

EXHIBIT 2-Functional Analysis

46

<p>Trigger What sets me up to use?</p>	<p>Thoughts and Feelings What was I thinking? What was I feeling?</p>	<p>Behavior What did I do then?</p>	<p>Positive Consequences What positive thing happened?</p>	<p>Negative Consequences What negative things happened</p>

Review this Tool, test it out with clients, or try filling it in yourself. Consider these questions: Could this tool be useful in your RSAT program?

How might you want to modify it? Where do you think it came from?