by a licensed behavioral health professional

• Complete TNDMHSAS Application 2 for certification.
What is the HOPE Group?
Facilitated by a Peer Recovery Specialist (PRS), this group will meet on a regular basis and allow residents to have a safe, supportive place to learn about, begin, or maintain the recovery process.

Our Mission
As peers, we will strive to challenge and support each other as we put recovery tools into action and evolve into the capable women we are destined to be.

The Process
The recovery journey is a process of active change. Through sharing our experiences, with our peers in a safe place, we can create a positive environment offering education and support. Residents can improve their health and wellness; live a life of hope filled with recovery and strive to reach their potential.
HOPE Group cont’d

HOPE Group = Helping Ourselves Positively Evolve

HOPE Will Transform Our Lives!!

Safety

The HOPE recovery group is a safe place to share. Confidentiality among our peers is critical to the group’s success. Information shared or heard will not be discussed outside of the group. The residents in the group will respect each other’s boundaries and rights. Profanity is discouraged.

Meetings

Residents can share their experiences, struggles, success, and concerns with each other. Use “I” statements and do not mention any other resident’s names when sharing. Active drug use and war stories that glorify drug use will not be permitted. We will focus on solutions. Rather than give advice, the PRS will create a collaborative, self-directed environment. The PRS will lead the group in an open discussion, or may lead an informative group about addiction.
Child Visitation Program

Gwendolyn Purnell
Executive Secretary

Women’s Therapeutic Residential Center
WTRC
In December 2016, TDOC expanded its overnight child visitation capacity with the opening of the new Child Visitation Building at the Women’s Therapeutic Residential Center (WTRC) for children between three months and ten years of age.

This innovative program helps offenders keep positive family ties strong throughout their incarceration.

This not only curbs generational criminal behavior, but it also assists with family reunification post incarceration.

The National Institute of Corrections (NIC) research shows children who are allowed to bond with the parent, during the parent’s period of incarceration, have a better chance of breaking the generational cycle of criminal behavior.
Child Visitation

The Family Reunification Program is designed to promote appropriate mother/child bonding, relationship building and communication in order to successfully reintegrate back into the family system.

The program offers many structured services and elements that include:
• parenting classes
• collaboration with other state agencies
• therapeutic activities
Criteria for Child Visitation

In order for an offender, a mother or grandmother to be eligible to participate in the program, she must meet the following criteria:

- Complete an institutional parenting skill class
- Classified as medium or minimum custody
- Cannot participate if convicted of child abuse or neglect or any sex offense
- Disciplinary free for at least 3-9 months
- Proper documents showing relationship
- Child must be on visitation list
- Child must be between the ages of 3 months-10 years of age
- Child must be in good health at the time of visit (no medication permitted on compound)
- Request visits 2 weeks in advance
- Grandmothers may request once per quarter (March, June, September and December)
- Grandmothers must show relationship to child by providing birth certificate of child’s parents.
Child Visitation

• Here is the link to the fully video: https://www.youtube.com/watch?v=951ukvE2aW0

• Our clip takes place during the times 7:42 and end @ 8:59
Men’s Rehabilitative Center

Nicova Bursey, MSSW
Senior Behavioral Health Administrator

West Tennessee State Penitentiary
WTSP
The Men’s Rehabilitation Center (MRC) at WTSP represents a new era in the therapeutic treatment of people with opioid addiction disorders in a correctional environment.

MRC has a 512 bed substance abuse program housed in 2 units.

The model, uses an empirical, evidence-based continuum of care model, and medically sound treatment methods.
Screening and Intake Process for MRC

Bledsoe Correctional Complex (BCCX) Diagnostics
- Screening: Texas Christian University Drug Screen 5 and Opioid Supplement
- Assessment/Intake: Bio/Psycho/Soc
- Risk Needs Assessment: Strong R

Treatment Team at WTSP Site II
- Review BCCX referrals and accept or deny
- Review referrals from other facilities
- Treatment progress and continuum of care for the population on site
A Look Into the Residential Treatment Program
Residential and Outpatient Services

Treatment Programs available at the Men’s Rehabilitation Center:

Addiction Treatment
- Intensive Residential Treatment: Therapeutic Community
- Intensive Outpatient
- Outpatient

Recovery Services
- Early Intervention Program: Substance Use and Recovery Education
- Aftercare
- Recovery Peer Support
- Family Reunification
The Family Reunification Program

The goal of the program is to...

- Orient the family about the types of treatment programs offered at the Men’s Rehabilitation Center
- Educate the family about addiction, recovery, and support services
- Provide participants and family members with resources that will assist in the overall mental, physical, spiritual, and/ or social health of the family.
The Family Reunification Program

Eligibility Criteria

• Offenders must be a participant in good standing within the Therapeutic Community and/or Outpatient Services

• Family members must be on the offender’s approved visitation list as outlined in TDOC Policy 507.01.
The Family Reunification Program

Components of the Program

- Participant Orientation
- Group Therapy for Participants
- Weekly Individual Therapy for Participants
- Individual Therapy for Family Members
- Family Therapy Sessions
Family Reunification Therapist’s Other Key Responsibilities

- Evidence-based Treatment Modalities
- Multi-Disciplinary Collaboration
  - Re-Entry Meetings
  - Case Consultations (Behavioral Health & Substance Abuse Treatment Team)
- Continuity of Care
  - Networking
  - Community Resources
Questions?

Type your questions in the Q&A box on your screen

Speaker Contact Info:

Michelle Cole  
Michelle.R.Cole@tn.gov

Lene’ Brown  
Lene.Brown@corizonhealth.com

Nicova Bursey  
Nicova.Bursey@corizonhealth.com

Gwendolyn Purnell  
Gwendolyn.Purnell@tn.gov
Certificate of Attendance

Download Now!
Certificate of Continuing Education

- 1 NAADAC CEH
- Pass 10-question quiz with 7 correct answers
- Download certificate upon completion
For more information on RSAT training and technical assistance please visit:

http://www.rsat-tta.com/Home
Stephen Keller
RSAT TTA Coordinator
skeller@ahpnet.com